

# Amalfi and Capri

POMPEII, RAVELLO, AND SPECTACULAR COASTAL HIKES



## TRIP DATES

### 2024

April 28-May 6, 2024 \*

May 19-27, 2024 \*

September 15-23, 2024 \*

October 6-14, 2024 \*

### 2025

April 27-May 5, 2025

May 12-20, 2025\*

September 28-October 6, 2025\*

October 12-20, 2025\*

\*Please note: date change since catalog publication



Wilderness Travel

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## Amalfi and Capri

### POMPEII, RAVELLO, AND SPECTACULAR COASTAL HIKES

The Amalfi Coast has long been exalted as the most inspiring coast in all Europe, and across the Bay of Naples lies enticing Capri, soaring out of azure seas. We'll link these two realms with moderate hikes, cultural encounters, and superb meals. One hike brings us from clifftop Ravello to the iconic coastal village of Positano, and on craggy Capri, we follow a rocky path to the top of the island. Back on the mainland, we hike across lemon groves in the Sorrento Hills, then walk along the brooding crater rim of Mt. Vesuvius. Between hikes, we'll watch mozzarella di bufala being made, visit an olive farm, and explore the haunting ruins of Pompeii.



Wilderness Travel

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# Itinerary

## DAY 1

### NAPLES, ITALY / POMPEII / PAESTUM

We meet in Naples in the morning and head to the National Archaeological Museum, with its collection of Greek and Roman antiquities, including artifacts from Pompeii, Stabiae, and Herculaneum—a great preparation for our visit to Pompeii later today. After a traditional pizza lunch in the city where it was invented, we drive to the fascinating remains of Pompeii, completely buried—yet preserved—under 50 feet of pumice and ash in the legendary eruption of 79 AD. Our afternoon visit is a chance to learn about everyday life in the ancient world of the Romans. We walk between rows of preserved Roman shops and houses, and along street after street that still show the marks of the ruts worn by chariot wheels in the paving blocks. The Forum was a busy shopping area; nearby was the meat and fish market; and worshippers gathered at the Tempio di Giove (Temple of Jupiter) at the north end. Our accommodation tonight is at an out-of-the-way hotel near the ancient walls of Paestum, just a few minutes away from the famed Greek temples, among the most well-preserved in the world. We gather for a Welcome Dinner this evening, then head to the temples for a glimpse of them lit at night—a magical sight...LD

Driving Time: 2 hours

## DAY 2

### PAESTUM / MINORI / RAVELLO

At Paestum, home to three of the best preserved Doric temples in the world, we spend the morning exploring the temples and artifacts found in the area. This region is also renowned for the production of fresh mozzarella (mozzarella di bufala campana), and we'll see it being made—with a tasting, of course! After lunch at the mozzarella dairy's restaurant, a drive of about 1.5 hours brings us to Minori, a lovely village of seafront promenades tucked into a deep inlet on the Amalfi Coast. Minori is famed for its pastry shops selling local treats such as delizia di limone, a creamy delicacy flavored with lemons grown along the coast. Our hike begins here and follows a steep trail that winds up staircases and paths to the exquisite hillside town of Ravello...BLD

Hiking Details: 2 miles, 2 hours, 1,200 feet ascent

Driving Time: 1.5 hours

## DAY 3

### RAVELLO / HIKE TO AMALFI

Twelve hundred feet above the Amalfi Coast, top-of-the-world Ravello offers spectacular views over the Gulf of Salerno. French author André Gide described Ravello as being “closer to the sky than the seashore.” It is no wonder that this elegant town, with its clear, sunny climate, has appealed to writers, artists, and musicians for centuries. Boccaccio, D. H. Lawrence, and Wagner are among the greats who succumbed to its spell (Wagner partly composed his opera Parsifal here). In this magical town, it's easy to conjure images of the medieval life of that opera's setting while strolling through the alleys, stairways, and roofed passages. With a licensed local guide, we explore



## TRIP DETAILS AT-A-GLANCE

<b>Length:</b>	9 days
<b>Arrive:</b>	Naples, Italy
<b>Depart:</b>	Naples, Italy
<b>Lodging:</b>	8 nights small inns and hotels
<b>Meals:</b>	All meals included except 1 lunch and 3 dinners (B=Breakfast, L=Lunch, D=Dinner)
<b>Activity:</b>	Culinary, Cultural Adventures, Hiking / Trekking
<b>Trip Level:</b>	<b>1 2 3+ 4 5 6</b> A mix of moderate walks and hikes, some steep staircases, 3-6 hours a day, van support

## HIGHLIGHTS

- Hike the spectacular Sentiero degli Dei trail high above the Amalfi Coast
- Enjoy overnights on magnificent Capri—after the day-trippers have gone!
- Explore mysterious Mt. Vesuvius, ancient Pompeii, and the temples at Paestum
- Savor Amalfi's fresh-caught seafood, Neapolitan cuisine, and wine from the slopes of Mt. Vesuvius

## Itinerary (cont'd)



on foot, including the heralded Cimbrone Gardens, then start our hike right from town, following a network of trails, stairs, and pathways. Our hike brings us up and downhill via the little hamlets of Scala, Minuta, and Pontone, all perched in beautiful settings along the coast. There are panoramic vistas over the shimmering blue sea as we hike, and we stop en route for lunch in Pontone in the village square. Once we arrive in Amalfi town, set beside the sea, we can visit the Museo della Carta (the Paper Museum—Amalfi was once a regional center for paper-making) housed in a 14th century building. We return to Ravello to enjoy the atmosphere of this town. Dinner is on your own tonight to experience the many dining options, and your Trip Leader will be happy to make restaurant recommendations, depending on how fancy or local you want to go. Overnight at hotel in Ravello...BL

Hiking Details: 4 miles, 3.5 hours, 300 feet ascent, 1,500 feet descent

### DAY 4

#### HIKE THE SENTIERO DEGLI DEI / POSITANO / CAPRI

We get an early start on the exquisite Sentiero degli Dei (“Path of the Gods”) from Agerola to Positano—one of the finest walks on the Amalfi Coast. This stunning hike leads through fields of wildflowers, past ancient stone huts, and across precipitous terraced hillsides and narrow ledges overlooking the sea. We have lunch in Nocella, perched high above the coast, with a bird's-eye view of Positano. When we reach Positano, we find one of the most beautiful towns on the Amalfi Coast, filled with brightly painted houses covered in bougainvillea. If ever there was a picture-postcard town, Positano is it! After a stroll around town, we catch the late afternoon ferry to Capri. Overnight in hotel on Capri...BLD

Hiking Details: 4 miles, 3 hours, 500 feet ascent, 1,100 feet descent

Transportation Time: 1 hour by car, 30 minutes by ferry

### DAY 5

#### CAPRI

Roman ruins, high trails with sweeping views, and stone-paved lanes fragrant with lacy swathes of wisteria characterize the craggy isle of Capri. This welcoming Mediterranean retreat is surely one of the most beautiful in the world. Our morning walk begins from the town center with a hike on cobbled lanes up past villas and flower-filled gardens to Villa Jovis (“Jupiter’s Villa”). Tiberius ruled the Roman Empire from this villa for the last ten years of his reign, from 27 to 37 AD, and views from Villa Jovis stretch out over both the Gulfs of Naples and Salerno. We continue our hike on lanes and staircases along Capri’s southern coast to the Arco Naturale, a natural opening in the stone cliffs, with panoramic views as we reach the cave of Grotta di Matermania, in which a few Roman walls remain. During Roman times, the cave was a Nymphaeum (a shrine connected with water). Because this natural cave is lit by the rising sun, scholars suggest that it was a temple to the ancient goddess Cybele, the “Great Mother.” Weather permitting, we take a boat ride around the famous gray spires of the Faraglioni Rocks, familiar from the many

movies filmed in Capri, and up the coast to the town of Marina Piccola, where we have lunch at a waterside restaurant, where, time permitting we can relax on the beach and enjoy dolce far niente—doing sweet nothing! Dinner is on your own tonight. Overnight in hotel on Capri...BL

Hiking Details: 6.5 miles, 4 hours, 700 feet ascent/descent

## DAY 6

### CAPRI / SORRENTO

We climb from the town center to Mt. Solaro, the highest point on the island, at about 1,700 feet. At the summit, we can feast our eyes on sweeping views of the two gulfs, Salerno and Napoli, with Capri in the foreground. We take the chairlift down to the center of Anacapri, where we can explore the more residential part of the island. After lunch, the afternoon ferry carries us across the waters to sunny Sorrento, with its old town high on a cliff. Just a few miles up the hill from the port is the Frantoio Gargiulo, an olive oil farm producing extra virgin olive oil that preserves age-old traditions handed down from generation to generation. The family-run mill has been in production since 1849, and today offers many varieties of delicious oils. After visiting the site and tasting a variety of their products, we check into our hotel and can relax by the pool sipping limoncello before gathering for dinner at a local restaurant. Overnight in Sorrento...BD

Hiking Details: 3 miles, 2.5 hours, 1,250 feet ascent, 50 feet descent

## DAY 7

### TORCA / SORRENTO

Our hike begins in Torca, a small village above Sorrento, and brings us past old villages and lemon and walnut groves, and provides sweeping views of the Bay of Salerno to Capri. Lunch is at a local restaurant in Sant'Agata sui Due Golfi, where we enjoy the specialties of this area. The afternoon is free to enjoy the atmosphere of Sorrento with its maze of narrow streets packed with goods including intarso, the local inlaid woodwork craft, and limoncello, Sorrento's lemon liqueur. The main square is Piazza Tasso, set the top of the gorge that cuts the town in two. Overnight in Sorrento...BL

Hiking Details: 4 miles, 2.5 hours, 500 feet ascent, 400 feet descent

## DAY 8

### VESUVIUS

We head out for a hike on the famous volcano Vesuvius, the only active volcano in all of continental Europe. The name, Vesuvius, or Vesbius, means "unextinguished." Vesuvius is best known for its eruption in AD 79 that led to the burying of the Roman cities of Pompeii and Herculaneum. On our walk, we'll have exquisite views of the coast as we head around the far rim of Vesuvius, with a chance to peer into the steaming abyss of the volcanic caldera. We'll descend and enjoy our lunch at a winery on the slopes of Vesuvius, whose ash produces rich soil that is excellent for growing grapes. After a tour of the



*"Hikes with incredible views, great food—a perfect combination of exercise in the outdoors, culture, and history. Great trip!"*

*Steven S., Ellicott City, MD*



## Itinerary (cont'd)

“This was a wonderfully planned and executed trip. We saw grand things, the specialist guides were interesting, the hotels were charming, and the food was marvelous. The group got along famously and everybody had a very good time. I heard nothing but delight!”

*Robin T., Mill River, MA*

vineyards, we continue to Naples, where we gather for our Farewell Dinner.

Overnight at hotel...BLD

Hiking Details: 3 miles, 2.5 hours, 850 feet ascent/descent

Driving Time: 2.5 hours

DAY 9

DEPART

Transfer on your own to the Naples airport or to the Naples central train station...B



# Trip Cost, Payment & Insurance

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## TRIP COST

**Prices are per person, valid through 2024**

\$6,395 (11-14 members)

\$6,995 (4-10 members)

Single supplement: \$1245

*2025 Trip Costs: Please call for details*

To offer the lowest possible cost, our trips are priced according to the number of participants on the trip. All costs are per person, based on double occupancy. If you wish to have a single room, you must pay the single supplement fee. Please note that Wilderness Travel staff, or guests of Wilderness Travel such as travel writers, photographers, or leaders-in-training, are not included in the tier pricing count.

## CURRENCY EXCHANGE RATE

Due to the volatility of currency markets, we can only offer the most competitive pricing on our trips in Europe by partially tying the trip cost directly to the value of the Euro. In the late spring of 2023, when we set the rates for our 2024 program, the US Dollar equaled .94 Euros. While in most years, no price changes are ever necessary, if there were to be a significant change in exchange rates, we may be forced to raise or able to lower our trip cost; if so, your final invoice, sent two weeks before your final payment is due, will reflect the difference. Please note that the calculation will not be a straight proration. While most of the trip cost is paid in Euros, the remainder of our expenses are paid in US Dollars. The overall effect is to moderate any change; thus, if the Euro were to rise in value, the land price would rise less than might be expected, and if the Euro were to fall, the drop in trip cost would also be less than might be expected.

## TRIP COST INCLUDES

- Expert leadership of a Wilderness Travel Trip Leader and local guides
- Accommodations in hotels and small comfortable inns
- All meals included except 1 lunch and 3 dinners as indicated in the Detailed Itinerary (B=Breakfast, L=Lunch, D=Dinner)
- A glass of wine or beer with dinner
- Ground transportation from meeting until departure

## TRIP COST DOES NOT INCLUDE

International airfare, independent transfers to/from airports, any meals not specified after each itinerary day, airport departure taxes, optional tipping or gratuities to leaders or staff, additional hotel nights that may be necessitated by airline schedule changes or other factors; pre-trip expense of medical immunizations (if any), travel insurance or passports; and other expenses of a personal nature (alcoholic beverages, laundry, and so on).

## PAYMENT SCHEDULE\*

At time of reservation: \$600

90 days prior to departure: Balance

## CANCELLATION AND TRANSFER FEE SCHEDULE\*

Up to 91 days prior to departure: No charge!

61-90 days prior to departure: 25% of trip cost

46-60 days prior to departure: 50% of trip cost

45 days or less: 100% of trip cost

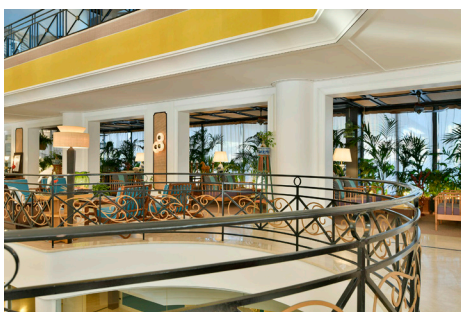
## TRAVEL INSURANCE

We highly recommend you purchase travel insurance. You can take advantage of a comprehensive Travel Protection Plan designed for Wilderness Travel by Travelex, or purchase other insurance on your own. See our website for details: [www.wildernesstravel.com/insurance](http://www.wildernesstravel.com/insurance)



# Accommodations

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## SAVOY HOTEL & SPA

*Paestum, Italy*

*Day 1 (1 night)*

With its beautifully maintained grounds and welcoming staff, the Savoy Hotel & Spa is an ideal place to stay while visiting the Greek ruins of Paestum. It's a great place to explore and experience the local culture and cuisine. Amenities include an outdoor pool, a beach club just across the road, and a spa with various soothing treatments.



## HOTEL RUFOLO

*Ravello, Italy*

*Days 2 to 3 (2 nights)*

With a rich history and an incredible location on the edge of Ravello, Hotel Rufolo is the quintessential stay where famous writers and artists often passed through. The hotel's guest book even has a lovely quote from writer Lucette Desvignes describing the hotel, "from the medieval towers to the infinity of the sea...all is yours and you take it with you when you leave." Guest rooms have been renovated with comfortable beds, tiled bathrooms, and lovely balconies overlooking the gardens and water.



## HOTEL GATTO BIANCO

*Capri, Italy*

*Days 4 to 5 (2 nights)*

Just steps from the main square, the Hotel Gatto Bianco enjoys a central location right in the heart of the isle of Capri. Light and airy guest rooms, each with balcony or terrace, are decorated in traditional Caprian style with bright furnishings and hand-painted majolica floor tiles. Enjoy the casual island ambiance in the hotel's terraces and patios filled with sweet-smelling flowers, and after our day's hike, try a massage or spa treatment at the hotel's beauty center. And don't forget to make friends with Matisse, the resident white cat, the hotel's namesake! Capri has always attracted the rich and famous—luminaries from King Farouk to Clark Gable to Jacqueline Kennedy have stayed at this hotel.



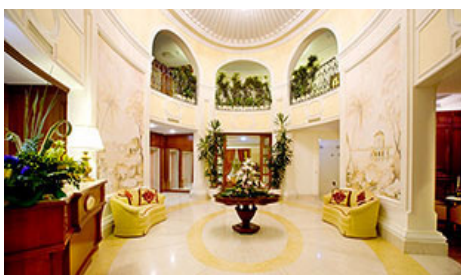


### HOTEL LA FAVORITA

*Sorrento, Italy*

*Days 6 to 7 (2 nights)*

This beautiful 85-room hotel enjoys a great location in the historic center of Sorrento, just a block or two from the sea and the Piazza Tasso. Guest rooms are spacious, clean, and comfortable, and feature white interiors with hand-painted Majolica tiles from Vietri sul Mare, famous for its colorful ceramics. While here, take advantage of the rooftop terrace and pool with its breathtaking views of the Gulf of Naples and Mount Vesuvius.



### HOTEL PALAZZO ALABARDIERI

*Naples, Italy*

*Day 8 (1 night)*

Set on a pedestrian side street just a few blocks from the waterfront and close to historical sites, restaurants, and high-end fashion shops, the Palazzo Alabardieri offers a warm ambiance and a relaxing place to stay in the bustling city of Naples. Guest rooms in this former palazzo are quiet, clean, and well appointed, and the staff is friendly and welcoming.

These are our signature accommodations for this trip. Although it is highly unlikely, we may make substitutions when necessary. To see more photos and descriptions, please visit our *Amalfi and Capri* webpage and click on “Accommodations.”

# Trip Leaders

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Wilderness Travel Trip Leaders have a passion and a joy for creating an unforgettable journey. We are extremely proud of them and the incredible travel experiences they make possible. For more information, including client comments about them and which specific trips they will be leading, please visit our webpage and click on "Trip Leaders": [www.wildernesstravel.com/trip/amalfi-coast-capri-hiking-tour/](http://www.wildernesstravel.com/trip/amalfi-coast-capri-hiking-tour/)



## JOANN LANTZ

Originally from Long Island and holding a degree in education from New York University, JoAnn Lantz has lived in Italy since 1988, slowly restoring an old farm house outside of Lucca, learning about the wines of Italy, and continually exploring her adopted home country. Whether she's leading a hike up to the Rifugio Lagazuoi in the Dolomites or to the top of Monte Solaro on the isle of Capri, she has a gift for bringing out the local charm of each place our journeys visit. "I became a Trip Leader to share the wonders of Italy with others," she says. "The slowness to change and the depth of history that exists here gives people a chance to reflect on their own lives and see what is truly important." When not guiding, JoAnn nurtures her small olive grove near Orvieto, pruning the trees, picking the olives, and making olive oil for her own use and as a gift for friends.



## VICKY SOTRIFFER

As an adventure-seeking traveler and Trip Leader, Vicky Sotriffer thrives in new places. She has led trips on nearly every continent for more than 10 years, including sea kayaking trips. Originally from South Tyrol, Italy, Vicky now resides in Ibiza, Spain, and is fluent in a handful of languages. She spends parts of her year in Oman, where she follows her passion for hiking in the country's striking desert environment and diving in the warm waters off the coast (and trying to improve her Arabic along the way). In her free time, she enjoys tennis, rock climbing, horseback riding, and in the winter, she heads to the Dolomites to ski.



## AMY BARNES

While working on a liberal arts major at the University of South Florida in 1978, Amy Barnes traveled to Florence, Italy, where she met an Italian documentary film maker. The encounter was decisive and by 1979 she was back for good. Initially she worked as a camera assistant to her husband before moving on to location/production work for documentaries for such companies as BBC One, BBC Two, The Discovery Channel, The History Channel, National Geographic, A&E Biographies, Channel 4, Granada, and PBS. In a parallel career, Amy has worked as a Trip Leader with Wilderness Travel for many years and has designed itineraries in many regions including the Italian Lake District, Umbria, Liguria, and Tuscany. "Italy's spectacular geography had a heavy hand in determining its history. For me there is no more beautiful or extraordinary country on the planet!" Amy enjoys Tai Chi, but everything is second to traveling!



### SERGIO MASTROBERARDINO

Sergio Mastroberardino was born in the town of Avellino in southern Italy. He is a Certified Alpine Ski Instructor and during the winter season works full time with various ski schools and as a professional ski guide. Sergio has lived and taught skiing in Aspen, Colorado, Val D'Isere, France, and many different areas of the Italian Alps. During his summer "off-season" he enjoys leading hiking and walking trips throughout his native Italy.



### TERESA BALDI

Teresa Baldi, daughter of veteran WT Trip Leader Stefano Baldi, grew up on a farm owned by her family on the hills surrounding Florence. She has a degree in art history at the University of Florence and when she is not helping on the farm, a working agriturismo, she is employed at a nearby first-class restaurant, where she developed a passion for good food and wines. "It was great for me to grow up on a farm with plenty of animals and fantastic trails to explore and, at the same time, have the opportunity to study the beauty of art right in the streets of my home town. A hop on the bus and you step from nature to the glories of the Renaissance."



# Arrival & Departure

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Upon confirming your trip reservation, we will send you a Welcome Packet that includes a list of documents (passport, visas, etc.) required for your trip. Please feel free to call if you would like this information before making your air arrangements.

## ARRIVAL & MEETING PLACE

Naples, Italy

**Suggested Airport:** Naples International Airport (NAP)

**Suggested Date & Time:** Day 1, by 8:00 am or anytime one day prior

**Meeting Place:** Your Trip Leaders will meet you in the lobby of the Palazzo Alabardieri Hotel in Naples on Day 1 at 9:00 am. The easiest way to get to the Palazzo Alabardieri Hotel is to take a taxi ride from the airport. A taxi costs approximately €20. If you wish to stay at the Palazzo Alabardieri Hotel before the start of the tour, we recommend you book a room directly from the hotel website at [www.palazzoalabardieri.it](http://www.palazzoalabardieri.it). There are also dozens of other wonderful hotels in Naples.

A visit to Naples' Archaeological Museum and Pompeii is planned for Day 1 of the trip, so please come to the group meeting prepared for a day of city walking.

## DEPARTURE

Naples, Italy

**Suggested Airport:** Naples International Airport (NAP)

**Suggested Date & Time:** Day 9, anytime

On Day 9, you will transfer on your own from the Palazzo Alabardieri Hotel to Naples International Airport or the train station. Your Trip Leaders or hotel reception can help arrange a taxi.

## INTERNATIONAL AIR TRAVEL

You are responsible for making your own arrangements for flights to and from Italy.

There are many online consolidators for booking travel, but for more personal help arranging air transport, you can contact Exito Travel at 1-800-655-4053 in the US or 1-800-670-2605 in Canada. They are very adept at putting flight itineraries together, to even the most far-flung places. More information can be found on Exito's website at [www.exitotravel.com](http://www.exitotravel.com).

Depending on your routing, it is necessary to depart from the US one or possibly two days prior to Day 1 of the trip itinerary. The name on your airline ticket must match the name on your passport exactly, and your passport must be valid for at least six months after your date of return to the US.

**Please do not purchase your tickets until you are confirmed on the trip.** Once your tickets have been purchased, please send us a copy of your airline schedule. It is your responsibility to ensure your flight times coordinate with the arrival and departure logistics for this trip.

## FLIGHT RECONFIRMATIONS

Reconfirm your international flights 72 hours prior to departure to verify check-in and departure times and to learn of any last minute changes. We suggest you check your luggage all the way through from your hometown to your final destination.

# Trip Details

## WHAT THE TRIP IS LIKE

This trip is rated a Level 3+ (Moderate to Strenuous) according to our trip grading system. You will need to be comfortable hiking 6.5 miles a day, being on your feet for up to 4 hours a day, and hiking on uneven surfaces including downhill over loose scree. Trail conditions, weather, and the group's level of fitness can affect hiking times and pacing.

### Average Hiking Day

- 3-4 miles
- 3 hours
- 600-700 feet gain/loss

### Challenge Day

- Day 6: 3 miles, 2.5 hours, 1,250 feet gain, and 50 feet loss; includes a short scramble

## TERRAIN

Our hikes take place in a variety of terrains and include hilly countryside walks, scrambles over limestone and lava rock, ancient stone paths in town, and forest trails. There are very steep sections of stone staircases that can be hard on the knees, and slippery when it's been raining. Hiking poles are highly recommended. Many of the trails are on rocky and uneven ground, so it is important that you have proper hiking footwear that is comfortable and has good traction. Hiking in this part of Italy brings you face to face with the delicate balance between urbanization and unspoiled nature.

## GETTING IN SHAPE

We strongly urge you to train for your trip, as your

enjoyment will be highly dependent on your level of fitness. The best training for a hike is to hike, especially over hills or rough terrain. Next best are running, swimming, bicycling, or other cardiovascular exercise. Stair climbing machines are excellent preparation for hiking uphill. Your feet should also be well prepared—make sure your hiking boots are sturdy, comfortable, and thoroughly broken-in.

## WEATHER

The weather in Amalfi and Capri in late spring and early fall is usually very pleasant, with temperatures between 70°F and 80°F during the day and 50°F and 60°F at night. Cool breezes and showers can occur at any time.

## ACCOMMODATIONS

We spend one night in a restored 18th century agriturismo (historic farmhouse). While it is rustic, it is charming and comfortable and chosen for its proximity to the ruins of Paestum. All the other nights are in comfortable 3- and 4-star hotels. Since our accommodations are often in historic buildings, the rooms are not always of uniform or international size. Our leaders do their best to assign rooms in a fair way so that all participants experience an equal advantage throughout the trip as a whole. Single rooms can be requested but are not always available, due to the limited space in the hotels. If you prefer a single room, please make your request as early as possible.

## CUISINE

We have most of our meals in charming local restaurants. We savor Amalfi's fresh-caught seafood, Neapolitan cuisine, and wine from the slopes of Mt. Vesuvius. Please note that in Europe, the dinner hour is considerably later than what

HIKING DETAILS BY DAY				DRIVING DETAILS
DAY	HOURS	MILES	ELEV. GAIN/LOSS	HOURS
1	3.5 hours	Archaeological site & museum walking		2 hours
2	2 hours	2 miles	+1200'	1.5 hours
3	3.5 hours	4 miles	+300' / -1500'	30 mins
4	3 hours	4 miles	+500' / -1100'	1 hour drive, 30 min ferry
5	4 hours	6.5 miles	+/- 700'	
6	2.5 hours	3 miles	+1250' / -50	15 mins by chairlift, 30 mins by ferry
7	2.5 hours	4 miles	+500' / -400'	30 mins drive
8	2.5 hours	3 miles	+/- 850'	2.5 hours
9				20-30 mins to airport

AVERAGE DAILY MAX/MIN °F												
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Naples	54/39	55/41	59/46	64/46	73/54	78/59	84/64	86/64	79/61	72/54	63/46	57/41
Sorrento	54/41	54/41	57/45	63/48	72/55	77/61	82/66	82/66	77/63	70/55	61/48	54/45
RAINFALL - INCHES												
Naples	4.1	3.3	3.0	2.8	1.9	1.2	0.9	1.5	2.9	4.6	5.8	4.4
Sorrento	3.3	2.7	2.5	2.1	1.5	0.9	0.9	1.5	2.3	3.5	4.7	4.0

it is in the US. We do our best to secure early reservations for our groups, but most often the evening meal will be at 7:30 pm.

### TRANSPORTATION

Our van will transport the group's luggage, so you only need to carry a daypack for items you need for the day (rain gear, sweater, camera, water bottle, etc.). Trip members are always free to skip a day's hike and travel to the next destination in the support vehicle (or remain at the hotel if we are not transferring that day).

### CHOOSING THE RIGHT TRIP

Adventure travel often involves exotic destinations, unusual levels of physical exertion, or activities you may not have participated in previously. We work hard to help you choose the right trip for you, paying attention to your individual interests, abilities, and needs. If you have questions about the level of comfort or any of the activities described in this itinerary, please call Wilderness Travel at 1-800-368-2794 and ask for the Europe Manager or email us at [europa@wildernesstravel.com](mailto:europa@wildernesstravel.com).

### REFERENCES

We'd be happy to put you in touch with a past client that has traveled with us on this or a similar trip.

### VISIT OUR WEBSITE

At [www.wildernesstravel.com](http://www.wildernesstravel.com), you can book your trip online or find out about added departures, last-minute deals, and one-time Limited Edition adventures that aren't listed in our catalog. You can also access our complete library of detailed itineraries filled with enticing photos and videos, read bios of our Trip Leaders, find descriptions of trip accommodations, and check real-time availability of any trips that interest you.



# Toucan Club Rewards & Discounts

We are very proud to have one of the highest rates of repeat travelers in the business, and have established the Wilderness Travel Toucan Club to reward you for your loyalty. For more information, please visit the Toucan Club page of our website at [www.wildernesstravel.com/toucan](http://www.wildernesstravel.com/toucan).

Here's how it works:

## YOUR FIRST TRIP

As a first-time traveler, you receive a lightweight Wilderness Travel T-shirt and set of durable WT Luggage Tags. On subsequent trips, we're happy to send you a new WT T-shirt and set of Luggage Tags by request.

## YOUR SECOND TRIP

A top quality Wilderness Travel insulated stainless steel water bottle by CamelBak and a cozy Wilderness Travel fleece vest by Patagonia (\$130 value).

## YOUR THIRD TRIP

A versatile Wilderness Travel R-1 pullover by Patagonia (\$140 value).

## YOUR FOURTH TRIP

Discounts on the cost of your trip begin! You receive a 4% discount on the tour cost.

## FIVE AND MORE TRIPS

You receive a 5% discount on the base trip cost. On your sixth trip, you receive a 6% discount, and so on up to your 10th trip. The maximum discount is 10%, with a ceiling of \$500.

*Note: Due to special pricing considerations, Toucan Club discounts do not apply to our Private Journeys or Special Events. However, your participation on these trips does count toward your Toucan discount on future departures of Wilderness Travel's regular adventures.*

## TERMS & CONDITIONS

Toucan Club travel discounts cannot be used in conjunction with any other discount, unless otherwise specified. Discounts are deducted from the base trip cost and shown on the final invoice. The base trip cost is the main land/tier cost and does not include single supplement fees, extensions, internal airfare, or other additional charges. Bonus gifts (T-shirts, luggage tags, vests, water bottles, and pullovers) will be mailed approximately three weeks prior to trip departure. Terms and conditions of Toucan Club bonuses are subject to change or cancellation at the discretion of Wilderness Travel, Inc.



MEN'S T-SHIRT



WOMEN'S T-SHIRT



PATAGONIA SYNCHILLA FLEECE VEST  
PLUS INSULATED CAMELBAK WATER BOTTLE



PATAGONIA R1 PULLOVER



## WILDERNESS TRAVEL HAS BEEN AWARDED:

**World's Best Tour Operators:** *Travel + Leisure*, 2022, 11-time winner

**Best Travel Specialists in the World:** *Condé Nast Traveller*, 2022, 3 years in a row

**Best Wildlife, Hiking & Walking Trips:** *AFAR Magazine*, 3 years in a row

**Best Adventure Travel Companies:** *USA Today*

**Trip of the Year:** *Outside Magazine*, 9-time winner

**50 Tours of a Lifetime:** *National Geographic Traveler*, 9 years in a row

**Best Adventure Travel Companies:** *National Geographic Adventure*, 3-time winner

Please be advised that California has established a Travel Consumer Restitution Fund under the California Seller of Travel Law that took effect January 1, 1996. This fund is designed to protect consumers from unscrupulous practices by discount airfare ticket sellers or air charter operators. Unfortunately, this law does not cover non-California residents and, even in the case of California residents, it does not cover any foreign travel where the foreign "providers of transportation or travel services" are not in compliance with the Sellers of Travel Law (compliance being defined as registered as a Seller of Travel in California and a participant in the Travel Consumer Restitution Fund). Thus none of Wilderness Travel's tours qualify and we are required by law to advise each client that they are not covered by the California Travel Consumer Restitution Fund. California law requires sellers of travel to maintain a trust account or bond. This business has a trust account. California Seller of Travel #100769640

While as accurate as possible at the time of printing, this itinerary should be considered an approximate indication of the schedule and scope of activities and trip routing, rather than an inflexible schedule of events; it is subject to change due to circumstances beyond our control. This trip is subject to the Limitation of Liability and all the terms and conditions as detailed in the General Information section of the Wilderness Travel Catalog.

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