# 5 Ways to Turn Busyness Into Creativity

Being busy is often one of the biggest stifles for creativity because you are so focused on tasks you need to get done, you are not able to channel your inner creativity. Being busy is sometimes unavoidable, especially when you have work deadlines, kids to take care of, and your own personal hobbies you need to partake in.

If you are overwhelmed with busyness and looking for ways to turn your little free time into maximum ways of being creative, I will go over 5 of the best ways in this tutorial.

## Diversify Your Schedule

Busyness does not allow for the best chances to be creative because you are spending time in a mundane schedule. The best thing you can do is change up your routine to try and schedule pockets of free time.

You will be surprised how much free time you can put into the schedule even if it is just 5 or 10 minutes. Try and use this free time to get more creative.

## Take More Breaks

One of the main things you need to do to allow for creativity and imagination in your life is to take breaks. Small breaks allow your mind and body to refuel. Of course, most people think they will not have enough time during the day to take breaks.

Breaks can be small. You don’t have to schedule hours of free time to spark creativity. Try to take 10 to 15 minutes and use the time to brainstorm, make something, plan something fun, or do whatever else you do that brings creativity to your life.

## Try Not to Look at the Clock

When you’re pressed for time and always busy, you might be staring at the clock the entire time you’re working. Nothing is worse for creativity. You can’t allow yourself to come up with new ideas when you’re pressed for time.

Try to think of what you can do to reduce the pressures of time. Is there a way you can extend the deadline? Can you delegate tasks to other workers so you can focus on only one part of the project? Can you ask friends or family to help you with things around the home so you can solely focus on the task at hand?

## Change Your Environment

Sometimes you can’t change the busyness of your schedule, but you can change the environment in which you are so busy. Instead of working at home or in the office, go and work outdoors at the local park.

You can also work at a bar or café if you prefer to be indoors. Changing your environment in a fast-paced life can allow your mind to spark better ideas and more creativity.

## Don’t Be Afraid of Failure

Sometimes we don’t allow ourselves to be creative because we are afraid that when we change the game, we will fail. Trying out new ideas doesn’t always equate to failure though. You will be surprised at how a new creative idea can change the course of your business or hobby.

When you try new ideas you might also find a completely better way of doing things. Rather than being afraid to fail, see if you can turn busyness into making new business ideas.

Make sure everyone on your team is ready to be creative and try new ideas.

I hope this tutorial helped you learn 5 ways to be more creative both at home and in the workplace. Turning busyness into creativity is not easy, but the process is worth it.