# How to Use Busyness to Spark Creativity

If you have a new hobby or task you want to do but feel like you are too busy, there are simple ways you can put some creativity into your life to encourage yourself to get these new things done.

If you feel stuck in your current life and find that your environment does not have any creativity, these tips will help you.

In this tutorial, I’ll show you how to turn the nervous energy of busyness into creativity so that you can change your life around.

## Get Busy In a New Setting

Sometimes you are always busy in the office or your home. Being in the same setting every day can stifle creativity because you are surrounded by the same environment and people every hour of every day.

Try to change your location. You can take the team to a coffee shop rather than having another meeting in the conference room.

If you don’t have a café nearby or the funds to treat the team to coffee, you can mix up the conference room. Try pushing the chairs out of the way and have everyone sit on the floor or stand up during the meeting. This makes a more informal setting that might encourage creativity and new ideas.

## Make More Connections

In the office setting, try to do more than just brainstorming sessions. You can break the large team into smaller teams so that everyone can get to know each more one on one. These new relationships might spark an idea that couldn’t have been formed when everyone was in one large team.

Try and ask new questions that make the team think more and think better.

If you are trying to spark creativity in your own life, you can try to go out and meet new people. Instead of being busy by yourself at home, try joining the gym or going outdoors.

You can also join a group setting for your hobby, to meet others who are trying to accomplish the same goals as you.

## Rethink Things

Sometimes the problem with not being able to be creative is you are not using your imagination. Maybe you can’t think of new ideas because you are not fully tapping into the gifts and talents you have.

Try to rethink the ways you have done things in the past and see if there is something you can do differently.

If you feel like there is a better way to do something, try it. You will never know if it works better or not until you have tried it.

Keep in mind that your ideas do not have to be perfect, they just need to be able to shake things up and see if there is a better and more creative way to go about your business.

## Make Everything Possible

If you are in a negative and busy environment, this is why you cannot be creative. Negativity is one of the main things that can hinder creativity and make it impossible to get anything done.

Instead of thinking about the things you can’t do. Try to focus only on the things you can do. Try to encourage all your team members to do the same. When everyone is positive together, you will be able to get more things done and develop a more creative atmosphere.

This can also be used as a brainstorming activity for the group or yourself. Write down all the negative things bringing you down, then transform them all into more positive ideas.

I hope this guide gave you a few ideas on how to turn your busy mind into a more creative one.