

KEYWORD REPORT

Average Monthly Searches

Keyword	Volume	CPC	PPC	Score	Vol2	Score2	"AllInTitle"	"AllInURL"	Vol3	Score3	Results
the power of yet	2900	1.11	0.88	29	5400	0.13	8320	4870	5400	62	2.7 B
self awareness activities	720	3.44	0.11	43	1600	0.05	1140	1100	1600	55	575 M
growth mindset book for kids	390	1.49	1	34	680	1	573	534	680	49	19.1 M
poems on self reflection	170	2.1	1	23							
grit mindset	170	2.86	0.21	28	480	0.3	768	861	480	52	7 M
self reflection paper	140	3.25	0.15	44							
growth mindset for adults	140	1.66	1	40							
growth mindset activities for middle school	140	1.46	0.96	34							
self awareness activity for students	110	1.19	0.25	39							
grit growth mindset	90	3.48	0.18	30	170	0.04	463	624	170	56	5 M
self awareness lesson plan	70	8.67	0.48	37							
self reflection worksheet pdf	70	3	0.43	30							
the power of yet growth mindset	70	1.97	0.58	25							
therapist self awareness	50	5.28	0.17	33							
teaching self awareness lesson plans	50	2	0.39	37							
quote on self reflection	50	2.88	1	39							
growth mindset printable	50	1.2	0.96	35							

In a very large competitive niche, here are 17 very good keywords for your site. All results are based on actual search terms related to your niche. If a term you like or think is good and does NOT appear here, it's because of low-monthly-search-volume or high-competition-levels. Multiple selection criteria with **NEW CROSS VERIFICATION OF TOP RESULTS** have been used to find them. All have extremely low competition levels and, with proper on-page and off-page SEO, you can rank for any of them.



My first choice for you as a primary keyword for your page – if content applicable - would be **"grit growth mindset"** because of relevance, volume, low niche competition (note "allintitle" and "allinurl" numbers) across all metrics. A number 1 ranking page for this keyword could get **71 hits/mo.** (42% of total searches). Additionally the phrase encompasses two larger searched keywords - "grit mindset" and "growth mindset". So your SEO efforts for the primary keyword will help in multiple ways.

I would also create more (or use existing) sub-pages with titles equivalent to other keywords on the list you like and SEO each one for each keyword. Done properly – with more top-ranked pages - can increase your total hits per month.