

Editing The Instagram Carousels

1. You will need Canva to edit the templates. [Get a free account here.](#)
2. Select a carousel from below.
3. Click on “Use Template” to make a copy.
4. Start editing.

4 Ways To Motivate Yourself To Keep The Consistency Going

https://www.canva.com/design/DAFQDji9_5Q/EHDahjkhjKNqRLupbGPTeQ/view?utm_content=DAFQDji9_5Q&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

5 Ways To Build Consistent Habits

https://www.canva.com/design/DAFQDq4EgCo/hCz3JkObFEJF_7E2c7igCg/view?utm_content=DAFQDq4EgCo&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

Consistency vs Discipline, and why you need both

https://www.canva.com/design/DAFQDnif8n4/ILzYwUTqnOw44m-MNdM30A/view?utm_content=DAFQDnif8n4&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

Do you need to be consistent to have success

https://www.canva.com/design/DAFQDtftAA/y5h28uZ9FrjwwCxYIRuoyg/view?utm_content=DAFQDtftAA&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

How can I be consistent if I am not motivated

https://www.canva.com/design/DAFQD5WT6VY/3gURzheHPY_UF1hwmwjGA8g/view?utm_content=DAFQD5WT6VY&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

How to recover from a break in the consistency chain

https://www.canva.com/design/DAFQJB0e0Ok/5uckxbrA8DK54arvFcSUKw/view?utm_content=DAFQJB0e0Ok&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

How to reward yourself for being consistent

https://www.canva.com/design/DAFQJZqolQ4/i3TmmuHyWEhjvx89wrnSsA/view?utm_content=DAFQJZqolQ4&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

What does consistency do for me

https://www.canva.com/design/DAFQJX8SIQ0/xmjKImHshBzgVDMomuJDQQ/view?utm_content=DAFQJX8SIQ0&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

What Does Consistency Mean

https://www.canva.com/design/DAFQJsG6NXM/MtYeS-IJS0W_I6E5Mp7w-g/view?utm_content=DAFQJsG6NXM&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview

What to do when consistency feels like a slog

https://www.canva.com/design/DAFQJIG6wEI/uSgiCRtAiwpbgtKyGdk2Tw/view?utm_content=DAFQJIG6wEI&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview