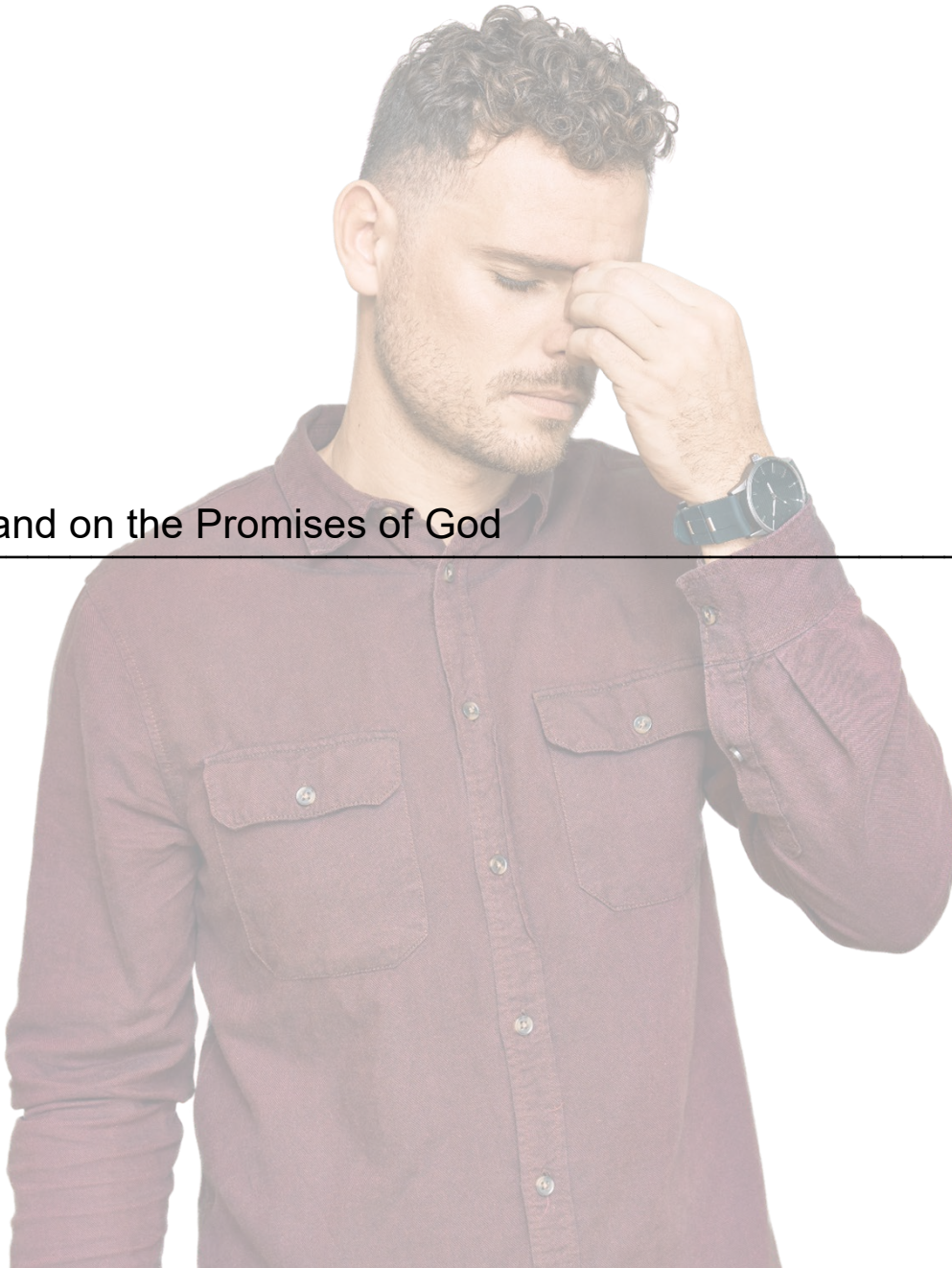


Wear & Tear

“ How to Keep Strong When the Pressure is On ”

1. Surround Yourself with Other Christians vv. 1-6

2. Stand on the Promises of God vv. 7-11



Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life. **PCC uses the ESV (English Standard Version).**

HOW DO I JOIN A GROUP?

To learn more or join a group, visit pacificcoastchurch.org/gg/ or sign up at the patio Info Kiosk.

GROW GROUPS ARE CURRENTLY ON SUMMER BREAK

Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message.

A downloadable PDF of this document is also available each week at pacificcoastchurch.org/sermons.

MONDAY // Read Acts 18:1, 14:1-7, 16:16-24, 1 Corinthians 2:1-3

- How was Paul feeling when he left Athens and arrived in Corinth? Why? How would you have felt?
- Given Paul was doing God's will in sharing the Gospel, what does his mental state reveal?
- How would you rate your current level of stress and fatigue? How has today's readings encouraged you?

TUESDAY // Read Acts 18:2-5, 2 Corinthians 1:3-4, Galatians 6:2, 1 Thessalonians 3:6-7, Hebrews 10:23-25

- What was one of the first things Paul did when he arrived in Corinth? (i.e., "he went to them")
- Why is this important to recognize when it comes to the pressure he was facing? What happened after that?
- In what way does this highlight the importance of Godly relationships? How can you step into this today?

WEDNESDAY // Read Acts 18:2-5, Romans 16:21-23, Exodus 17:1-12

- In what way did Moses' experience highlight the same truth as Paul's experience in Corinth?
- Why is this important in today's independent mindset? How does this challenge your current relationships?
- Who can you turn to for help and support this week? Take some time to prayerfully ask God for direction.

THURSDAY // Read Acts 18:6-11, Psalm 1:1-4, Joshua 1:5b-7

- Why did Paul leave the synagogue and change locations? What does this reveal about being at his wits end?
- Why would this have created more wear and tear? How did the Lord provide Paul comfort?
- What does this highlight about God's word and staying strong? How does this help you this week?

FRIDAY // Read Acts 18:9-10, Matthew 4:1-11

- How would Jesus might have felt unstable and vulnerable when being tempted by Satan? Be specific.
- How did Jesus respond? In what way is this the same approach Paul took when being challenged?
- What was the result in both cases? Be specific. How does this motivate you to study God's word?

SATURDAY // Read Acts 18:9-10, Phil. 4:6, Heb. 4:16, Mt. 28:20, 6:25, Prov. 22:6, 12:22, Eph. 3:20

- As you review Paul's initial experience in Corinth, explain the value of people and God's word.
- What passage in today's readings helps you most with the pressure you're currently facing? Be specific.
- How will you practically stand on this truth today? Why is this an important practice during tough times?

MEDITATION VERSE: ⁹And the Lord said to Paul one night in a vision, "Do not be afraid, but go on speaking and do not be silent, ¹⁰for I am with you, and no one will attack you to harm you, for I have many in this city who are my people." Acts 18:9-10
