

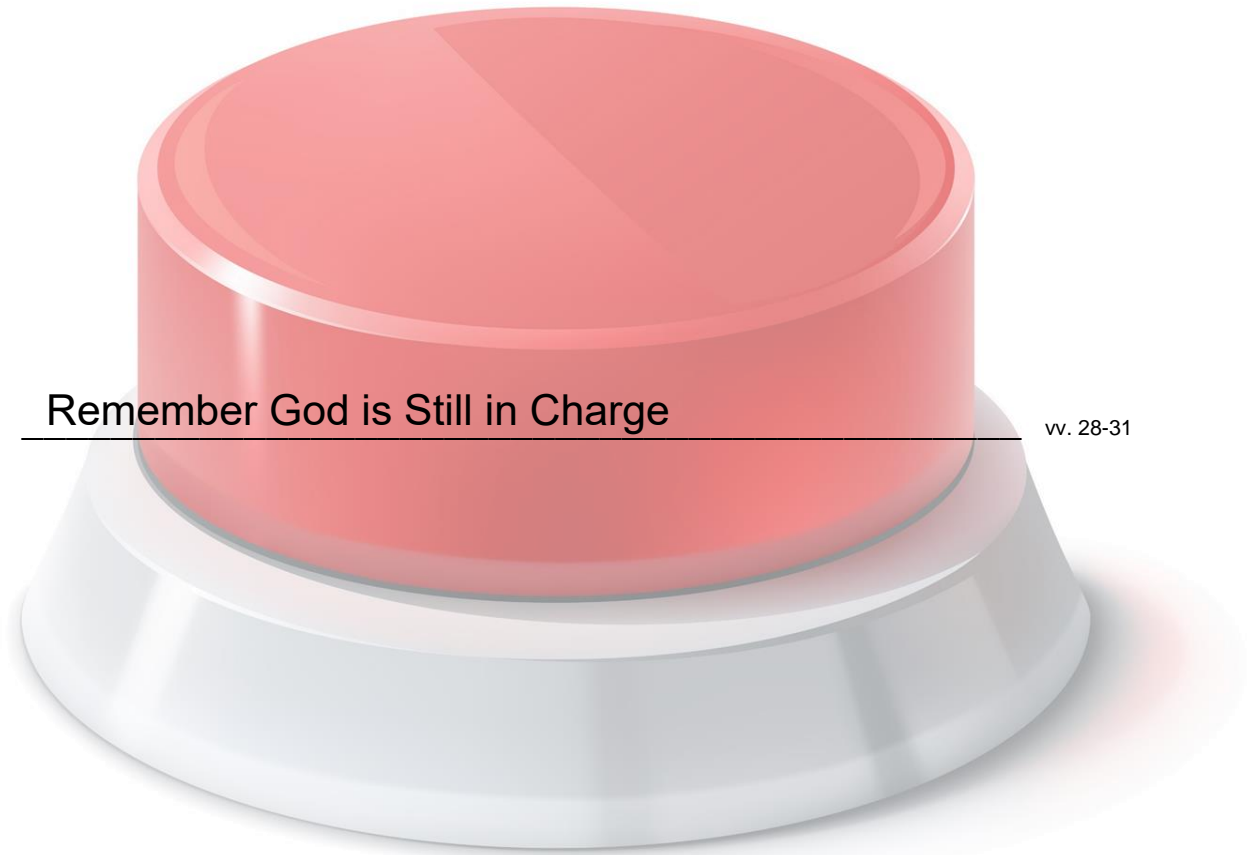
## Panic Button

“ How to Find Stability During Unstable Times ”

1. Hold Onto the Word of God v. 25-26

2. Avoid Things that Trigger You v. 27

3. Remember God is Still in Charge v. 28-31



# Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life. **PCC uses the ESV (English Standard Version).**

## HOW DO I JOIN A GROUP?

To learn more or join a group, visit [pacificcoastchurch.org/gg/](http://pacificcoastchurch.org/gg/) or sign up at the patio Info Kiosk.

### Point #1

- a) Read John 14:25-26. How was the Holy Spirit going to help the disciples? Why? How has this changed today?
- b) Explain how this relates to Point #1. Why will Point #1 help in today's unstable world? How does it motivate you?

### Point #2

- a) Read John 14:27. In what way did Jesus promise the Disciples peace (Shalom) and hold them accountable?
- b) Why is this important when dealing with fear and instability? How does Point #2 relate? How does it speak to you?

### Point #3

- a) Read John 14:28-31. How did Jesus warn the Disciples about the upcoming events? How does this relate to Pt #3?
- b) Why can this be counterintuitive for Christians today? How does this relate to faith? How does Point #3 adjust you?

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## Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message.

A downloadable PDF of this document is also available each week at [pacificcoastchurch.org/sermons](http://pacificcoastchurch.org/sermons).

### **MONDAY // Read John 14:25-26, 16, 15:26, 16:7, 1 John 2:27, 2 Timothy 3:16, Hebrews 4:12**

- What would have been the mood of the Disciples given all that had taken place during their meal together?
- How was the Holy Spirit going to help them? Be specific. Why would this have been important?
- In what way has this changed today? (i.e., New Testament) What does this highlight about finding stability?

### **TUESDAY // Read John 14:26, Acts 1:1-11, Ephesians 1:13-14, 2 Corinthians 5:17**

- Jesus described the Holy Spirit as a helper, which literally means to come alongside. How have you experienced this truth?
- The Apostle Paul called the Holy Spirit a "guarantee" for Christians. How have you experienced this truth?
- Often, the ministry of the Holy Spirit can seem a bit elusive. How has today's devotion brought you more clarity?

### **WEDNESDAY // Read John 14:27, Philippians 4:6-7**

- Given peace (shalom) refers to rest, prosperity, wholeness, etc., what was Jesus promising the Disciples? Why?
- In what way is this different than the peace the world offers? Why is this distinction important to recognize?
- Given all that is going on in the world today, why can Christians still experience peace? (i.e., supernatural)

### **THURSDAY // Read John 14:27, Philippians 4:8-9**

- In what way did Jesus offer peace to the Disciples and at the same time hold them accountable for peace?
- What does this highlight about your role in experiencing the peace of God today? How do triggers relate?
- List two areas of your life that you need to do a better job of managing to prevent triggers & experience peace.

### **FRIDAY // Read John 14:28-31, Luke 22:45-53**

- How did Jesus warn the Disciples that things were going to get worse before they got better? Be specific.
- How did Jesus demonstrate this truth when getting arrested? What does this highlight about God being in charge?
- In what way is this counterintuitive to how people view God today? How does this challenge or adjust you?

### **SATURDAY // Read John 14:30-31, Romans 11:33-34, Hebrews 11:5**

- Explain the distinction between God being in charge and walking by faith. (creation vs. Creator)
- What does this imply about your ability to keep things within your control? Why is this important to recognize?
- How can always trying to figure things out lead to more stress, fear, and instability? How do you need to change?

**MEDITATION VERSE:** *<sup>26</sup>But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. <sup>27</sup>Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. **John 14:26-27***