

The Challenge

“ How to Manage the Feelings of Being a Mom ”

1. Take Your Struggles to The Lord vv. 1-12a

2. Keep Committing Your Children to The Lord vv. 12b-28



Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life. **PCC uses the ESV (English Standard Version).**

HOW DO I JOIN A GROUP?

To learn more or join a group, visit pacificcoastchurch.org/gg/ or sign up at the patio Info Kiosk.

Point #1

- Read 1 Samuel 1:1-12a. Describe Hannah's challenge and how it was both physical and emotional.
- How did Hannah respond in terms of Point #1? What does this highlight about control and dependence?
- Where do you typically turn when there's physical or emotional pain? How does Point #1 encourage

Point #2

- Read 1 Samuel 1:12b-28. How did God provide for Hannah? (i.e., physically and emotionally)
- How did Hannah demonstrate God's authority over Samuel? How does this relate to Point #2?
- Why is this important? What can happen if this isn't understood? How does this adjust you?

Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message.

A downloadable PDF of this document is also available each week at pacificcoastchurch.org/sermons.

MONDAY // Read 1 Samuel 1:10, 12a, Luke 11:1-13

- Write down three words to describe the way Hannah came to the Lord in prayer.
- Write down three words to summarize the way Jesus describes God when we come to Him in prayer.
- What does this teach you about God, prayer, and finding stability? Take time right now and pray.

TUESDAY // Read 1 Samuel 1:18-20, Proverbs 16:3, Philippians 4:6-7

- List the specific promises stated in scripture when it comes to prayer. If you are a mom, how do you relate?
- What distinction is important to make when it comes to "answered" prayer and God's response?
- How do you want to see these promises being realized in your own life? Pray for this right now.

WEDNESDAY // Read 1 Samuel 1:10-12a, Psalm 127:3-5

- What do both of these passages teach about parents and their children? (Hint: own vs. loan)
- Why is this truth important to understand for every parent? How does this practically play out?
- Describe some ways you can apply this truth to your own situation as a parent, mother, etc.

THURSDAY // Read 1 Samuel 1:21-28, Deuteronomy 5:4-7

- What is the ultimate responsibility for every parent when it comes to raising children? Be specific.
- Describe how there is both an investing and a releasing side of this responsibility. Give an example.
- As a parent, how have you been fulfilling your role? What can you do to be more effective?

FRIDAY // Read Genesis 21:1-8, 22:1-22

- Although there's significant Christology in Abraham's story, how would you have felt as a parent?
- Describe a situation when it was hard for you to release your child to the Lord. What was the result?
- What does this say about God and His role in your life and family? Pray about one specific area now.

SATURDAY // Read 1 Samuel 2

- What does Hannah's prayer teach you about God, life, control, success, etc.?
- How is God challenging you to adjust your perspectives? (i.e., as a mom, parent, adult, teen, etc.)
- Knowing that Hannah's prayer is seasoned with joy and contentment, how does this encourage you?

MEDITATION VERSE: *¹⁰She was deeply distressed and prayed to the Lord and wept bitterly.* **1 Samuel 1:10**