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# Wednesday --- Anything Can Happen

Pick up your gun, son. You don't know how lucky you are.

by Jack Suiter

From where I'm sitting in the Forum, the late afternoon sun is just a big ball of exploding yellow-orange light, like some neon sign going crazy and blowing apart into a million tongues of fire on the roof of Cody's Bookstore.

The guy sitting next to me at the table is named Jimmy. He's looking out at the street and squinting and grinning and flicking cigarette ashes into a half cup of cold coffee. "You know what, man? I'm turning into a body-freak," he says. "This place right here," he says. "At this time of day is the best spot for a body freak. You know what I mean?"

Certainly. The sun coming over Cody's roof pours through blouses and loose dresses, like the gaze of a man with X-ray vision. The little curves go by, and by, and by. Bouncing and jiggling down the Avenue -- little half-grown fourteen year old boobs no bigger than golf-balls and big grape-fruit sized orbs that bobble under muslin shirts, the nipples darting out, all sizes, all shapes -- Nirvana at sundown for the Forum's body-freaks.

"There's a lot of beautiful people on this street," says Jim. "It's really a trip just sitting here and digging it. Man, there's so many -- hey! what the fuck is THAT?"

Three guys are moving swiftly down the sidewalk, bunched together shoulder to shoulder, the guys on the outside holding the one in the middle. The guy in the middle is pitched forward a little and the guy on the right of him has his big red hand clamped around the other's arm. The guy on the left has the middle guy's arm bent behind his back and he's jamming it up, up, up until it won't go anymore. People are watching.

Somebody spits on the dirty

sidewalk in front of the two cops who've just nailed the kid.

"Pig!"

"Hey, mother-fuckin Pig!"

Twos. Threes. Fours. The people come together suddenly like the fingers of a fist. There's maybe twenty of them from in front of Pepe's, in front of Cody's, in front of Moe's. From all the doorways and corners and tables, they converge on the corner of Haste and Telegraph.

"Pig!"

There are many more shouts now, but more like one voice shouting "Pig!"

The crowd, grown to nearly a hundred, follows the three men up Haste toward Bowditch.

And now, two more plainclothesmen, young, short-haired, built like college half-backs -- have busted a black chick. She's big, taller than them, but she knows they have her and she's walking straight ahead, fast, and it looks like she's pulling the two half-backs along with her. She looks bored, as if to say, "Okay, asshole, you got me. Big fucking deal. Let's get it on, I don't care."

But the crowd of people is only twenty-five or thirty feet behind the four cops and their victims. Now there's twice as many people, twice as pissed off. Fed-up adrenalin pulsing through the bunch. They bear down fast on the narcs.

The narcs are busy trying to get their captives over into a car parked in a lot between Bowditch and Telegraph, right across from People's Park. People are still joining the crowd. The four cops

keep looking back over their shoulders. Each time they look back the crowd is bigger and louder and moving on them like a black wave coming in out of the sunset.

Jimmy, my body-freak buddy is jogging along beside me. Suddenly it's as if he ran into an invisible wall -- he stops dead and I see he's looking at something. Everyone in the street sees the same thing he sees all at once.

One of the narcs has pulled a snub-nosed, black .38. He's not actually pointing it at anyone. As a matter of fact he's just holding it up for everyone to see it, small, ugly in his hand, oiled and greasy black. The cop's face is contorted and he's squeezing the stock of the pistol so tight that his knuckles are white and popping off his fingers.

The cops almost have the two busted people into the parking lot, yet the crowd is still after them. The cops seem upset over the fact that no one got down on their knees at the sight of the .38. A chunk of sidewalk the size of a baseball is hurled over the heads of the crowd and lands a few feet from the cops. Two guys suddenly turn into cops, jump the kid who threw it and drag him up toward the lot.

"Pig!"

"Fucking lappin pig!"

You never know who your friends are.

There are six cops now, all plainclothesmen and three people being hustled up the lot to the patrol car. There must be two hundred and fifty people chasing

them. More rocks go flying up from the crowd. One grazes off the head of a cop. Some people start yelling, "No rocks. No rocks!"

All six cops have .38's out, pointing at the crowd. This is insane. This is really insane. The cops look like thick-necked over-fed fraternity boys -- except that they have guns and FREAKED OUT written all over their faces. One of them is so nervous he drops his pistol, and in the second that it takes to leave his hand and hit the cement I'm behind a car waiting to hear a shot. Nothing happens. I look up and now there's one of the cops holding a fucking shotgun.

He waves it once over the crowd and everyone goes berserk -- running into each other, yelling, leaping into garbage cans, out in front of the cars on Haste, crazy, frightened, shotgun-freaked and bolting in every direction, moving madly with heads down, legs pumping from a low crouch. I saw one kid trying to claw his way through a hedge -- hung up, tangled, thrashing, not going anywhere.

The cops don't move. They've made their point and it's all over for today. The crowd edges its way back, but it's all over. There are now four regular Berkeley cops in the parking lot and everyone's just watching from a distance.

The busters are taken away in a patrol car and everyone heads back to where they were when it all started. I see Harry Frazee, the smilin' Berkeley cop, walking over to a patrol car parked in the alley out front of Yenan. There's this

kid following alongside of him, shouting at him so everyone around can hear.

"Hey man. What if that thing went off? What if it went off and killed somebody, y'know?"

Harry's talking low. "Look, it didn't go off and nobody got killed."

"Yeah sure. But what if it did, man? You know it could of. I had a gun once went off when it fell, shot my brother through the leg. What if it did?"

If Harry wonders about this at all he doesn't let on. He's smiling, as always, leaning up against the fender of his patrol car parked in the alley out of the heat of the sun.

"Those guys are all new," he says. "I mean they're just hired and they're new and they're scared when they come up here. They did a dumb thing, that's all."

"Scared? Dumb?" the kids says. "Man, somebody could of got killed, y'know?"

"They're scared", Harry says. Jimmy says to me, "That's the only bring down about this whole place, man. Too many people scared about shit."

A black chick says to Harry, "You ever get scared, Harry?"

"No," he says, and he smiles. "Never scared? Shit. Ol' cool Harry. Coolest pig on Telly."

Harry just laughs and leans back more on the fender of the patrol car. It's all over. There's nothing to be afraid of. Everything's cool as can be.

"But, Harry man. Like what if it went off? I want to know --"

## PANTHER PAPER PROBLEM

The BARB received a phone call last Tuesday from Black Panther Party National Headquarters, informing us that David Hilliard, Panther Chief of Staff, was calling a press conference in front of the Howard Quinn Company. This is the company that prints the Panther newspaper (and which also prints the BARB). Quinn's was refusing to print the paper because of continued federal harassment about the Panther paper, the Panther Ministry of Information told us.

We rushed over to Quinn's, but found no press conference outside. We went inside, and found Hilliard, Ray Masai Hewitt, and the Panther paper staff in the lay-out room. Hilliard was arguing with Bob Winkleman of the Quinn Company. It turned out that the company had not refused to print the paper, but that one of the machines had broken down and was causing a delay. Afterwards, I asked Winkleman about federal harassment of his company. He said that there had never been any harassment.

The hassle was a union one. The Panther's had been told that they could no longer themselves use Quinn's printing equipment. The company felt that by using the machines themselves, the Panthers

(and the staff of other papers (Quinn prints) were taking work away from Quinn's union members using Quinn equipment (running just-writers, or headliners).

Last week, on the door of the room where last minute lay-out is done there was a sign posted stating that persons using the room should supply their own minor equipment (like pencils, rulers, tapes, etc), and should not themselves run the larger machines in the Quinn building.

Meanwhile, Hilliard and Winkleman were still arguing, not heatedly, but not having arrived at an understanding. "The kids come in here and taking everything over," said Winkleman (Quinn prints a dozen underground and school papers). "They are innocently destroying the set-up."

Hilliard charged discrimination against the Panther Party.

"We do not have discriminatory practices," replied Winkleman. "We have four colored people working here." This brought a laugh out of the Panthers, who do not equate racial discrimination with discrimination against the Panthers. "Everyone in here is colored," said one of the Panther chicks.

Hilliard noted that Quinn had been putting pressure on the Panthers to be out of the building at earlier and earlier times. A few weeks ago they were staying until 11:00 pm. Then they were told to be out by 8:30 p.m., and later they were told to be out by 6:30. Masai explained that the Panthers have a time problem because of all the last minute news they get, in the form of last minute raids and busts. This keeps the Panthers at Quinns until the last minute.

Finally, when it became clear that all Winkleman was concerned about was avoiding union troubles, Hilliard phoned the Amalgamated Photographers' Union to see if some of the Panther staff could join the union. He learned that under the Taft-Hartley-Act, his people could work one machine each for thirty days as "trainees", and then join the union.

This satisfied everyone. Two girls ran off to start working the just-writer and headliner, Hilliard and Winkleman shook hands, and the rest of the Panther staff got busy laying out their paper -- which, barring acts of God or the government, should be out by the time you read this.

## Panthers Resist New York Cops

Two members of the Black Panther Party (BPP) were arrested on September 30 by New York City Police for attempted murder and two other charges resulting from a twenty minute shoot out in Jamaica New York. The Panthers, Stanley Pettiford and Joseph Baskerville, both seventeen, were held on \$25,000 bail.

According to a press statement made at the BPP National Headquarters on October 1 by Don "DC" Cox, New York Chief of Staff, the police tried to enter the Panther Pad without first presenting warrants. The Panthers resisted the invasion by firing on the police.

More than a hundred shots were exchanged before Pettiford and Baskerville were disarmed. Police claim that another man escaped from the apartment through a side window and fired several rounds with a shot gun at the cops outside.

Cox said that before he left New York he ordered Panthers to "defend the door" against any attacks. He claimed that the police move which sparked the shoot out was totally illegal.

He accused the city government of trying to break up the Party and stop their community programs organization. The Panthers operate a breakfast program for children, free medical clinics in Brooklyn and Staten Island, a free store in Harlem, and a citywide Liberation School project.

Cox maintains that the tactic most employed against the BPP on the east coast is "five conspiracy busts," and not armed confrontation. Unlike California, New York has limited the availability of firearms through the Sullivan Act passed in the 1930's. Of the 21 people arrested last April for conspiracy to bomb downtown population centers, 16 still are unable to raise the \$100,000 bail, and they remain in jail.

Cox has phoned orders to New York BPP to resist any further police invasions with necessary force. Because of the increasing level of oppression against the Panthers, he feels that it might become necessary to "blow the motherfucking heads off" the police who attack them.



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2042 University Ave.  
Berkeley, Cal.

Phone: 849-1040

Mailing Address:  
The New University  
P.O. Box 2098  
Oakland, CA. 94604

Editor & Publisher:  
ALLAN COULT  
Managing Editor:  
Sandra Slind  
Advertising:  
Ron Radell  
Staff Artist:  
Karen Lance  
Layout:  
Phineas Scar  
Circulation:  
Carthage

Staff:  
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LEFT TO RIGHT: A PANTHER STAFF MEMBER, DAVID HILLIARD, AND BOB WINKLEMAN OF QUINN'S

# POLITICS OF DISORIENTATION

by Earl Welles

A radical challenge was formulated at the Disorientation Forum last Monday, which over a thousand people attended. Randy Rappaport, one of the five speakers on the panel, said "The Movement has to provide a way of life for us." The Forum was held to discuss the history of the Berkeley Movement and present new strategies for the future.

The meeting was part of Disorientation Week, an activity program devised by the Armed Prophets Affinity Group and the Radical Student Union. It will last for nearly two weeks, from September 29 to October 10. The purpose of the effort is to shake up the incoming freshmen and apolitical students, and to dispel ideas about college life which are no longer true.

In the introduction to "Notes From the Underdog," the Disorientation Week manual, the Affinity Group writes, "There is nothing left to destroy... You may have expected a welcome to the academy; we welcome you instead to the brothel." The rest of the publication tries to prove that statement.

David Weintraub, chairman of the discussion, stated that a broad-based student organization at Cal was necessary for two reasons: to create a real community and to fight oppression. He then introduced the members of the panel: Jack Weinberg, Randy Rappaport, Art Goldberg, Buddy Jackson, and Frank Bardacke.

The abolition of compulsory ROTC was the starting point of Goldberg's address. He stressed the importance of the early civil

rights movement, in particular the Freedom Rides and the lunch counter sit-ins down south. He detailed the formation of SLATE, a militant campus political party in 1957, and spoke of the great push to eliminate the UC ban on political figures speaking on campus. This ban, in 1961, kept Malcolm X off campus, and only when it was repealed two years later could Malcolm X speak to U of Cal students. The activities of national civil rights groups on campus led to the formation of the Ad Hoc Committee on Discrimination, which fought unfair hiring practices, held rallies, and collected contributions.

Jack Weinberg spoke next. He was arrested at a campus CORE table in 1964, touching off a spontaneous sit-in by thousands of students, and leading to the birth of the Free Speech Movement (FSM). Weinberg pointed out that at that time the Movement was primarily geared to issue-oriented struggle, an approach which soon changed. Remarking on the increase of suppression by the police over the past five years, Weinberg said that before the activities of the FSM, demonstrators had to "manipulate the police" to get arrested. The brutal police action against the 1964 FSM Sproul Plaza sit-in changed many people's minds about the nature of the problem they faced. By 1965 the Movement discovered that they would not be able to liberate Blacks, and they realized that something was wrong with their lives as well. What had been called a "senseless war" in Asia was continuing by right of Johnson's mystical consensus and by no other authority. With increased opposition to the War, suppression increased.



In the face of a largely unresponsive government growing out of control, white Leftists learned that they would have to liberate themselves. Suddenly many young people clarified their thinking. Weinberg believes that once people become aware of how they "feel the squeeze" from Washington, changes will occur.

Next Frank Bardacke read a clipping from a local paper which came out soon after the Sproul FSM bust entitled "Students Call Police Brutal." In the article

Mario Savio is quoted, "They (the cops) called us pigs." With this perspective on the political consciousness of the past, Bardacke went over the creation of the Vietnam Day Committee, the area's first truly radical anti-war group, by Jerry Rubin and others. From the creation of the VDC to Stop the Draft Week, in which students stormed the Oakland Induction Center, the Movement grew in strength. Bardacke described the "joyous feeling" of having established the first "liberated zone" around Oakland City Hall. The reasoning behind this action and the earlier assault on the Oakland Army Terminal, he claimed, was to demonstrate to the White Power Structure that if the War continued youth would "threaten them with chaos."

It is the power to bring disorder into the streets which Bardacke thinks is the Left's chief tool in achieving power. He hopes to see the rebirth of a revolutionary Anti-war Movement that could take power away from the war-makers. Bardacke said that the direction of the Movement was still not formed, and because it is "up for grabs" there is room for all radicals.

and of the entire Black Power struggle in the concept of self-determination for all peoples. He was happy that Black people no longer think themselves to blame for the contradictions posed by oppression.

He cited Stokely Carmichael's answer to white opposition to Black Power, "You better get some of that White Power," -- if whites want to control their own lives.

Jackson called U of Cal a "backwards ass university" for the long-standing discriminatory admissions policy which whites allowed to persist. In the past, he said, the only blacks on campus were Africans and athletes. He condemned their inaction and lack of cooperation in the Third World Strike of last year.

Jackson claimed that the Economic Opportunity Program instituted by Washington, in allowing so many Black students to enter Cal so quickly, caused the formation on campus of a new Black ghetto.

Jackson listed the purposes of the Third World Strike: 1) to create self-determination for non-white students through programs



FROM LEFT TO RIGHT: FRANK BARDACKE, BUDDY JACKSON, DAVID WEINTRAUB, ART GOLDBERG, RANDY RAPPAPORT, AND JACK WEINBERG.

like Black Studies, 2) to create student-community participation in education, and 3) to make education relevant by redefining the role of the university.

Speaking on People's Park, Jackson claimed that the effort was something of an insult to Third World people who face problems of survival which whites do not take seriously.

Randy Rappaport then asserted that at no time has the Movement been monolithic. The focus of activities, however, had moved

like Black Studies, 2) to create student-community participation in education, and 3) to make education relevant by redefining the role of the university.

Speaking on People's Park, Jackson claimed that the effort was something of an insult to Third World people who face problems of survival which whites do not take seriously.

# A LETTER OF DISSOCIATION

The following is a letter submitted to the BARB by Jerry Rosenfield, a veteran of the Berkeley Movement.

There are certain imperatives which transcend the demands of loyalty. In defense of my own integrity and of the promise of a better world, I feel called upon to let whomever will listen know where I stand in relation to those I have called my brothers and sisters over the years in Berkeley:

I believe that ALL men are brothers, that they become estranged through their differing experiences, and whatever evil they do, they do because they do not believe they have any alternative. I therefore dissociate myself from the politics of Radicalism, and specifically from the present politics of SDS, the Black Panthers,

the Telegraph Avenue Liberation Front, and whoever else finds it necessary to degrade another suffering human being by calling him a Pig -- and thereby plays into the hands of the Sheriff Madigans, the J. Edgar Hoovers, and the Richard Nixons, who maintain their power by fostering the hatred of man against man. I pray that I will have the courage to defend myself when necessary, and support those who have that courage, but I will treat the policeman with whatever human kindness I can muster, whenever possible.

I believe that part of what we suffer from in our lives is the facelessness of a bureaucracy which allows men to do harm to others without being held responsible for it. I therefore dissociate myself from the anonymous politics of people who put out something like the 13 point "Berkeley Liberation Program" without signing their names to it and taking responsibility for what they do. In defending themselves against the monster which is called The System, they create another monster which they call "The People", and they put forth a program, in the name of love and brotherhood, which feels like hatred, at the point of a gun.

I believe that our Revolution depends on honesty, just as the hatred that now exists depends for its maintenance on lies. I therefore dissociate myself from the politics of deceit and manipulation and secrecy which, as it was the downfall of the Communist Party in America, will be the downfall of the New Left, the way things are going. I was sickened by the SDS Summer Program, which was a strategy of lying.

Although I believe that Tom Hayden and Jerry Rubin are innocent of the charges being brought against them in Chicago, I am not so confident that they will be found innocent in a higher court, which is their own conscience, of the charge of playing with other people's lives. And for all that the People's Park was important and beautiful, the Park struggle WAS used for ulterior motives, of both the personal subconscious kind and the consciously political kind, by some of those who stood on the barricades. If the unknown policeman who killed James Rector was only a pawn in the hands of men like Sheriff Madigan, I state, by the same token, that the blood of James Rector lies also on the hands of my brothers Frank Bardacke, Mike Delacour, Stew Albert and numerous others. And although history will probably render the verdict of involuntary manslaughter on us and say his death was a necessary price, I am not so sure that those who loved him will forgive us. I believe that the death of the next James Rector will be a murder, and whoever writes the leaflet that helps send him to his death will be an accomplice to that murder.

I believe that the chief barrier between us and our liberation is no longer the Establishment or the System or our parents or whoever it is we have learned to hate, but our own unwillingness to work. I believe that this generation has at its disposal, now, the wherewithal to create its own means of subsistence by its own labor -- we have the skills, the tools, and the capital to buy our own land, grow our own food, build our own bakeries, and establish our own communities -- whenever we are ready to go to work. I therefore dissociate myself from the class analysis which winds up calling other men names, who, for whatever their faults, have done the work to create this plenty we are now living off for free, and though I will condemn their acts of greed and callousness, I refuse to call them "mother-fucking capitalist imperialists" or whatever other names you use. They too are my brothers: the president of General Motors is my brother, and whoever profanes him and his mother profanes me and my mother, and will have to answer for it. I furthermore refuse to support and defend the drug culture and the hippie culture to the extent that it depends for its "raison d'etre" on the excuse that life is impossible in this world so we have to create another one in our heads. I therefore also dis-



ciate myself from the actions of those able-bodied young white friends of mine who expect the Welfare Offices to take care of them, leaving the rest of us holding the bag. The world is ours, all we have to do is go take it, which means go to work.

Lastly, I wish to dissociate myself from the pushers and hustlers and con men of Revolution, who have gotten rich, or tried to, off other men's hopes and dreams. I don't condemn making money real service, and putting out honest labor. I do dissociate myself from the promoters of things like the Woodstock Festival, which was an attempt to get rich off of Bob Dylan's reputation, which he paid dearly for. Whatever groovy things happened at Woodstock, three guys died there: "Who Killed Davy Moore?" I dissociate myself from having good times at the expense of other people's lives. I dissociate myself from the politics of the Timothy Learys and the Esalen Institutes and other hucksters who pedal an Answer and then do not take responsibility for the people who jump out of their window or die in their swimming pools when the Answer goes sour. I dissociate myself from the salesmanship of Chet Helms, who doesn't know when to stop, and from all the swinging, far-out rock groups who sell themselves for money and fame, leaving Brian Jones dead at the bottom of one of those swimming pools, and from the arrogance of a Peter Townsend, who struck Abbey Hoffman over the head at Woodstock saying, "Nobody gets on my stage," when Abbey was the one that organized the medical aid network, which turned out to be more important in terms of people's lives than the music. It isn't your stage, Peter, and it isn't your money, Chet, except that portion you've earned by your own labor and your own beauty; the rest was just a slot the World created for you to fill. You had better make room on your stage for the guys doing the ordinary work, else there won't be any stage at all.

There was a promise born in the heat of a Mississippi summer and on the concrete of Sproul Plaza right here in Berkeley, five years ago, a promise of joy and freedom. I thought we were growing up these five years, but it seems we have fallen back on children's games, writ large. In defending ourselves from the bully we have become bullies. And when the big black kids down the block got their guns, shouted "Pig", and called us sissy (Honky was the word they used) we got our guns and shouted Pig louder than they to show we were big boys, too. Big boys, maybe, but not men.

I do not mean, by whatever I have said, to deny my affection for the people I have mentioned here, least of all Frank Bardacke and Mike Delacour, whom I love, but I can no longer keep this within the family. There is a much larger family waiting and watching, which is all Mankind, and I will not betray them by being untrue to myself.

Jerry Rosenfield  
September 27, 1969

P.S. Some friends of mine who have read this letter say it will be destructive to the Movement. My response is that if our actions can't stand the light of public scrutiny, then something IS very wrong. They also ask me "What's your alternative?" Well, I have a scheme in my head, involving a farm, but that's only for me and whoever else it takes, at the right time; meanwhile I'm doing what I'm doing. I don't feel that it's my responsibility to create an answer for everyone, that's Fascism. The Revolution is nothing if it is not based on the faith that people will create their own alternatives out of their own hearts, and essentially all they really need is the confidence to be honest with themselves and each other, and to act accordingly. The harmony will come out of each of us living in tune with the natural harmony of the Earth and with respect for each other, which is all we really desire, were we not so afraid. Yes, people do need teachers, and even leaders, but a leader is only someone who goes first, someone who lives his own life by whatever principles he finds to be true for himself and thus gives others the courage to do likewise, and a teacher is not a salesman, but only someone who has had a little different, or broader, experience which he can in some way impart to others so they don't have to go through the same suffering he's gone through. The goal is not to get people to do MY trip, or Jack Weinberg's trip, or Huey Newton's trip, but to live their own lives.

Jerry Rosenfield  
September 30

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Happened June 25 in front of Cody's about 3:00 p.m. Two street musicians busted for pan-handling and resisting. Call 654-1358 - MARK.

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## DEALER'S WARNING

# CAP - italism

The following interview occurred when a dope-dealer, whose name is naturally not used, came into the BARB office, last week, and asked to talk with a reporter.

BARB: So what is your story?

DEAL: It has to do with a bad thing that's been happening for a long time now. Mostly around here, although it's spreading all over the world now. That's the lead-in: (gesturing to a piece of paper.)

BARB: (reads) "There is hardly anything in the world that some man cannot make a little worse and sell a little cheaper, and the people who consider price only are this man's lawful prey." - John Ruskin.

DEAL: Right. I've been a dealer for let's see, about three and a half years. And during that time I've gotten into the top of dealing circles in San Francisco, so I know damn near everything that's going on. OK? For the last six months, or actually closer to a year, there have been several preparations on the market - mescaline, psilocybin, THC - which aren't what they're supposed to be. They are mixtures of LSD, or STP, or speed, and PCP.

BARB: What is PCP?

DEAL: Phenolcyclo papaverine. What it is is a member of the Belladonna alkaloid family. Small doses of it do nothing more than stop your thoughts, turn you off, relax you a whole lot. It's been banned in the United States for use on anything except animals, because the side effects are quite poisonous, especially if it's not made right.

If it's not made right you get pin-point lesions on the brain, and you go insane. I know several dealers who have flipped out completely, and who cannot keep their heads together, from the use of PCP. It's called 'Angel Dust,' it's called 'Pixie Dust', or 'Space Fuel', and it

comes in all these things that are called mescaline, psilocybin, and THC. Anybody that tells you they've got some mescaline, even if they tell you it's TMA, they're lying. Maybe they don't know it themselves even.

BARB: TMA?

DEAL: TMA. That's supposed to be tri-methoxine amphetamine. It's supposed to be an analog of mescaline, but nobody's making it. They're all making up PCP, and LSD, or PCP and STP.

BARB: Why do they put PCP in?

DEAL: Because it smooths out the LSD. Here's the other thing. John Ruskin had it right. At one time there were three groups dropping LSD in the Bay Area. There was Owsley, there were blue dots, and there were blue flats. Splinter groups formed off the Owsley group, splinter groups formed off the blue flats group, and I don't know, blue dots were people that could just cop acid somewhere and drop it into Vitamin C.

The technology of how to make LSD is pretty widespread, and unfortunately, a whole lot of people paid attention to the old story that you can make LSD in your kitchen, and got on trips trying to do that.

So what we have right now is enormous quantities of shit LSD coming out. Pure shit.

People say there's speed in it. No, there's not speed in it, it's just broken down LSD. It's rotting lysergic, it's rotting ergotamine. You call people chemists, who make this shit 'ergotamine butchers,' because they take perfectly good ergotamine and change it into this stuff that gets people weird, you know. I mean if you get poisoned enough you're going to think you're high, and that's what's going on.

I mean LSD does a particular thing. There's a reason for it.

BARB: Do you mean a specific chemical reaction?

DEAL: Yeah, but more than that, it does a specific thing to the person who takes it, if it's righteous stuff. When it doesn't, it does another thing, which makes it impossible for regular LSD to do its thing. And it's all tied in with that character armor trip.

Like if you go up there party-way, and wipe out, the next time you go up, you're going to have even a harder time getting loose.

BARB: Where'd you pick up on that?

DEAL: My own experience.

BARB: But you're familiar with Reich?

DEAL: Oh yeah, oh yeah, well yeah.

BARB: OK, I dig it, so . . .

DEAL: OK, so there's liquid grams coming out, so-called. There are black crystal grams, and brown crystal grams. There is every kind of shit that is imaginable coming down, getting mixed with PCP, mixed with STP, whatever. There is nobody, there is almost nobody, trying to do the thing that is supposed to be done with LSD.

BARB: You mean the proper chemical procedures?

DEAL: Right. There's almost none of it around. I can show you a little bit of it. (takes out a few yellow flats, a little bigger than 1/4" diameter, with darker yellow spots, and slightly curved surfaces.)

BARB: Is this a good one or a bad one?

DEAL: That's a good one. There isn't anything else around that's any good at all.

BARB: What are these called?

DEAL: Don't call them anything. There's a reason for this (all the shit LSD). It's quite expensive to make good LSD. At one time grams sold for \$4000.

BARB: Yeah, and hits for \$10.

DEAL: Right. It was good then. It's not anymore. You can get a hit for 25¢.

BARB: Oh yeah?

DEAL: Sure, I can get quantities

for as low as 15¢. Because of the fact that it's so expensive to make good stuff, and because of the fact that there are so many people who think that they're God or whatever, and who are nothing more than shit-heads, you know, just street freaks, who decided that 'Man, instead of making speed I'll make LSD.' Right?

Well, we saw what happened to Haight Street, when everybody decided that they wanted to make speed. That's what did Haight Street in. Nothing else. It wasn't the cops, it wasn't the media, it wasn't anything like that, it was speed. OK. We have this same phenomenon occurring right here, right now, in Berkeley, with PCP.

You can take PCP once, twice, ten times, and you won't have any ill effects. But about the thirtieth time, that's it. All of a sudden something cracks, and something never comes back. Ever. At all. Forever, it's permanent.

BARB: Because of the brain lesions?

DEAL: That's right. Now PCP, made perfectly purely and taken in small enough doses, can't harm you. But if it's not made purely enough, really pure, the impurities hurt you. It's not the PCP itself, although large enough quantities of PCP will do it too.

How to stop this I don't know. That's really why I'm here today right now. I've watched this come down, I've rapped and rapped and rapped, and put this trip together, and done everything I could. . .

BARB: These pills are yours?

DEAL: I disclaim responsibility.

BARB: Well, you say these are good - because you've taken them?

DEAL: I helped make them. I've seen them from the very beginning to the very end, and I've given them to innumerable people, and I know the difference. I've repaired bad acid trips with this stuff. I don't know every tab on

the market but I know most of them.

BARB: What do the tabs look like that you know are shit?

DEAL: All of the mescaline has PCP in it. All of the psilocybin so-called, all of the THC. All three of those things have PCP, or benactazine, but there's not too much difference so don't worry about it. Most of the LSD tabs don't have PCP in them, but the LSD they're made out of is such that . . . well, do you know what ergotamine poisoning is? Have you ever heard of ergotism, St. Vitus' Dance?

It's not too far from that. That's what happens to people that get on it. They twitch and they jump around. That's why they have to mix PCP in their stuff. Did you know that mescaline plus PCP, and acid plus PCP is outselling acid 5 to 1? It's smoother.

BARB: Yeah, well they use ergot for abortions. It causes cramps.

DEAL: Exactly.

BARB: What about those big white mescaline tabs that were around several months ago?

DEAL: Same shit. For the last year and a half.

This is the first time I've thought that I was sufficiently incapable of doing anything about it, that I wanted to talk with somebody that could publicize it. I thought that my mind, my influence could do something about it, but apparently I can't do a damn thing. So it's time for the public to know a little bit about it.

The only thing you can do about it is to become extremely discriminatory about what you take. I've heard people make jokes about people that take only pharmaceutical acid. Well I make jokes about people that take only shit acid. Sooner or later their minds don't work right. You can talk to them, you can see them, they just don't relate. They're three degrees over some-



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# "OH! CALCUTTA!"

BY Cathode

When Jacques Levy left New York to seek a Ph.D. in Psychology at Michigan State University, his father asked him, "Are you sure?" "It's a hell of a time to ask me that, Dad," was his reply. Today Levy is director of the stage hit "Oh! Calcutta!" "I keep waiting for my father to pop the question again and wondering how long it'll take me to answer him this time."

Levy has been working in theater since he left his job on the staff of the Menninger Clinic in 1962. He has worked with avant-garde groups like Cafe La Mama and the Open Theater. Plays he has directed include "America Hurrah," "ScubaDuba," and "Red Cross." He conceived the entire production of "Oh! Calcutta!," and it is his biggest success to date.

We spoke to Levy after a preview performance of "Oh! Calcutta!" at San Francisco's On Broadway Theatre. He was wearing a Mickey Mouse watch and sipping a Seven-Up, as they had no Coca Cola. "I'm a Coke addict," he said.

How does a former psychologist approach directing?

"From the front...? I don't know. I suppose stuff rubs off. It did in this show more than a lot of others, since we were dealing with people's sexuality. We were getting into deep things— heavy things. The actors had to expose themselves to each other without clothes."

"Oh! Calcutta!" is a show based on sex, with much of the acting done in the nude. It was Levy's role as director to accustom his cast to this. His technique has been compared to therapy forms like the encounter group.

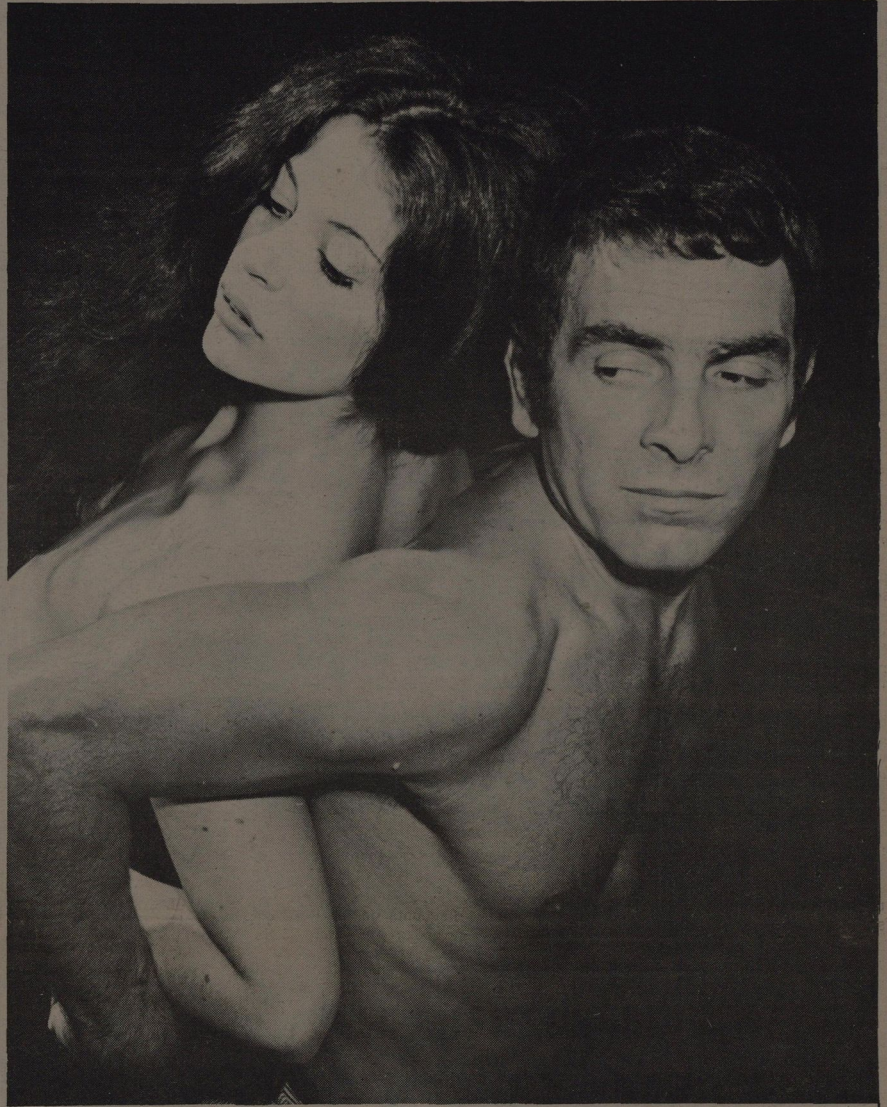
"It has been called that, and I suppose there are similarities. I've never been to Esalen Institute so I don't really know what they do there. There is a big difference in what we do, though."

It was our objective to get them to be able to do a better show, not to be better people. It was not a major goal to achieve something personal for the actors. Of course things happen that way anyway.

Do you think nudity is a proper focal point for a show?

"Do you want me to answer that seriously? No. Do you think it is a proper activity to put words on paper? There is nothing proper about this show."

In the opening scene of "Oh! Calcutta!" the actors come on stage, take off their clothes, and put on robes. The robes are then



G. J. CHIARO AND RHONDA COPLAND IN "OH! CALCUTTA!"

gradually removed in a series of mock burlesque poses.

"The first scene represents the inside of the show. It is not just an opening number, but it is about the actor's experience. That is what they did on the first day of rehearsals -- they came in, took off their clothes, hung them on lockers and put on the robes."

Do you think nudity detracts from the quality of the acting?

"No. In any play the goal is to open up the actors so that they can relate to the audience. The problem with acting naked is that they become so familiar that it is hard to play estrangement. But nudity helps the sense of a whole piece enormously."

What role do you think legitimate theater plays in changing values?

"None whatsoever. Look at the audience around it. In New York we were playing on Second Ave, so was the Fillmore. All the older people were going to see "Oh! Calcutta!," and the younger ones were going to the Fillmore. The humor in this play and the approach to sexual things is not at the heart of young people's interests. They want to hear music."

The audience at the On Broadway was made up of older, upper middle class people, and assorted swingers in funky costume. Everyone had the air of some kind of celebrity or tried to seem that way. Levy stated that he felt no-

ing could be done to give more life to the theater.

Have you seen the performances of street theater groups like the San Francisco Mime Troupe?

"Yes. Of course with these groups the acting is lousy -- the performances are lousy, but they're not into that. They're into creating an event in the street. That doesn't work as well as a demonstration or a riot. It doesn't compare with what Abbie Hoffman did in Chicago."

Do you like the new types of audience participation like the cast dancing through the audience in "Hair"?

"No. I used to do a lot of that shit. That's like a ballgame when a guy jumps out of the bleachers and slides into third base. It's a funny happening but it's not the show. I'd rather go to a party on a houseboat or a gathering in the park. Participation is a whole different medium -- it's not theater."

"Oh! Calcutta!" will be shown in 80 theaters around the country in a video-taped simulcast. Levy plans to do this like the live coverage of a sporting event. "We could probably use a few instant replays," he said.

"New forms of dramatic presentation work only when the establishment won't go along with it. Once the establishment gives its okay, you're finished. Success of a new technique insures the death of it."

Jacques Levy is now writing the book and lyrics for a mixed media folk-western called "Tryp". Roger McGuin of the Byrds is writing the music. It is an adaptation of Ibsen's "Peer Gyn", set in the American west in the 1860's. "It's going to be great," says Levy.

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# DISANTIESTABLISHMENTARIANISM

## the radical middle another alternative

s.m. wesley

Does the student who is disillusioned and disenchanted with the educational program offered by the University have another alternative to those that have already been tried?

So far, he has attempted to alter the system by going through the "properly-constituted-channels-for-change" -- electing student representatives, signing petitions, attending meetings, serving on student-faculty committees, etc.

But, when those in authority didn't really LISTEN, and nothing happened, he turned to more forceful approaches -- protests, sit-ins, and throwing rocks.

And when these efforts produced chiefly the effects of retaliation and increased rigidity his attention has sometimes shifted to images of total destruction, and "closing it down".

But, is there still another alternative? Yes, there is -- the path of the RADICAL MIDDLE -- the creating of an ALTERNATE STRUCTURE.

The University is not going to change, basically. Change is always difficult and painful -- and besides, the University is still successfully serving the needs of the majority. Whether the dissident student likes it or not, the "silent majority", and their parents, are still devoted to a set of standards and ideals that give top priority to such values as social status, money power "getting ahead in the world", and personal and national "SECURITY"! And if a student is willing to buckle down and go through the academic mill, acquiring the necessary technical skills and information, the establishment (DUPONT, IBM, Rand Corp., the Armed Forces, the U.S. Government, and the University, itself) will be there waiting, at the end of the line, ready to reward him with a cozy economic niche -- and spiritual death everlasting. He may need to check his personal feelings and soul at the registration desk -- but if he's not aware of these or believes they don't matter, then the price he pays will not seem great.

The militant leftist is often caught in a difficult inner bind. He doesn't want to admit to himself that his Mother University (Alma Mater) doesn't love him -- and has only poisoned milk to give anyway. He refuses to accept the idea that she CAN'T change -- but he thinks it's merely because she WON'T -- that she has something precious to offer, and is just being stubborn about dispensing it. He assumes that if he kicks, screams, and throws rocks long enough she'll relent, become "responsive", and turn loving and giving. He secretly agrees with the conservative that all good things flow from institutions.

Naive as it sometimes appears to be, there's a real challenge in the question often asked by the right-winger: "If you don't like the way things are on campus why don't you leave -- and let those who ARE satisfied get on with their education?" The old Love It Or Leave It alternative.

"But they're only saying that because they . . . . . Sure, of course. But "their" motives and attitudes are irrelevant in deciding whether it's a good question or not. It's perfectly true that the conservative usually doesn't really mean it as a question at all. He's convinced that academia is the best of all possible worlds, that the administration is a righteous body of enlightened leaders, and that the malcontents SHOULD get the hell out, and leave the "good guys" in peace.

But the question still remains -- if Mommy's not giving you what you want, why NOT leave? Even if you did succeed in destroying her, you still wouldn't have what you really need -- an education that's for YOU, the whole you.

If you don't like the educational structure that's currently avail-

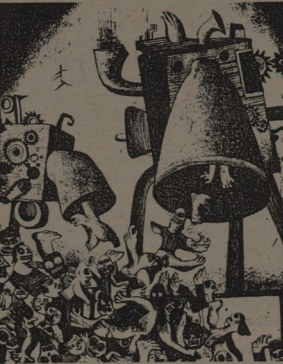
able, why not create an ALTERNATE STRUCTURE for yourself? The world is full of books, periodicals, libraries museums, and public lectures of all sorts. A wealth of information and knowledge is all around you -- free for the asking. And, if it's understanding yourself, and your relations to your fellow human beings that's important to you -- there are people all over the place.

But if you like the idea of the intellectual and emotional stimulation of working and learning with like-minded companions, then why not get together with others who feel the way you do, and pursue your education cooperatively?

For example let's assume that 2% of the present Cal student body of some 30,000 students are deeply dissatisfied and frustrated with their educational program. This is about 600 individuals. Taking the average annual tuition, and other fees, to run about \$450, this means that such a group would have a capital pool of \$270,000 to experiment with -- over a quarter of a million dollars! You can buy a lot of education with bread like that.

Costs could be cut by meeting in private homes, and hiring lecture halls only when necessary -- and by getting discounts on textbooks (20%), tradebooks (40%) and other equipment and supplies, through cooperative buying.

In terms of teaching personnel, the community resources of the Bay area include vast numbers of skilled artists and craftsmen, others with rich backgrounds in the humanities and various technical subjects, as well as many of a reflective nature who could help guide a



LNS student's interest in the inward journey to the Self.

There are many people on the Cal teaching staff who would be interested in participating part-time -- by offering an evening course or two -- even though the rate of pay might have to be somewhat less than the University offers. They would find the excitement and adventure of working with a group of cooperative open-minded, seeking students sufficient compensation for the reduction in fee.

Such a program might even eventually elicit some voluntary financial contributions from certain members in the community.

Practical problems? Sure, hundreds of them. But none that couldn't be worked out with a little sweat and imagination.

Opposition? From whom? The right-wingers? Why? They, and

others who are satisfied with the way things are in academia -- and disturbed and frightened by "campus unrest" -- would be delighted. They'd be relieved to see the "trouble makers" get out. And, since it costs more to "educate" a student than is covered by his tuition alone, they'd realize that their tax load could be lighter -- and the present facilities of the institution devoted exclusively to serving the



LNS

needs of those who find the set-up congenial.

And, if such a venture were successful -- with an interesting group of teachers, courses, seminars, work-shops, and field-trips available -- the "drop-out" rate among students at the established University might rise to 3% (yielding a budget of \$450,000) -- or even 4% or 5%, someday.

If there's a social structure you don't like -- and you can't beat it -- but don't want to join it, then COMPETE WITH IT !! If it's a good idea, and you establish a living MODEL, others may follow you.

The greatest opposition to such an educational experiment would not come from the outside, but from the INSIDE -- from the inner mental fears and conditioned images of those who may feel tempted to explore this new, alternative direction. It's true that, if you sincerely want an education these days -- one that's for the WHOLE you (your feelings, your body, your soul, as well as your intellect) -- you'll have to FIGHT for it. But NOT by barricading college buildings, smashing windows, and throwing rocks at the cops (and getting yourself, as well as your head, busted). The real battle will be with those elements within yourself that are holding you back. What are some of these elements? Here are the main ones that you might need to become more conscious of.

1. INERTIA To move in such a novel direction would undoubtedly require effort and work. It's a lot easier to just get angry (adrenalin flows so easily then), and rant and

rave against the fact that your Alma Mater is a "bad" Mommy, instead of a "good" one -- the way she SHOULD be! The world of "should" always provides a tempting escape from the world of IS -- the world of reality. Besides, there's a pleasurable feeling of excitement, and primitive sense of group togetherness that comes with demonstrating and protesting.

But, it's doubtful that inertia alone would be a crucial obstacle. The memory of watching a group of bare-backed, sweating youths, wielding heavy pick-axes one hot day last May, while they were breaking up the hard earth of a vacant lot on Dwight Way to create a pleasant, park-like retreat, suggests that the problem is rather one of DIRECTING the tremendous quantities of energy that are available.

2. The EGO GAME. Some real cooperation and give-and-take would be required for an educational departure like the one being dis-

cussed. Even certain "administrative" decisions, about structure and organization, would have to be made by somebody, at some point. Certain crucial distinctions between FREEDOM and CHAOS would need to be discovered and applied.

Some of the participants might even realize, from first-hand experience, what those limited, fallible monsters on the administrative staff at the University are up against. But, let's hope they do a better job of LISTENING, and helping to resolve the inevitable conflicts in viewpoints and wishes that would arise.

3. GREED. Yes, you might need to battle your own inner greed, if you became interested in such a project -- against your conditioned longings for prestige, money, and power. If these are the things that are really important to you, then going through the University is probably the best and quickest way to get them. But, only YOU can decide what you really want.

4. FEAR. Sometimes, underneath what seems to be greed lies only fear -- fear that you can't make it on your own -- without that proper piece of paper, credential, certificate, degree -- the fear that no one will recognize your worth without it, and pay you for working and creating. You may not be greedy for wealth, power, and security for their own sake -- or even be able to enjoy them if you had them -- but think you need them as a sort of protection against feelings of helplessness and inadequacy.

5. WORSHIP OF THE "EXPERTS". The thought may occur to you, "But, what if such

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# MUSIC BOX SCENE

By Mohammed Khan I

## DON CATCHES THE WIND

Last Saturday night I sat on the side of the Oakland Coliseum and watched it slowly fill up with people, starting from the floor and slowly easing up the sides, like candle wax cooling. By show time there must have been 15,000 people there, with nearly every seat in the place filled.

The house lights went dim, then off, and multi-colored spotlights caught Donovan trotting up the steps to the platform. He sat cross-legged and began tuning his guitar, grinning ear to ear, as though it was all rather silly, but still delightful. He spent the next three hours walking a razor's edge, the gentle troubadour and his guitar, the songs woven of the most delicate fabric, the images from another time, perhaps mere echoes in haunted Castle Hallways. It was a minor miracle that Donovan was able to hold the crowd's attention for three hours.

He began with "Jennifer, Juniper", sounding just like the record, then delighted everyone with a song about three astronauts who went sailing in a wooden shoe. Their names were Winken, Blinken and Nod. This was followed by "St. Valentine's Angel".

"Wise men often said, from the books I've read,  
"Life's joy and misery walk hand in hand..."

As he sang, the spotlights of incandescent colours kept shifting and changing from shade to shade, so that an eerie, stony effect was created, and Donovan's singing seemed to change to fit the color he was bathed in.

In introducing a song, Donovan tells a story of "from whence cometh the arts in days of yore." The legend goes that in Ancient England, men would go to the university to learn things like the 158 sources of sorrow, and the various methods of divination and wizardry. Nowadays, our leaders and educators choose to remain ignorant, so that a college education is practically worthless. The right hand used to be of greater significance, when used in a handshake agreement, a man would stick to the vow of his hand. The troubadour would hold his hand up to the breezes, and into his fingers would flow a song from the very air, which he would write down and add to his repertoire.

This was an intro to a seemingly improvised jam-song with spanish guitar overtones. Most of the vocal was liquistically unintelligible, just sounds, but from time to time he would make up a verse: "So many nights, so many people have gathered here together, and only one, only one, a lonely one, in the land of Coca Cola, so

many, and just one . . .

"... There are so many people taking drugs

"And ruining their pretty nervous systems

"I know, I was in that, its all against,

"I can see quite well, I don't need any artificial binoculars to see."

This was a rather strange thing to be hearing, as probably half the audience was stoned.

I met a fellow yesterday on the street who said, "there are three stages in life, pre-dope, during dope, and post dope. Most people never get past the first stage." Donovan is apparently post dope, by this fellow's criteria.

Then he sang "Guenevere" which has got to be one of his best songs.

"The rustle of her gown on the marble stair case;  
"Sparkles on fingers both slender and pale.

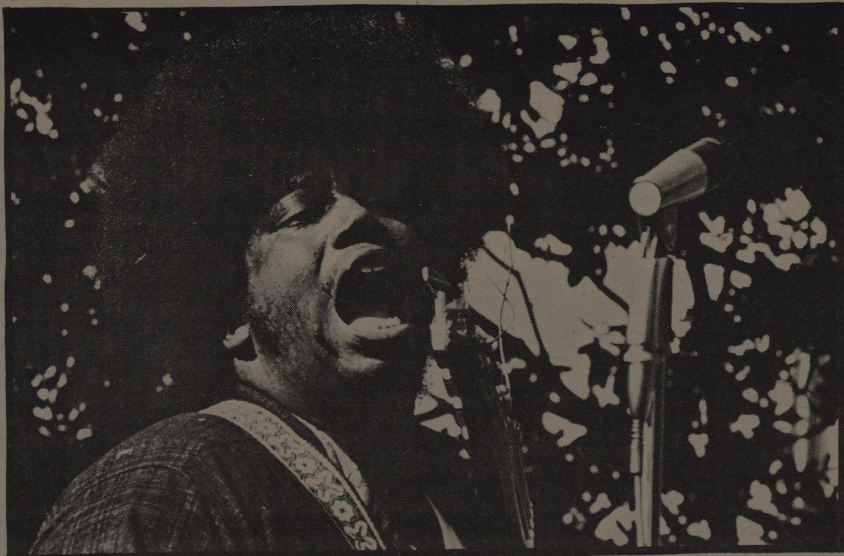
"Indigo eyes in the flickering candlelight.

"Such is the silence on Royal Camelot.

Donovan is at a certain place, he has a certain approach to his art, a state of mind which is unchanging. He has an incredible gentleness which is not feminine. He looks out through rough haphazard features, but his beauty is inside. His expressions are incidental, passing, the important thing is his love. Donovan is walking the line between being just a songwriter troubadour and being just a little too beautiful. His game is how much love can I create without becoming mawkish or supersentimental, how much pure, gentle affection can we share right now? That is his bag, and he never deviates from it. I found myself wishing there were maybe just a couple nyaaaah grating vibrations in there to shake things up a bit, but that was between songs; when he was singing, everything was cool.

The audience was appreciative and incredibly quiet throughout, save a few interruptions by restless fans with more vocal chords than brains. Sitting so far away, in such a sea of people, the impersonality precipitated a few bel-lows. Donovan would stop singing and say something like: "Yes, I feel everyone more than I hear you." Or: "It's really very quiet, let's just take this short time and be silent together. The only time people have to be alone and quiet these days is in the bathroom. And then you're pretty busy." Most of the time there wasn't a sound. 15,000 people perfectly still and listening.

Donovan picked exactly the right time to split, for there was a sound round of applause, then everyone filed out, satisfied.



# Rock Solstice



by Hal

photos by richard oritt

Five bands and hundreds of people came to Provo Park on Sunday afternoon to celebrate the Solstice. I arrived about an hour late at two o'clock, missed the first group which played, The Tunnel, and now was coming in on the middle of a set by the Sunny Street Blues Band.

At the entrance walks to the park the Krishna people were still passing out incense sticks to folks who drifted by late. Most of us were high on the music or whatever. People moved a lot without saying much. There were soap bubbles in the air which were carried onto the stage by the wind. Sunny Street did a nice set, finishing up with a Santana song called "You Gotta Change."

Once the Purple Earthquake got set up after the break, the crowd regathered up front and the live music began all over again. When the group's singer wasn't playing second guitar, he handled the microphone like a night stick, twirl-

ing it for maximum impact while he threw himself around the stage and got caught up in the power cord of the lead guitarist.

Brother Brown's band was introduced next, and everywhere his friends threw up the clenched fist. To prevent a misunderstanding, the announcer of the Celebration reminded the performers and the audience that everybody had come for "nothing more than music."

Dancers formed spontaneous circles as Earthquake, who call themselves "Berkeley's own homegrown soul," took off into their version of Ike and Tina Turner's "River Deep, Mountain High." By now there were young girls in the trees, making branches work to the music, and tossing pine cones down on the musicians.

But something was bothering the Brother. Although the entire group played cleanly, and Ginger the drummer did alright for her-

self, his uneasiness was apparent after he made several fleeting apologies for the performance.

Once Brother Brown were done, the announcer got up some more applause for the band, and then introduced to us the afternoon's last attraction, Syndicate, an organization with brass. He warned us to LOOK OUT. Syndicate featured a singer from Kentucky who was the foxiest.

On stage they moved into their first number, two saxophones and a trumpet and a guitar and a bass and a mean mound of drums, but the sound system isn't working right. The guitarist says, "Give the drummer some..." It is the only thing you can hear from far away. I look around and leave the band area. Kids are fighting on the grass with white plastic foam lances which sound like wet towels popping when they contact.

Finally the mikes are fixed, Syndicate winds up a really fine set and clears out. The public address istaken over by the announcer and I'm moving along with the crowd. There are still folks on the grass, but I decide to leave.

Before splitting I pick up on a group of kids around a circle of four or five flowered wreaths that someone put up for the Celebration. The wreath stands are made of wood and painted white, white silk ribbons hanging from the flowers with black Chinese characters. In the center of the display is a cardboard box over which rotting orchids have been thrown, covering a medium sized plain gray rock on the bottom. I was sure there was a point to it. A girl said that of all the things here only the rock hadn't died.



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# MAGIC & HISTORY

by Al Khwarizimi

"The tradition of all the dead generations weighs like a nightmare on the brain of the living. And just when they seem engaged in revolutionizing themselves and things, in creating something that has never yet existed, precisely in such periods of revolutionary crisis they anxiously conjure up the spirits of the past to their service and borrow from them names, battle cries, and costumes in order to present the new scene of world history in this time-honored disguise and this borrowed language."

--KARL MARX

Marx, the prophet of revolutionary socialism, knew that history constantly repeats itself. Great personalities and events occur twice, he said, "On the first occasion they appear as tragedy; on the second as farce."

Today, revolution being more of a theatrical business than ever before, we see historical images recurring regularly. Heroic figures from the recent and distant past appear as models for the new insurgents, quoted and mimicked till they become parodies. Mao and Che, even Joe Stalin, have had their words and styles repeated to the point of becoming unconscious caricatures.

Many today wish to drape the revolutionary scene in the trappings of previous struggles. This is false and morbid -- Berkeley is neither Petrograd, 1917 nor Havana, 1959. It is a totally new landscape, a continuum of urban sprawl and neon, to be understood in terms of the future and not the past. In Berkeley the corporate university, the military-industrial complex, and reactionary politics confront the vanguard community of a future life style. The mood is akin to dark surrealism or far-out science fiction.

Bastille Day -- Berkeley 1969: Fence attackers pose for photographers, wire cutters raised aggressively, while heads are bloodied in a police attack on another point of the People's Park periphery. Dramatic presentation in the midst of bloody conflict -- a mystique borrowed from Paris, 1789, for today's political theater. Events like this take us into new levels of unreality.

Effective use of the theater provided by media coverage has marked the largest success of the New Left. The move from demonstration to confrontation, from civil disobedience to violence, was an escalation of dramatic technique and nothing else.

REPETITION DESTROYS MEANING. If future performances in the political arena have any impact, they must be outside established patterns. The techniques of the past must be abandoned to newcomers in the Movement, the recently aroused liberals. The mass marches and demonstrations will continue, but they will consist of those who previously had been silent.

Norbert Wiener, inventor of cybernetics, formulated the pro-

cess by which meaning is lost in communication. He compared the information loss to heat loss in energy transfer, and called it by the same name; ENTROPY. "Just as entropy is a measure of disorganization, the information carried by a set of messages is a measure of organization. In fact, it is possible to interpret the information carried by a message as essentially the negative of its entropy.... That is, THE MORE PROBABLE THE MESSAGE, THE LESS INFORMATION IT GIVES. Cliches, for example, are less illuminating than great poems."

Entropy in communication is a major fact of our time. As our environment becomes cluttered with more and more information media, meaning is lost in the confusion of exchange. Voices squawk and images flicker in hidden circuits and invisible waves. The periphery of our hearing picks up snatches of conversation, muffled music, and distant traffic noise. Our vision consists of bright advertising, jumbled lights, and the white line in the middle of the road. It is increasingly difficult to locate the borders of sanity.

Inside this rapidly changing continuum, the slogans and postures of revolutionary or avant-garde movements are quickly absorbed into public usage. They become the tools of advertising, repeated at regular intervals in pre-established time slots for mass consumption. They quickly lose meaning and become the trivia of the past.

Last August a spectacle occurred in Chicago that was consciously conceived as a theatrical event. The Yippie Festival of Life was a myth, a put-on for the news media. In the words of Abbie Hoffman: "Precision was sacrificed for a greater degree of SUGGESTION." The effects created had such impact that, in spite of Mayor Daley's attempt to collar the media, they became the major content of news coverage as well as speeches inside the Cow Palace. This took place before the largest audience in history. It remains the greatest success of the movement.

The police fell for the put-on entirely. They could feel their roles becoming obsolete and reacted with self-destructive fury. When they struck blindly at cameramen and reporters, they were attacking THEIR OWN IMAGES. Police are no longer essential to social order when behavior standards are internalized in collective mythic awareness.

This is the power of MAGIC. The hex starts to work when the hoax is believed. Voodoo works from the inside, destroying the victim by his own fear. Magic begins by creating a fantasy world

so elaborate that the reality framework is cast into doubt. The rug of sober actuality is pulled out from under the believer, leaving him the psychological prey of the sorcerer, the weaver of myths.

WITCHCRAFT is the ancient power that women discover in their own fantasy life, which usually surpasses that of the men around them. At first they live in their own private world, which they share with a FAMILIAR, a cat or other pet. Then they begin to draw others into it. This is largely a THEATRICAL undertaking. Witches are usually into costumes, old exotic thrift shop finds, and stageprop surroundings, weird furniture and drapings.

Today witchcraft is beginning to reassert itself as a force in our society. The reincarnation of the primeval DARK MOTHER has appeared among the women of the TV age.

This type of power lies outside conventional history and politics. It works inside the collective mind. It is the opposite of the mechanistic hardware of government coercion. As electric communication is destroying the traditional bureaucratic chains-of-command, magic is the only way to wield power. The hidden order of the universal mind is the only answer to the ENTROPY OF HISTORY.

History is now out of reach of the public. We have only myths to go on. The many attempts to fathom the actual events surrounding John Kennedy's death illustrate this. All the films, photographs, and witness testimony yielded no proof of what really happened. The more facts gathered, the further we are from the truth. The dilemma is similar to that of the film "Blow Up". Reality is beyond our grasp -- even with photographs.

The recent emergence of Stalinism in the New Left shows the failure of today's revolutionaries to see beyond politics. Old fashioned hardware--style power is still seen as a goal. This is as obsolete and self-destructive as cop power and law-and-order.

If a new society is to be created it must begin now, and it must be structured differently from the failed systems of the past. The ties of human kinship and common experience will hold it together. This has already begun in the drop-out drug culture.

Starved for a spectacle of the youth phenomenon like Chicago, the media have given extensive coverage to rock festivals like Woodstock. Surprisingly favorable reports were given by Time and Newsweek. A reporter from Life saw at Woodstock "a half-million young Americans spontaneously creating a society based on drugs." His reaction, too, was favorable.

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shir/prints (rtd)

## ecology and economics as a magic religion

gandalf

Smog Free Locomotion Day is over and we've had a good time and seen some of what we can expect from electricity: tiny motorcycles and carts that can go thirty miles an hour with a payload of 150 to 200 pounds and have a range of about forty miles (but not all at once), and a promise of small electric cars to be marketed locally in the spring -- no statistics given, but from information available on electric cars already on sale in other parts of the world, approximately the same sort of performance can be expected. You couldn't even get one onto the Bay Bridge, let alone up a San Francisco hill.

Meanwhile, back at the factory -- Detroit is announcing, with great fanfare, an "inexpensive" conversion system to natural gas, for the present internal combustion engine, which "significantly" (whatever that means) reduces the smog-producing properties of that engine.

My guess is that this means that we'll have another smog crisis in about fifteen to twenty years if we adopt the "new" system. However, it has all the necessary qualifications for success: it keeps our wonderful oil companies doing a land-office business on the home front since natural gas is a by-product of oil wells; it provides same with an excuse to keep drilling anywhere and everywhere they feel there might be a chance of oil or gas (an excellent tax write-off); and good ol' Detroit doesn't have to spend too much money re-tooling its factories to produce

the "new" engine. All of which points to the fact that the people of this country are about to be presented with an economic cop-out which will once again hold another problem in abeyance for a few years so that a future generation can deal with it, and we can happily return our heads into our own private sandlots, smug in the belief that we've solved another problem.

We have, burning happily over our heads every day, a huge nuclear furnace which will continue to rain unlimited power upon us for millions of years to come. And yet we continue to plunder natural resources that will give out much, much sooner as though the supply were bottomless. Our public utilities could be doing a lot of research into solar power, but instead, they're busy advertising their monopolies as though they were in desperate competition with another industry about to absorb them. Who supports these utilities? And who, by remaining docilely tacit about their policies, supports their actions? . . . . . same old people, you and I. That good old American Religion, the firmly groundless belief that somehow, somewhere, someone else is going to solve all our problems for us, is definitely alive and working everywhere.

Yes folks, . . . . . step right up to the Amazing Magic Show . . . You are about to see, right before your very apathetic eyes, living proof that money is faster than the mind. . . . You will see our economic expedience . . . . And the fecal residue shall be spread among ye in the name of progress.

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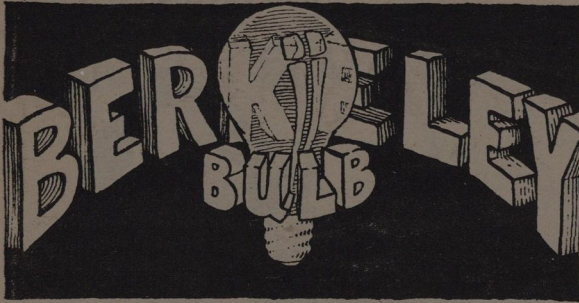
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BY BABA AU RHUM (The 100 Proof Guru)

MEETING YOUR OTHER SELVES

Have you ever dreamt that you were being chased by a burglar, or some other "bad guy"? Have you dreamt of being attacked by a bear, a lion, or a snake? Have you ever had a homosexual dream? Do you sometimes wonder what such dreams are all about -- what they mean? Well, there are ways to find out.

Actually we dream most of the time. Even when we're awake, with our eyes wide open, there's a background of psychic activity continually going on -- only we're not clearly aware of it, because our attention is focused on the sights and sounds of the external world. But if you stop to notice, you'll soon realize that a stream of word-thoughts and mental pictures is constantly happening to you.

You can be talking to someone, and apparently looking right at them -- but at the same time, a whole series of images will be flickering across the screen at the back of your mind -- pictures of other people, places you've seen, or incidents you imagine might happen in the future.

Or, you can apparently be listening intently to what someone else is saying, but actually hearing, inside, what your mind tells you he REALLY means. Or, you may be experiencing disturbing visions of what he might do in the future.

When we are awake, we're constantly bombarded by a host of interacting, conflicting, and changing viewpoints, emotions, and impulses. We experience these as ideas, thoughts, and images.

The same thing continues when we're asleep, too. But then, since our sense organs are turned-off, and the outside world is "closed-down" for the night, we experience the interplay of these inner psychic processes more clearly and vividly -- as dreams.

The people, animals, and other figures in dreams are the tendencies within our own psyches that go right on living, struggling, evolving, and creating, even when "we" seem to be sound asleep. A dream is a pictorial representation of these subjective processes. Some of these processes are quite common, or even universal -- so that there are certain standard, stock dream figures and situations. Others are more individual and unique -- so that understanding them requires a knowledge of the dreamer's personal associations.

The best way to approach a dream is to assume that the various characters in it, including "I" (the experiencer of the dream), represent certain of your own inner inclinations and attitudes. The critical, rejecting father in your dreams may be a reflection of the Inner Critic in your mind -- and a visual embodiment of your own tendencies to be scornful and domineering towards other people. What you do in relation to "him" in the dream shows how you're dealing at present with this part of your inner self.

A 15 year old girl who dreams of being frightened, but at the same time fascinated by a shark in pink lace panties is experiencing a natural ambivalence towards the instinctive longings for sex and sensuousness that are emerging from her biological depths. Most animal dreams have to do with instinctive and intuitive tendencies that are part of our physical or more primitive nature.

Homosexual dreams reflect the process of coming together with, or integrating some same-sex facet in our personality -- a latent masculine potential in a man, or a hitherto unassimilated feminine element in a woman. A submissive, compulsively agreeable "nice guy" who dreams of a homosexual advance on the part of a rough, aggressive man may be experiencing the first contact with his own inner capacity for greater strength and firmness in dealing with other people. An intellectually ambitious woman who dreams of fondling the breasts of a beloved, but unknown female companion may be making contact with her own softer, more feelingful inner component.

If you dream about someone who's known to you in the waking state -- a "real" person -- you can often get a lead on what aspect of your inner self is being portrayed by thinking about what this other person is like -- his, or her personality characteristics. But don't think about it too rationally, or logically -- just try to catch the first one or two associations that pop into your mind when you think of the person.

A dream is only fully understood when you can become aware of the same processes (ideas, impulses, attitudes, feelings) going on inside of you during the waking state that you observed happening while you were asleep. The symbolic language of a dream needs to be translated into terms of waking experiences with which the ego is more familiar.

Dreams that reflect new possibilities for growth, and an expansion in the horizons of consciousness, are often marked by feelings of revulsion, anxiety, and even terror. In fact, most "bad" dreams, when they're finally understood, actually turn out to be forerunners of very positive, "good" developments in a person's life. Why is this? It's because the conscious ego tends to be a status-quo sort of structure. It secretly hates and dreads real change. And potentials arising from the unconscious that are new and different are usually met therefore, with strong resistance and apprehension. It's as if the encrusted earth above a sprouting seed were to feel the pain of needing to crack open and give way to the emerging life beneath it.

Pay particular attention to your "bad" dreams -- they're among the most valuable ones you can have. They're trying to tell you something you may not wish to hear about right now -- but something that you'll eventually be far better off for knowing.

Contact with the inner world is as important as contact with the outside world. You can learn just as much by paying attention to, and understanding your dreams as you can from listening to other people, or reading books. In fact, if you want to find out what YOU are all about -- what you want, where you're heading, and what you really feel -- your dreams are a BETTER source of guidance than those that come merely from the outside.

S. M. Wesley

(Next week: Part II, with some examples, and suggestions on how you can talk to the figures in your dreams.)

Write to Baba Au Rhum c/o The New University, P.O. Box 2098, Oakland, California, 94604



PHOTO BY RICHARD ORITT

boxscore of atrocities

The Following is a letter the staff of the Berkeley Tribe has been circulating to the Underground Press:

Brothers and Sisters:

This will be short but heavy. The Berkeley BARB has been sold. We, the Red Mountain Tribe, formerly the entire staff of the BARB are in no way connected with the "New BARB".

The Tribe originally tried to buy the BARB from editor Max Scherr. We wanted to turn it into a workers' co-op, with profits going back into the community. Negotiations for the sale broke down and we were locked out of our office. We went on strike.

Allan Coult, a "psychedelic anthropologist" and editor of the "Berkeley Fascist", a local "satirical" newspaper, brought his staff across our picket line, worked on the paper, and with seemingly limitless funds, bought the BARB from Max for an estimated \$200,000. With the help of "Kelly Girls" and a rented Burns Guard (the same cats who are right now guarding the fence around what is left of People's Park) Coult and his staff put out their version of the BARB. We put out the Berkeley Tribe.

Max, after seeing the first edition of the Berkeley Fascist Barb, went into court to get the paper back and, according to his lawyer, GIVE it back to the Tribe. The judge ruled in favor of the "Fascist".

... So now Berkeley has two papers, ours and Coult's. If Coult has made a mailing in the past three weeks, please compare them. If not ... well, we have a circulation of 45,000 in our fourth week of publication. We sold 24,000 Tribes on the streets of Berkeley last week, double what the old BARB ever did in one of the most politically and culturally aware communities in the country.

That's where the Barb-Max-Coult thing stands for now. We really are quite proud of our paper, but we're still not satisfied. We want our subscribers back. We'll publish our paper once a week, as we did with the BARB. Subscriptions are \$6.00 inside the U.S. and \$9.00 outside.

Power to the People  
D.K.  
Red Mountain Tribe  
(former circulation manager - Berkeley BARB)

(ed. -- You forgot to mention, Dear D.K., that we are owned by the C.I.A.)

TO THE EDITOR

Dear BARB:

The other day I was reading through some of the old So. Calif. Oracles, when I saw an interesting article entitled "LSD, Sex and Religion" written by, guess who, Allan Coult. I think it was the best article the Oracle ever had. Which brings me to my next point.

How the fuck can these "revolutionaries" call you a member of the CIA? Where are their fucking heads at? The BARB is the most revolutionary underground press right now, Revolutionary in the sense that it presents a philosophy to change one's way of thinking. I think the "psychedelic-sex" revolution is more relevant than any Marxist philosophy. Marxist philosophy isn't much of a threat to the establishment, which is why the "Tribe" has not been hassled by the Man and the BARB has, the BARB being a real threat to established values and attitudes. So, stay with it man, and don't let either side fuck you over.

Love & Peace,  
Dan Hafner

Mr. Coult:

This letter is not aimed at you but is a reply to the letter written by the "true AMERICAN" which appeared in issue number 214, page 6, of the BARB.

Since our friend has promised to read every issue of forthcoming BARBS, I wish to request he look at the Oh! Calculat ad which appeared below his letter. Look under the letter "e" in the word "sale" in the top of the ad, Half an inch below the "e" is your portrait, Mr. "true AMERICAN."

In closing, if the phallus slurper, I mean president, of the "greatest nation in the world" ever does anything for the people who put him in office (with the exception of lubricating his prick with moon dust to make it easier to fly the flag on -- but that is not really for the people, is it), I will be the first to turn you on.

P.S. Keep up the interesting covers

A true REVOLUTIONARY

My Dearest Mr. Coult,

In regards to the recent article (You Can't Kill an Erection) in the Berkeley BARB of Sept 26-Oct 2, I wish to express my extreme disappointment in not having received the full benefits of the two previous issues, nos. 211 and 212. Try as I may, I could not achieve the full satisfaction guaranteed to me under California State law.

My vagina was scarcely damp and my peni were under extreme stress to reach a position of even 31.2 degrees as compared with the California state erection norm of 123.1 degree as officially established by Max Rafferty.

In light of the preceding, I deem it only fair that I either be refunded my thirty cents or be given two fully erect peni (123.1) and two moist vaginas.

My address is:  
722 West Orangeburg  
Modesto, Calif 95480  
Impotently yours,  
James K Barrett

Dear Editor,

I have a serious problem that I feel I have to tell someone. It's concerning pot and how it has affected my life. First of all I am not a teenager experimenting, I'm a 45 year old adult. That doesn't make me any wiser than anyone else, but maybe a little more experienced than some.

To get back to my problem. I have an acute case of pancreatitis. I've lost count of the times that I have been hospitalized from the attacks of pain that I have, and doctors admit that they cannot help me. Any barbituate that I may take just brings on the pain ten times more.

One year ago when I thought the only solution to this pain was to take my own life, a neighbor knew the agony I was going through and he asked me to try some pot that he so conveniently had with him.

My first experience wasn't the best, but I still got the best nite's rest I had experienced in a long time. Since then, I have prospered. I have a good business, I sleep well and feel very little pain. Yet the most pot that I ever had to use was one cigarette a night, like some people would take a highball before retiring. So you may ask what's my beef now.

Well since they started this damn stop the pot campaign, I just can't get any. And now I'm back where I was a year ago -- more pain.

I'm hoping that one of your readers can help me.

ANSWER TO LETTER TO EDITOR

There is no reason why you should have trouble scoring dope. Operation Intercept is having very little effect on dope traffic, and more and more good dope is coming into the Bay Area, as it usually does around this time. If you haven't connected by the time you read this, have your friend come to Berkeley. Lids are running around \$10, depending on size and quality.

# BREATHE, BABY, BREATHE

By Sam Moddy

PART I

Everyone knows, or at least has heard of, the importance of breathing. Yet no one breathes. This is unfortunate, for if everyone breathed properly the revolution would be over, won, and forgotten. The benefits of proper respiration are incalculable, the benefits of perfect respiration are incomprehensible; while the damaging effects of poor, or normal respiration are right in front of everyone's face, and on and behind everyone's face.

## WHY PEOPLE DON'T BREATHE

The story goes that people do not breathe because of the processes of socialization they undergo from the time of birth. Obstetric techniques, the plastic environment the infant is placed in from the time of birth, the plastic people the infant is exposed to, early weaning and forced toilet training, pressure to walk, to talk, and to constantly behave appropriately all entail constant repression of natural sexual and other bodily impulses. This turns an infant from a pliable joyous living organism, into a castrated, deadened socially manufactured robot.

Having been punished for expressing the life within him even before his self-consciousness has emerged, the child learns to control his body by tensing his muscles. It is in fact this very armoring process that produces the ego. It is not surprising then that no one breathes correctly, for most everyone's physical and psychic nature is built upon a foundation of muscular tension and breath suspension.

The child learns to hold his breath to reduce the pain of conflict between his natural bodily impulses and his internalized societal prohibitions. Shallow breathing cuts down the child's energy intake, reducing the force behind his natural impulses, thus making it easier and less painful for him to control himself.

## HORRORS OF NOT BREATHING

Shallow breathing of society's members is beneficial to society, which runs more efficiently the less its members function individually; but is utterly devastating to the individual, whose health and happiness is sacrificed to the means and ends of the monstrous social organism.

Shallow breathing results in improper oxygenation of the body. The tissues literally putrefy, and even a seemingly growing adolescent is no more than a minimally functioning corpse. Improper oxygenation not only destroys the individual at a physiological level, but at the emotional, mental, and spiritual levels also.

Emotions are feelings. Etymologically, emotion means to move. Emotions are the effect of consciousness, and are the flowing of energy, of feeling, through the organism. Shallow breathing, by cutting down on the energy within the organism, cuts down feeling. Emotions are shallow, and not in touch with the biological core of the individual. The individual feels alienated because he has very little contact with himself and the world around him. He feels very little because he has very little feeling.

Mind and body are one. An individual's psychic state is identical with his physiological state. The mind as we know it was formed concomitantly with the suppression of breathing. The energy that should normally run our higher psychic functions is lacking. The little energy that is left is frozen into rigid muscular tensions, reflected in the mind by rigid psychic structures, with a minimum of free energy left to carry out biological functions. Mentally, people are as shallow and erratic as their breathing is.

## IMPROPER PRANATIZATION

Improper respiration means not only improper oxygenation on a physical level, but what you might call improper "pranatization" on the subtle, or astral level. Breathing is the chief method the or-

ganism employs to absorb prana, or orgone energy. Many people, because of their shallow breathing/thinking reject the existence of prana or orgone energy, and the existence of the astral body altogether. After all, they didn't learn about it in school, neither have they seen it. They accept the existence of Antarctica, although they've never seen it, because EVERYONE knows that Antarctica exists. There it is right on the map.

Well, there are "maps" of the astral body, drawn by people who have seen it. You can see prana, or life-energy, too. Just look at the sky. See the light flickering, the tiny almost transparent globules? Instead of saying "retinal activity" say "orgone energy." Now you have seen orgone energy.

Improper intake of orgone energy, or prana, causes a dirty astral body. The process is similar to the clogging of plumbing, when water does not circulate through it to wash away residue. The astral body is also called the rainbow body, because it is supposed to be a beautiful network of light. But lacking sufficient prana it gets "dirty" and dark. Since the astral body controls the dense or physical body, a fouled up astral body creates a total bodily biopathy. This is equivalent to Wilhelm Reich's Cancer Biopathy, the shrinking of the autonomic nervous system. All forms of cancer, lung and heart diseases, and most other diseases, Reich traced to muscular armoring (chronic tension) and improper breathing. Mankind's susceptibility to other illnesses stems from his sick, weakened condition. The mere presence of a "germ" or virus does not cause sickness. What causes sickness is a bodily condition incapable of carrying out natural cellular functions to allay the toxic effects of a "foreign body".

## ANXIETY

The anxiety most people constantly suffer from is a result of improper breathing. Anxiety is a specific physiological condition wherein a constriction or pressure is felt in the solar plexus, as the organism contracts toward its center due to fear of contacts with life within it and without it. It is impossible for an individual to feel anxious when he is breathing properly, for the respective physiological states of anxiety and proper breathing are mutually exclusive. Fear, too, and panic are states that disappear with proper respiration. Hate, greed, and all other feelings man suffers himself and inflicts on others are secondary emotions, created when man's expression of his primary emotion is suppressed. The primary emotion is the free-flowing life within him, which if it could be named would be called love -- and it is blocked by the immobilization of the body.

In a sense, improper respiration saves man. For if he had more energy than he does now to express his secondary impulses, (yet not enough to express the primary emotion), man would destroy himself in a day.

## CAUTION

This is a real danger. If an individual does start on a program to improve his breathing, and goes too fast, he may be emotionally unfit to properly discharge the new influx of energy, and will literally go crazy. In the end he will no longer practice breathing, but will be more armored than when he started.

Starting a breathing crash program will not get it. First of all there is the very real danger of becoming over-charged and freak-ing out. What is usually the case is that people, in a first burst of enthusiasm, practice hours a day desiring quick results. Then they give up in a week or two because they have not attained Nirvakalpa Samadhi, but have exhausted all their will.

Breathing exercises are not in themselves. What is wanted is the establishment of full, free,

rhythmic, natural respiration as a fulltime unconscious habit.

## FOUR TYPES OF RESPIRATION

There are four types of respiration: low-breathing, mid-breathing, high breathing, and the complete breath.

In low-breathing, the muscular action is correct but incomplete. The stomach is pushed out using the abdominal muscles, and the diaphragm automatically lowers. The lower portions of the lungs are filled with air, but the mid and top portions of the lungs remain unoxxygenated.

In mid-breathing only the ribs are elevated. The abdomen is pulled in and the diaphragm elevated. This is opposite to what should be. Only the middle portions of the lungs get air.

In high-breathing, only the top portions of the lungs are used. The collar bone and shoulders are raised, expanding the top of the lungs somewhat. The abdomen is pulled in and the diaphragm raised. The nose is many times used as a suction pump to pull the air in, or the air is taken in through the mouth.

In all of these three types of breathing, the lungs are not completely filled, nor is the air completely expelled at the end of exhalation.

## THE COMPLETE BREATH

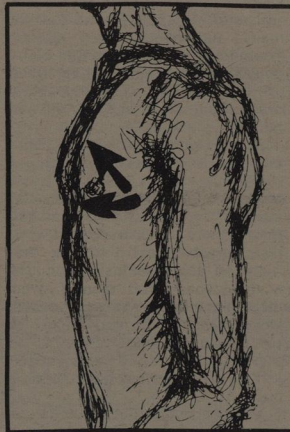
The complete breath is a combination of the three former types. Start the complete breath by using the stomach muscles to push out the stomach. The diaphragm will automatically lower. This will create a vacuum, and the air will be pulled in.



Next expand the ribs to fill the mid-portion of the lungs. This step may take some practice. Do not arch your back, but simply expand the rib cage, slightly elevating it. The abdomen comes in slightly, but it should not be pulled in with effort.



Finally, expand the upper portion of the chest. This is accomplished by slightly elevating the upper chest at the same time as expanding it. The collarbone and shoulders should not be pulled up. At this point, the lungs should be completely filled with air. There should be no strain involved. The object is not to stretch the lungs, but only to fill them to their normal capacity.



To exhale, the stomach is first pulled in and up. Then the ribs are relaxed, and next the upper chest is relaxed. Finish by expelling the remaining air by "squeezing" it out with the side, rib, and chest muscles, but do not strain. The shoulders should naturally fall slightly forwards.



## FLUID GENTLENESS

The entire action should not be accomplished in separate steps as I have described. The complete breath should be one fluid motion in the above order. This sounds easy, but it is harder than it sounds. The muscles necessary to accomplish this action may be somewhat atrophied after years of immobilization. Many people cannot feel their diaphragm, which is supposed to swing up and down freely on a longitudinal axis to the spine. Armored people may feel pain when they try to fill the lungs.

There are other aspects to the complete breath besides the above muscular actions. The air should be taken in through both nostrils. However, the nostrils are not to be used as suction pumps, but by abdominal and chest muscular action. There should be very little or no noise during exhalation and inhalation. The air action should be very gentle. There should be very little feeling of the breath as a "wind." Concentrate on the muscular action.

When the lungs are filled, do not lock off the breath at the nose or throat. These should both remain perfectly passive during the breathing process.

This sounds easy, but it's harder than it sounds. After years of immobilization, you may not be able to control, or even feel, the necessary muscles. Many people do not feel their diaphragm, which swings up and down on a longitudinal axis to the spine. The effort to completely fill the lungs with air causes many people pain.

## PRACTICE

To practice the complete breath, spend 10 or 15 minutes in the morning and at night practicing the motion, doing a prescribed number of rounds, a round being one full cycle. Simply approximate the complete breath at first. If you do not do it perfectly forget about it. The emphasis is on gentleness and naturalness.

Seated, with legs crossed and back, neck, and head in a straight

line is the position most suited to let the breath action function freely. If your back or legs hurt, you can practice sitting erect for short periods only, gradually increasing the length of time.

At first you might try just practicing low-breathing, if you don't breathe that way already. Practice breathing by pushing out and pulling in your stomach without using the rest of the lungs, for a month or so. This loosens some chest armoring, and you can begin to get with the swing of the diaphragm. After you have mastered low-breathing, try practicing the complete breath.

## RATIOS

At first, simply inhale and exhale in an even swinging rhythm. After you have mastered an even rhythm (1:1) you can try other ratios. Try a ratio of 1:2, 1 unit inhalation to 2 of exhalation. Gradually increase the count, 1:2, 2:4, etc.

After you get up to a count of 4:8, you can try suspending your breath in between inhalation and exhalation. This is not accomplished by locking the air off at the nose or throat, but by keeping the lungs expanded with abdominal muscles. Do not suspend your breath beyond your comfortable capacity. Start with a ratio of 1:2:2 (1 unit inhalation, 2 units suspension, and 2 units exhalation). Gradually increase the count to a 4:8:8, and then you can try a ratio of 1:4:2, which most Yogis feel is the ideal ratio. If this doesn't feel right to you, however, try a ratio of 2:1:2. Gradually increase the count.

## OTHER

During the time you are increasing the count and using more complex ratios, there are several things you can do to facilitate your progress and improve your over-all being. Ten times a day, push out and pull in your stomach in rapid succession ten times. This will greatly strengthen your abdominal muscles. Take deep, full breaths, exhaling completely whenever you remember to all day long, in every situation.

Before sitting down to practice, limber up your body somewhat. Bend over and touch your toes. Bend over backwards, bend over sideways, and twist your torso around. Swing your neck around one way, and then the other. Swing your arms parallel to the floor, crossing them over in front, clapping them together in back as parallel to the floor as possible. Rotate your arms making circles in the air. Generally stretch every part of your body.

It is best to practice breathing on an empty stomach. Breathing is especially effective if it is the first thing you do in the morning, and the last thing at night.

## BREATHE

Remember that you should be breathing all the time. In this world especially, never stop breathing. When you feel yourself getting uptight, breathe. When you are engaging in sexual relations, breathe. When you are walking down the street or driving a car, breathe. Take complete breaths whenever you remember to. Every breath you take should completely fill the lungs and should be completely expelled at the end of exhalation: getting the stale air out is as important as getting fresh air in.

Next week I will continue this article with various breathing experiences, more advanced exercises, other aids in breathing, and the description of various breathing experiences. However, progress is impossible without first mastering the fundamentals. The complete breath is the foundation upon which all other breathing exercises are based. It may take a long time to master even the complete breath, but your general breathing habits will improve as time goes on, and it's well worth the effort.

# PENDLETON BRIG INSURRECTION

L A FREE PRESS  
JERRY APPLEBAUM

(Note: Much of the information contained in the following story was obtained from an escaped prisoner from the Camp Pendleton Brig. During the height of the insurrection, he and two other men made an attempt at escape by climbing over the barbed wire fence surrounding the brig compound. Our informant was the only one to make good his escape. The other two prisoners were shot while on the fence. Their condition is unknown, but it is believed that they were not killed.)

At the time this is being written our informant is in the capable hands of the G.I. Underground and is on the way out of the country. This reporter was told that the escapee would seek political asylum in an undisclosed friendly country.)

The prisoners in the Camp Pendleton Brig let the world (and their guards) know that they had had enough brutality by pulling off a full-scale insurrection a week ago Sunday. All 800 prisoners participated in the freedom action.

The insurrection began at about 8 p.m. Sunday night when Bravo Company was ordered out of its huts for a re-count. Rather than

fall into a formation as just so many automatons, they poured from their huts into the dirt compound area and launched an attack on their jailers. The prisoners singled out those guards who had been the most cruel.

About twenty guards were beaten. The most seriously injured guard sustained a broken collarbone. There were no deaths. The guards' sadistic actions that had precipitated the insurrection were so extensive and extreme that many of the men had previously threatened to kill them if given the opportunity. That no guards were killed is an indication that the Marine Corps' attempts to make the men into dehumanized killing machines had not been successful.

While about half of Bravo Company was fighting, the other half had taken to the fences separating Bravo from Alpha and Charley companies. When they got into the other compounds they spread the word that Bravo had "gone down." Upon hearing this, Alpha and Charley joined the insurrection with the same pattern of attacks on the guards.

Within ten minutes of the start of the action some two hundred helmeted and gas-masked riot squad personnel had arrived on the scene. They had been on a stand-

by alert in the area for the last three months for just such a contingency.

Their first action was to launch grenades and CS gas (the same deadly gas that was sprayed on innocent people during the People's Park War in Berkeley) into the compound area in an effort to force the prisoners back into their huts. It is indicative of the ruthlessness and inhumanity of the riot squad personnel that in the process of gassing prisoners, they also gassed their own men, the guards.

Once the prisoners had been dispersed and forced into their huts the riot squad stormed through the gates. Those prisoners still in the compound were beaten to the ground with clubs and then kicked in the head and groin. An unconfirmed report indicates that at least one riot squad member launched a CS gas grenade at a fleeing prisoner and hit him in the back of the head.

With the compound once again under control of the prison authorities, the riot squad moved on the men in the huts. They surrounded each hut and threw gas grenades into them. When the prisoners emerged the fighting began again.

Some of the men defended themselves with clubs, but their attempts were futile, unfortunately, as they were outnumbered and overpowered.

Those who were unable to escape were beaten to the ground and forced to lie face down in a spread-eagle position for several hours. No one was permitted to use the toilet facilities. No one was given any medical attention, despite the obvious need for it in many cases, until the next day.

The riot squad's tactic of hitting each hut with gas was repeated throughout the night until the facility was repossessed by the authorities.

American military prisons are among the most brutal and inhuman institutions extant in the world. The prison personnel are consistently sadistic and insensitive to the needs and humanity of the prisoners. The physical facilities of the prisons are also

consistently inadequate. The situation in the Camp Pendleton brig does not differ except in degree. It is probably the worst.

First and most interestingly, 74% of the prisoners in the brig are Vietnam-bound Marines who had deserted. With the Marine psychology being what it is, it is not surprising to learn that these men are particularly hated by the violence-loving guards, and are the targets for much abuse.

Camp Pendleton's brig, which dates back to World War II, is too small to handle the amount of men who are imprisoned in it. It currently houses some 800 men. Its designed capacity is 392.

The buildings in which the prisoners are housed are nothing but long tin-roofed barracks open at both ends. At night canvas flaps are unrolled over the openings for protection against the weather. There is no heating system and there are no toilets.

The only toilet and shower facilities are located in a building in the center of the compound area. If a man needs to use the

is white, he will be told that the "Niggers" inside will be waiting to "initiate" him with a "thump party". This alone creates enough paranoia and hatred to create pre-emptive attacks on the blacks by the newly arrived whites.

In spite of this, however, the unity of the black and whites in the brig is strong. They are all in the same jail and all are the victims of the same oppression and intimidation. The blacks, of course, get the worst treatment. It is usual for them to be referred to as "dirty niggers".

During the course of a prisoner's stay in the brig he will inevitably break the rules on a multitude of occasions. Each time he does so he will be punished. It is fair to say that often times the punishment is cruel and unusual in nature.

If a man happens to be a "troublemaker" he will be sent to the "Icebox". This is a small unheated building with seven cage-like 4'x5' cells with hard concrete floors and bars for windows. At night the prisoner will have a thin mattress on which to SIT. He can't lie down, of course, as the cell is not long enough. He must sleep while sitting.

During the day sleep is forbidden. If unlucky enough to be caught asleep during the day he will be awakened by a bucket of cold water. He will not be given any dry clothes, of course.

While in the "Icebox" the prisoner receives what is called "Dims", or Diminished Rations. It consists of cabbage, unpeeled potato and water. (This is also the diet given to those who are in the Maximum Security Unit or who are considered "crazy" or homosexual.)

One man stayed in the "Icebox" for 22 days.

It is not necessary to be sent to the "Icebox" to be punished. For minor infractions, such as not falling into formation fast enough, a prisoner will be forced into the "prisoner down" position in which he must lie face down on the dirt spread-eagle for several hours. Or he might be sent to P.T. (Physical Training) and run through a six mile obstacle course without stopping. Or he might lose what few privileges he has such as being permitted to smoke three cigarettes a day.

It often happens that several guards will take a prisoner whom they particularly dislike and beat him. It is not necessary for a person to break a rule to be abused or beaten.

With such conditions existing, it would be surprising if there were no attempts made to escape. In fact, there have been several hundred such attempts this year. One of the most popular -- and effective -- ways of escaping is to feign illness and be sent to the hospital. While en route in a jeep a prisoner has only to jump from the vehicle and run like hell. So simple and effective is this method that it was used with success 95 times in a recent 94 day period.



toilet at night he must ask a guard to escort him to it. He is always told that he must wait for at least an hour. Often times he is told this and never allowed to go at all.

If a prisoner is allowed to go to the head he will be greeted by several thousand cockroaches and tarantulas. The floor on which he must walk is often covered with urine and feces which have been there for several days. If he is not sick when he gets there, he will be by the time he leaves.

The Marine Corps readily admits that the overcrowding exists and that the sanitation facilities are "inadequate". Characteristically, they blame any troubles that arise on these two factors alone. In fact, it is the brutal and cruel treatment meted out to the prisoners that is the primary cause of the insurrection that took place.

When a man is first brought to the brig he is billeted in Alpha Company where he will stay for about two weeks. But before he is transferred to Bravo, Charley or Maximum Security, he will be firmly indoctrinated in fear. If he

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# AG 10479-3 MWH 9-9-69 SCLA DET 9-12-69 SCLA CERT 5250

The above, translated, means that on September 9, 1969, Mr. Neil Laazar was detained in the Mental Wards at Agnew State Hospital for 72 hours, and that on September 12 he was certified to be detained for an additional 14 days.

Laazar phoned up the BARB last Monday afternoon to inform us of the religious persecution he is suffering. He said that he is the tool of God, that "God is working through me." He feels that he is being illegally detained as a mental case because of his religious convictions.

Right now, Laazar is being held under the Lantermann-Petris-Short Act, which states that a person can be detained in an insane asylum if he is: (1) a danger to himself, (2) a danger to others; or (3) gravely disabled. Laazar is considered by the authorities to fall under categories 1 and 3.

Laazar gave us the following sequence of events. On September 9 he was shopping at the Valley Fair Shopping Center. He went into Grodin's mens clothing store, and told the clerk that he didn't have much money on him, and that he didn't have a charge account. He asked the clerk if he could still buy clothes there.

The clerk answered yes, and Laazar began pulling clothes off the rack and putting them into a pile. Laazar informed us that he is a "snappy dresser", and that he was buying "weird" ties and pants. He continually questioned the clerk, asking "Should I buy this?" as he pulled a new item off the rack. He claims that the clerk repeatedly answered in the affirmative.

Finally the manager of the store

came over, Laazar reported, and told him to leave. Laazar then, unsuccessfully tried to phone the president of Grodin's.

He left the store and walked over to Paulson's, where he started buying women's clothes. He asked for a charge account form. On the back of it he wrote, "Dear Dick (Nixon), Everett Dirksen died. Did I spell his first name right? Ho Chi Minh died. How about that? I have a hunch that there is going to be a hydrogen war unless a miracle happens. P.S. I'm having a cop deliver this note to Khrushchev, and this box of clothes to you. (s.) Napoleon Bonaparte, Waterloo, Iowa, Hi Pig."

By this time a cop had shown up. He took Laazar to Santa Clara County Medical. Laazar was seen by a number of psychiatrists, who wanted him to commit himself. He refused to do so, and later walked out of the building. On his way out, a nurse stopped him and asked him if he was free to leave. At that time Laazar was free to go, and he said so. He walked across the street and into a building where he had worked as volunteer on a suicide prevention squad for a year.

He went into a bathroom and sat down. In a minute a psychiatrist was at the door wanting to talk to him. Laazar answered that he was no danger to himself, to others, nor was he gravely disabled, and that he was "taking a shit". For the next hour this conversation kept up — the psychiatrist asking him if he was all right and wanting to talk with him, and Laazar answering that he was "taking a shit."

Finally the psychiatrist left, to

return shortly with two cops. The cops walked into the john, and one of the cops, or possibly the psychiatrist, seeing Laazar sitting on the toilet with his pants up, said "It doesn't look like you're taking a shit to me." Laazar repeated that he was taking a shit. He was handcuffed and taken to Agnew State Hospital.

Laazar was detained at Agnew State Hospital for 72 hours, and has been there since. He brought his case up in court on the 23rd, on a writ of habeas corpus. He presented written evidence in the form of his diary, in which he related his

religious experiences and convictions. He lost the case, and feels that this is because of his unconventional religious beliefs.

On September 26, Laazar's parents received a petition for conservatorship of his estate. That is, the court wanted his money and possessions taken out of his hands, claiming that he was incompetent.

Laazar is presently in maximum security, Ward 29, at Agnew State Hospital, protesting that he is being illegally held — a victim of religious persecution. He contends that he can dress, feed, and shelter himself, handle his financial

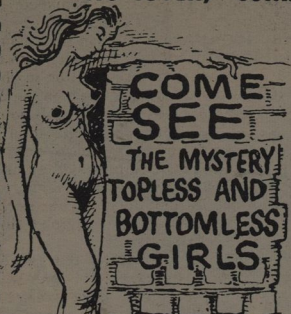
affairs, and much more.

There is a new trial date set for October 22, at the San Jose Municipal Court Huse at 9:30am. Laazar contacted the ACLU, and reported that Norma Dillon was agreed to represent him.

Laazar has been diagnosed as a paranoid-schizophrenic. SAYS HE, "I was psychotic at the time I was picked up, but I'm not anymore." He hopes that his story will bring peace in Vietnam and Israel, and recommends Eric Berne's book, A LAYMAN'S GUIDE TO PSYCHIATRY, which he claims will be the new Testament.

## PADDY WAGON

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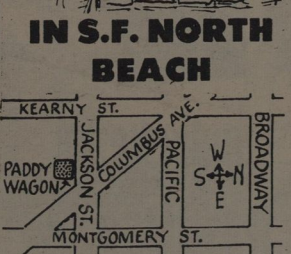
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# DISANTIESTABLISHMENTARIANISM

from page 7

a group of educational dissidents couldn't afford to hire the really top-notch guys in their field? Wouldn't this be a serious drawback?"

Not at all. Haven't you heard? Most of the "outstanding authorities" in many fields are already preempted by the military-business-government combine. They don't have much time for students, anyway, even on the established campus. They're busy working on such fascinating projects as how to protect the rights of the oil companies to foul up the beaches in Santa Barbara, how to write government documents that make it legal to deplete our natural resources or take land away from the Eskimos, and how to concoct gases that blind and kill. Are these the things you want to learn about? Then go back to Alma Mater, and she'll teach and take care of you.

But if you're interested in another approach to education, you may have to settle for smaller fry -- guys who aren't "successful" enough to have become in-human. Perhaps the physicist or chemist you hire (if these fields happen to interest you) won't know the latest secrets of napalm manufacturing -- but they'll probably know a lot of other fascinating things about the physical world around us -- things that can excite your imagination, and show you how you could become a PARTNER with nature, instead of conquering and exploiting it.

Many people these days, especially among the older generation, suffer from an inability to trust their own perceptions and feelings about people, and about their competence. So they need to be reassured that everything's OK by finding out what credentials they have -- and then feel safe if they can believe that they're getting the best and latest "expert opinion". It's as if they couldn't trust their palates to taste the food some chef had prepared -- they'd have to know where he got his training before they could tell whether the meal was good or not. A guy in this bag might even hesitate to ball a chick until he found out whether she's a qualified graduate of the Masters and Johnson Institute. There's no reason for you to get hung-up on the need for this type of reassurance. Your own perceptions will tell you in a short time whether someone really has something you want to learn.

In fact, there may even be a slightly inverse relationship between academic or professional "success" and the ability to teach and inspire. Some professors that are "world authorities" are pretty dull. And some young men, whose viewpoints aren't yet as crystallized, can impart great enthusiasm and wonder for their subject.

The "expert" in any given field is all too often merely one who is dogmatically and rigidly asserting a set of interpretations that are dead wrong -- or of limited value -- but that represent the current fad in his particular professional circle.

6. THE NEED FOR RECOGNITION. When we are inwardly not very sure of our own personal values, feelings, and goals, it often seems important for us to convince somebody else of them. We demand that THEY recognize the validity of our outlook. And if they can't (because of their own situation or hang-ups), we get belligerent. We project the doubts coming from the INNER CRITIC in our own minds onto the outside world, and feel that if only "they" would agree and accept us, we could be content and happy with ourselves. But it doesn't work this way.

A student whose value system differs from that of the University administration may mistakenly feel that he's not really free to be himself unless and until his academic parents recognize and acknowledge his worth. But they'll probably never do this. And, if it's time for him to grow up, and find his own inner evaluative center, then he's better off if they don't. He'll be forced to the discovery that he doesn't really need their approval and acceptance after all.

If a student frees himself from the need for recognition, he can then pick and chose more widely from the great variety of educational opportunities available. He might even take certain courses at the established University -- if they suit his own personal needs -- without worrying about whether or not he's getting the proper "credits" towards a standardized degree. His interest will

be in what a course does for HIM -- not how it fits into some external frame of reference.

When and if a negro can really accept and believe, deep inside, that "black is beautiful", he will stop feeling compelled to hassle and convince "Whitey" of this fact. "The Man" will no longer be the focus of his motives to live and to be. The whole image will become irrelevant.

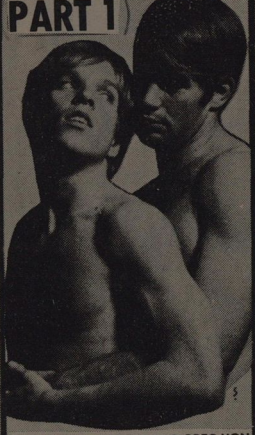
Not long ago the Beatles sang, "Take a sad song, and make it better." Well, why not? But the song must be your OWN. They didn't mean forcing the OTHER GUY to sing a different tune. Violently attacking the University is like trying to make someone else sing YOUR song.

If you have a different vision of life, truth, and what the educational process could be like -- go out and start living it, yourself. Make it happen -- start creating it. Forget about your images of "the establishment". It's mostly a bunch of individual people reacting to their fantasies and fears, anyway. Its power over you comes largely from the fact that you react so strongly to, at, by, for, or against it. It serves as a mental center of gravity, and primary focus of attention for the radical left as well as for the radical right.

Get out of their bag, and discover the RADICAL MIDDLE -- a point of departure that's off their basic continuum altogether -- a perpendicular dimension of individual freedom, personal choice, and creativity.

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# EXISTENTIAL METEOROLOGY

ROSA ONANDAGO

Some people are playing for keeps. The L.A. Free Press reports that Vince Anna Lawlor, a paid informant for the FBI in the El Camino College chapter of SDS, murdered Len Lancaster when he learned of her FBI collaboration. There was a police inquest after the shooting, in which Lawlor's association with the FBI was revealed. Lawlor, a girl in her early twenties, was released shortly after, and all the charges were dropped. Lancaster was shot through the heart with a 22 caliber Beretta on July 27.

You don't need a weatherman. Remember the films shot in Cuba about the People's Militia? They wore bright faces as they marched into the sun, and every man had a rifle. Down the old provincial road, marching in formation, the troops recited the slogan "Fatherland or Death."

Up on Telegraph Avenue, behind the Forum and across from Yenan,

there is a slogan written on a wall in crayon. It is "Don't forget James Rectner." And that is just how it is spelled.

The shit has begun to fly. That is all the meteorology you need to know. The air is alive, I'm in the basement thinking about the relevance.

Everyone talks about the weather. You never had it so good.

A person is judged by what he says or the things he does. You cannot have it both ways. Revolution concerns itself with a movement from one state to another. A permanent alteration of reality must be undertaken. Long live the provisional government.

In action we are defined. Call this a reign gauge. You are what you do. You move and you are more than you were. You become yourself by asserting what you are in any encounter with what you are not. This is growth and the power you have over life.

from page 9

Linked together by such rapid communication as our society is, it is not surprising that these establishment magazines have already picked up on the myth. Woodstock was the kind of DRAMATIC presentation they needed.

When the fantasy of the great Aquarian psychedelic utopia has reached such a magnitude, it will draw more numbers into its circle. Hope that the reaction of the obsolete hardware powers will not bring on Armageddon before they fall. If catastrophe can be avoided the new culture will have a chance to learn to care for its own. The myth CAN become reality.



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Oct. 5-6  
**SEVEN CHANCES (1925)**  
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 SUN.-THURS. KANE 7:00, 10:45  
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# POLITICS OF DISORIENTATION

from page 3

from reformism into a revolutionary stance, in which people will assert themselves against the crush of institutionalized repression.

She isolated two motivations for revolts as the "politics of guilt" and the "politics of self." The guilt that we feel because of the exploitation of the Third World and American minorities, she said, should be coupled with a desire to end the irrelevant education, meaningless work, ecological disaster, and the rigid political process present everywhere in this country.

Rappaport claimed that Americans need a "new definition of politics" through which we can "transform ourselves as people." Part of the reason for Women's Liberation, she said, is that at present women are "treated as something less than human" because they're thought of as something less than men. What must change, Rappaport continued, is the way people respond to the traditional concept of what men and women are supposed to mean to each other. Finally, she admitted that Women's Liberation depends upon the success of a general revolution.

Following her address, Rappaport introduced a four part short play on the forms of oppression

women face in this country. The first part concerned a freshman in an encounter with an unsuccessful fraternity-type at a party. The next part dealt with a cultural revolutionary male, heavily into hedonism. He lived in a commune filled with Love where all the chicks are busy doing "woman things" when they aren't keeping house or getting balled. Paper signs reflecting such inner thoughts as "The position of women in the movement is prone" were held up while he talked. In the end, he tried without success to get the coed to come over to his place to see some posters he picked up in Cuba. Next the freshman met her academic advisor who practically informed her that she had everything it takes for medical school except a pair of balls. The girl became furious, declaring that "no man and no system" will run her life. Finally, chained and escorted by two men, she was bombarded with cliches like "If you're so smart why aren't you married," and "A woman's brain is between her legs." The men attacked her with cries of "castrator" and "bitch", causing the girl to declare "No compromise with evil, no collaboration with pain." All of the actors were women.

Following the play, Rappaport stressed the two prime demands of a real community -- construc-

tion and defense -- and termed People's Park only a "taste" of what liberation could mean. She asked, "Who could be against the park?" Only those who control private property, she claimed, those who "have nothing to do with us."

After Rappaport finished, a Black woman from the floor took the mike, saying that she was offended by the skit for the "Judecrus way you try to communicate your liberation." She said that men were used to seeing women in comic presentations, which do not help the seriousness of the Women's Liberation. She admitted she hated to think only Black women knew what it was to be womanly.

Speaking for Women's Liberation, Rappaport said liberation was to be won in the future through action and determination. The skit, she believed, was a good alternative to the long, droning speeches usually heard at meetings.

At this time a movie on People's Park was being set up and there was trouble with window drapes which couldn't be fully closed. This caused some movement which distracted many people away from the speaker, who practically accused the men running the film of sabotage. There was a small walk-out which involved a half dozen women.

The films dealt with the Third

World Strike and the Park struggle. The first movie of the Park was in color and sound. Pieces of songs like the Mother's "Concentration Moon," the Fugs' "Kill For Peace," the Doors' "Five to One," and several numbers by the Stonex were played at appropriate times. The rest of the soundtrack came from KPFA interviews and reportage, and also from monitored police band radio messages. A particularly frightening part was that of mass beatings, when an official of the Bank of America called the forty guardsmen on his street "the most beautiful thing I've ever seen." Later, when asked to comment on the shooting of a boy, he replied that the boy "must have had it coming."

During the film on the Third World Strike, someone shouted that the film was out of focus. A girl cried out, "It's not the film, it's the world that's out of focus."

Midway through the film, David Weintraub had the movie stopped. Jerry Rubenstein, a veteran of the early days of the Movement in Berkeley took the mike.

Rubenstein claimed that during the Park fight he met a group of cops by himself in the streets, and tried to get across to them, to radiate "a bit of humanity" to

them, for which he was rewarded by a beating.

Rubenstein touched on many points in his short talk. He said he said he didn't believe that anybody was a pig. Much of the Movement was simply rhetoric, he claimed, and gave the collapse through dis-use of the Park Annex as an example of how little anyone really cares. He attacked the reality of finding "somebody else as the evil guy," and defended individual acts of resistance, such as turning in draft cards, as bearing effective moral witness. Rubenstein told the people that they were the Revolution, and that it was incredibly dangerous to be content to follow other people's directives.

By the time Rubenstein finished speaking, the ballroom had nearly emptied, and several small groups from the meeting left to talk outside. It became clear that most of the people attending the Forum could relate to what the speakers proposed in terms of community. Participation is necessary for the Movement's continuation and growth. Disorientation Week was successful in involving many people in a discussion of student radicalism. This involvement must be further realized in action if the goal of community is to be achieved.

# CAP-italism



from page 5

where where you just can't understand them. They've got all these weird fantasies in their heads that they can't get loose from.

Pure acid cannot freak you out. Pure acid will do nothing more than show you who you are and what is happening. It won't give you any fantastic fantasies that you can't figure out or anything like that. BARB: You don't think that some people get on bad trips because they become afraid as their "normal mind" begins to go?

DEAL: The purer the acid is, the less likely that they're going to have problems with it. Because if the tab is formulated right, and the acid is pure enough, it will come on all at once, and . . .

BARB: There's nothing they can do about it.

DEAL: Right (laughter).

Another thing that's going on . . . At one time people buffed a gram to 4000. That means you got 250 micrograms per hit. And at that time if you used Owsley's acid you got as much as 300 micrograms per hit. You didn't have anything to say about it, man. When that stuff hit you it hit you, and you were there, and it was all right. Because, you know, it was all over. It wasn't until the next day that you said, "AHA," because by then you were down enough to figure that there was something to think about again. OK?

The capitalistic competition that's been going on in the market has driven the dosage of tabs, of shit LSD tabs, way down, where people can just get a little bit off a tab. And most people say they have to take five or six tabs. This leads to a process of resistance, or immunization to the effect of LSD. It puts people in the place where they can drive their hopped-up mustang down the street on a tablet, and be just essentially speeded up, and they can tell everybody "I've had thirty trips." Right? Thirty trips of what? I mean I can go and take a hit off a joint and say that I've smoked grass, too. BARB: Then you agree that the people that say they can "handle it" mean they don't get high.

DEAL: Well, what is the point of "handling it?" You don't want to "handle it."

BARB: Well, people brag about that.

DEAL: Right, but that's because they don't know. Anybody that brags about being able to handle their acid is a fool, because that's not what acid is for. It's for getting out of it.

BARB: What do you think about going to rock concerts and stuff while on acid?

DEAL: That's assinine.

BARB: Or listening to music? (Laughter)

DEAL: Right. You can program your trips but I'm not about to program my trip with 4000 people around me that I can't even relate to, and a band on stage that I can't get near, and a bunch of shit coming through my head. It's unfortunate that a whole lot of people did that, because that's why they wander around and do all the other weird things they do that don't have anything to do with reality.

energy system is going to lock up somewhere, and you'll get one piece of cancer on top of another, and the old cancer trip will come down. BARB: The Cancer Biopathy? DEAL: Oh yeah, I haven't been able to take any LSD in six months because I've had hepatitis. I'm on thirty mikes or so right now, just from handling this stuff, having it in my pockets and giving it to people. I'm starting to get rigidified, and I'm starting to get afraid to talk to people. I can feel myself getting uptight. I can feel the process, I can see it. When you're in it though, when you're underneath a bad imprint, when you take a trip and come out of it with a bad imprint, with a reality matrix that doesn't really correspond with what's happening, you can't see it. Like a fish in the water that can't perceive the water. When you are under a bad imprint, you can't see it because you are it. So most of the people who read this aren't going to believe a word I say, because they'll say, "Aw, he's bull-shitting, he doesn't know what he's talking about. I feel great." And then they'll wander off and have another hamburger. Which is too bad, it really is. Because if this trip keeps going we're not going to have a scene anymore. We're going to have a bunch of alcoholics running around, PCP heads, out in the street, and it will just look like 34th Street. (pause)

I don't know. When people are out on the street they're proud of it.

There seems to be a great deal of pride about being out on the streets, not having a home, and wandering around and flipping out, and being a freak. That's groovy. I used to wander around the roads too. But like, anybody can be an alcoholic. Anybody can. BARB: It's pretty noisy out on the street.

DEAL: Uh-huh. Mechanical noises. And with all those vibes going into your head, especially when you're high, what's it going to do to you? It's going to super-armour you. Pretty soon you're going to be able to shrug off anything. You'll be a machine, just like the machines that were imprinted into you while you were on acid out there on the street. Same thing as going to a rock concert. You imprint all those non-communication type vibes, and that will be where you're at from then on.

Like if you're going to play a guitar on a little bit of acid, for three or four hours, that would be beautiful, because there's nothing wrong at all with becoming a guitar. That's really great. But a lamp-post, or a bus! You can become some dogshit on the street. I mean

Buddha knew where it was at, but . . .

BARB: When did you start taking acid?

DEAL: About three years ago.

BARB: How many trips have you gone on?

DEAL: Somewhere between 150 and 200 times. I've lost count.

BARB: Who did you find out you were?

DEAL: Who'd I find out I was? (laughter) C'mon man.

BARB: You don't have a magic word?

DEAL: A magic word? No, I don't have a magic word. When people ask me that question I just keep on rolling on. Cause, you know, that's what it is, right?

No, I don't like magic words.

I was OM for awhile. I did a whole OM trip, and OM was part of me, it was me, and I was OM and OM was me, but you've got to keep going.

DEAL: More than capitalism. Rational, humanistic capitalism, there's nothing wrong with that. Communism doesn't work either. Money is like your prick, you've got to learn how to use it. It's like a pencil, anything, it's a tool. If you use it to kill, then that's what you are. If you use it to take advantage of people, then you're a used car salesman.

Yeah. All you need to do is to go down to Van Ness Avenue, wander around, and talk to all the used car salesmen, and then come back here and talk to all the dealer friends you know, and you'll be able to separate out the ones you want to deal with and the ones you don't want to deal with.

BARB: By comparison?

DEAL: By comparison. The used car dealers run their trip about the same way the PCP dealers run their trip. They push your head around. What it takes is trust and reality, instead of instant get-rich. It takes the Realist and Barb instead of Playboy, because it's Playboy mind and Mafia mind that's taking over the scene. The cat who can't dig his old lady because her tits aren't big enough, and so he has to make a million dollars off everybody in sight, so he can run around and ball the world. It's that philosophy, that misunderstanding of what the world is about that ruined the Haight, that is ruining this scene: the cats that sat down and turned out speed by the ton so that they could have their hundred thousand are doing it here again. It's up to the people. The people are the only ones that can change it, because the cats at the top have plenty of power. They have all the power they need right now to keep this trip coming down like it's coming down. I can't change it, you can't change it, maybe together we can.



I started off low. I thought LSD was nothing more than a sexual tool. I thought that it was a mating trip. I thought that it was a good point of LSD was to be able to get up enough vibes to take over a chick's mind to ball her. BARB: That's a weird trip. DEAL: That's a weird trip, that's the way I started out, from Anaheim California, as a just-out-of-the-Army-young-prick right? Went through some changes. Had to. Like if you go into it with that viewpoint, sooner or later you're going to have a few freak-outs. That's what I had. It worked. It's all right. You learn.

BARB: As far as the point of this interview goes, you don't think there's any way to tell about what's shit and what's not shit, except that most anything you get will be shit? DEAL: No, there is a way to tell. What you have to do is look around you, and find the people with a twinkle in their eye. If they say they like PCP, forget about them, stay away from them. If they say they like mescaline or THC, stay away from them, because anyone that would rather be sedated than high is probably a smack freak

Weekends \$2.50      Tues-Thurs \$1.00

on the Great Highway 8:30

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Congress of Wonders  
Kaleidoscope  
Lights by Heavy Water

Monday: Monday night class-free

Tuesday, Wednesday, Thursday  
Holy Man Jam

Timothy Leary	Jim Kimmel
Asoke Fakir	Golden Toad
Steve Gaskin	Tup Fisher
Malachi	Oceola
Alan Watts	Chiran Jeed
Lazarus	Garden of Delights
Michael Lorimer	Sweet Misery
It's a Beautiful Day	Jerry Abrams Headlights
Phoenix	The Holy Sea
Master Choy	Rainbow Gem
Schlomo	Sebastian Moon
Carl Bach	Dr. Zarkov
Rev. Henslee	May Flower
Allen Noonan	Adam



# MESSAGES

BARB VANDERKELEN  
CALL PHIL COLLECT  
(213) 792-5524

DEVIL, SINGING WIND, JULIE  
Hanby, Marquis Flying Cloud,  
Gunn, John Doe --- will phone  
Weds 10/1 usual time MOONBEAM

DOWN WITH SEX - It won't stay up  
Anyway,  
Says The Friendly Old Frenchman  
at: LE SALON  
Open 7 days 9am till Midnight  
The Supermarket of Risque Books  
1118 Polk St., S.F., Cal. 673-4492

SHELLY MAXWELL  
contact Jan 993-5109

ANN, WINDY, we love you, Are  
you alright? Mom, Lorraine.

SANTOS T., YOUR REPLY IS  
BEING WAITED FOR, ORI

PAMELA PHILLIPS contact Dad  
Love you and worried 751-5450

GIRL I met so very briefly  
Friday September 26 on Sutter  
Street (head shop) urgent call  
986-9832 #107

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SHARE 3 rm flat \$55/mo. Ex-  
tremely pretty young girl wants  
ONLY SAME as roommate. 526-  
4271 NO MEN

SIERRA LAND 776-8011  
Cabin \$2500 \$900 dn  
40 ac on YUBA RIVER \$8000  
2 ac forest \$3000 \$500 dn  
Owner-agt 431 Eddy SF

ROOM LG. AMER INDIAN  
DNTWN BERKELEY \$50  
RM 28 HOTEL CAL SHATTUCK

2 YOUNG masc, bi-males want  
one of same to share executive  
waterfront home in S. Marin.  
Private Rm., entrance and bath  
\$125, p/m, Gen. Del. John Ericks  
Sausalito No Sex

ANYONE interested in apt. between  
Alameda to San Jose areas call  
Bob: 521-0786 after 6 PM week-  
days all day weekends.

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Two generous bachelors need  
1 or 2 bi, turned on chicks for  
housekeeping duties. Free room  
& board in exchange. Can travel  
with us here & abroad if you so  
desire. You will have your own  
bedroom in a comfortable home  
and will live in style. Call 921-  
0613. If no ans, call again.

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3 to 10 acres \$3000 - \$8000 terms  
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share luxury apt. in S.F.  
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Groovy 2 Bedroom house in Palo  
Alto with same. Send some info  
about yourself to P.O. Box 3044  
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same to share S.F. apt. - 556-8921

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975 Harrison St. (SF) 781-9335  
\$13 Single - Wkly \$16. Double  
A Younger Crown  
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HIPPIE TYPE FEMALE-and trip  
to Disneyland phone 822-6338

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FEMALE FOR WK, END TRIP  
ALL EXP. PAID. P.O. BOX  
495 CORTE MADERA CAL.

L.V. FOR D.C. Oct 7 67 CAD  
TEL. 681-2759 or 1874-47 AV

RIDE wanted to NYC via N Mex  
Share expense 843-1476 Roberta

DRIVING to Mexico City approx  
Oct. 20 Henry LA6-8853

NEED RIDE to NYC NOW  
Share exp & drive 863-1448 Joe

# JOBS

MODELS wanted: girls w/boys  
No experience necessary. Fem  
Festival Theater 392-1221

Female with 7 yrs college (A.B.,  
Speech/Drama, minor Eng/Music)  
approx 10 yrs exper. in clerical,  
sales, & admin. fields, a deep  
interest in the creative arts and  
scientific endeavor, and an intense  
& sincere desire to contribute  
meaningfully to the betterment of  
her own and man's Being, is seek-  
ing fulltime employment. Typing  
is 65, but prefer less mechanical  
work. If you have a serious posi-  
tion available for which you might  
consider me eligible, please write  
to J. Mattingly, 5136 Clarke St.,  
Oakland 94609, as soon as poss.

THE screening room needs models,  
girls and couples for erotic film  
work. Pleasant work in a positive  
& creative atmosphere. Good pay.  
673-3384 any time, or 220 Jones  
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LEO PRODUCTIONS urgently  
needs YOUNG FEMALE MODELS  
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experience necessary. For further  
enlightenment, call 861-9574.

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INSTANT CASH FOR CHICKS  
ADAMS INC. pays \$50 cash to  
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Must be 18 or over & CLEAN. NO  
EXPERIENCE NECESSARY. Legit  
work. Steady job for nice  
friendly chicks possible. If you  
need bread and are not ashamed  
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Presidio Ave. SF between Bush &  
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Noon to 6 pm. FRIDAYS AND  
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for details. If no ans. call again.

FEMALES are you proud of your  
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Flexible hours. Reply Box 16161,  
S.F. Photo appreciated.

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play at Semi-straight cocktail  
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50 - 841-3455 Joe

NEED ATTRACTIVE GIRLS OVER 21  
FOR TOPLESS DANCERS  
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799-9759 AFTER 9 PM  
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rooms experience not necessary  
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or larger, prep O.K., \$40.00 for 1/2  
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BARB needs Justwriter operators  
or expert typists. Apply at office.

GIRLS & COUPLES WANTED  
FOR NUDE PIX. LEIF. 861-1414

FEMALE MODELS wanted for prof.  
photographer. \$40.00/1/2 day. CALL  
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GIRL WANTED for occasional  
typing, shorthand, errands. Good  
pay 549-0610 anytime.

WANTED: Hip girl for half-day  
housework weekly. Student pre-  
ferred. Can you type too maybe?  
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WANTED... SWINGING  
COUPLES TO DEMONSTRATE  
NEW NON-STOP ADULT SEX  
GAME ON A PARTY PLAN  
BASIS MAKE MONEY MONEY  
MONEY 826-4630 TILL 8 PM

MALE NUDE MODELS WANTED  
Top pay, up to \$100 a day for  
young athletic clean-cut well hung  
males - uninhibited up to 22 yrs  
for publications and film work  
now in production, plus private.  
Call 664-9970 for appointment or  
send frontal photo and your des-  
cription to JAY, PO Box 4832,  
San Francisco, CA 94101 act now!

CLIFF 21, hung, Masc. smooth,  
drk bnd hair, 6'211 861-8071.

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models, girls & couples, for erotic  
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tive & creative atmosphere! Good  
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MALE 6'1" 165 lbs. 23  
Blond, tanned, nice body. Friendly  
Hip. odd hours ok. 826-7314

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48" ch 32" wst 18" arms. Hung  
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ROY, available again, this ex-  
ceptional Negro weightlifter  
muscles and definition and most  
hung, 5'7", 145lbs, 21 yrs.  
Only at ACTION LINE 64-9970  
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GERALD young, and hung, mascu-  
line and boyish, eager to please  
5'4", 125 lbs solid & clean-cut  
ATTENTION: CHICAGO & MID-  
WEST Gerald will be in your area  
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It is our second anniversary and  
to celebrate we have reduced the  
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30% Help us celebrate call an  
ACTION LINE model today. The  
best looking, best built, most hung,  
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BUCKY, young, smooth freckle-  
faced new model from ACTION  
LINE 5'11" 155 lbs super hung  
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TOM, 1st ad for this young smooth  
tan model from Texas, 5'11", 155  
lbs, surfer's build and very hung,  
ex-Air Force call ACTION LINE  
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MICHAEL, 1st ad for this young  
gymnast, 5'6", 142lbs, 10" arms  
42" chest, muscles and definition  
tanned, smooth, and versatile.  
Only at ACTION LINE 664-9970  
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ORIGINAL DANNY, super hung,  
super stud, 22 yrs, 5'11" blond  
smooth & rugged outstanding body  
only at ACTION LINE 664-9970 now  
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CHRIS, may be the model you want  
22 yrs, 5'11", 155 lbs, blue eyes  
muscular, versatile and a lover  
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STEWART, butch rugged masculine  
ex-marine, 6'1", 180 lbs, great  
face and beautifully built, quiet  
and vers at ACTION LINE 664-9970  
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AL, heavy hung new NEGRO model  
23 yrs, 6'2", 190 lbs big natural  
build, eyes ACTION LINE 664-9970  
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SONNY, groovy new youthful model  
versatile and wild, brown hair &  
blue eyes, 5'7" smooth and tan.  
Boysish muscles ACTION LINE  
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TOBY, a wild uninhibited model  
from ACTION LINE. Smooth, ex-  
ceptionally hung & versatile, 23  
yrs old actor call anytime 664-9970  
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VAN, levi-leather CHICAGO style  
strong, masculine and very hung  
hairy chested and tan, 25 yrs, 6'  
at ACTION LINE eyes, 664-9970  
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model, 23 yrs, brn hair, blue eyes,  
5'8 1/2", 145 lbs, great build &  
versatile. ACTION LINE 664-9970  
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NUDE DAVID, once in a great while  
a truly outstanding model becomes  
available, from private work. ACTION  
LINE is proud to offer this 22 yr  
old, blond blue eyed, hunk of man  
6'3" smooth. Call now 664-9970  
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ARE SUPERIOR - BONDED AND  
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BE SURE - BE SAFE - BE SATIS-  
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BEST. MODELS INTERNATIONAL

JAY: A 5-10, 180# Weightlifter  
Brown hair, green eyes, 17" arms  
equipped to match-terrific.  
JEFF: 5-10 150# Dk Brn Hair. A  
terrific young model-endedowed and  
versatile.

JOEY: 5-7 130# BROWN Curly Hair  
Slender build but well equipped  
A brand new model exclusive with  
Models International Cooperative

JON: Another new model-first list-  
ing for this 6-1 162 Latin charmer  
Thickly endowed.

MIKEL: 6' 165# Sandy Hair and  
Hazel eyes. Well endowed-thick.  
Personality plus.

PETER: 6-1 165# blond, green eyes  
tanned, Sophisticated European.  
Versatile-equipped and ready.

ROY: Sophisticated, Personality  
plus. Equipped and experienced to  
guarantee your satisfaction.

THOM: New Model. 6-2 165# Red-  
head hazel eyes, slender build, New  
but willing to satisfy.

JOE, 22 yrs, tall smooth hung  
Italian STUD is in NEW YORK  
this week. Make an appointment  
with this top ACTION LINE model  
call (212) 749-5010 today.

MODELS WANTED, young and un-  
inhibited see our ad under jobs  
or call JAY at 664-9970 for info.

TALL JOHN, there is only one. NO  
other model is this big and this  
HUNG, 21 yr old blond basketball  
player, collegiate and great body  
only at ACTION LINE 664-9970 now  
ANNIVERSARY RATES \$18 an hour

JEFF, 6'2" of solid masculine  
model, rugged, smooth and hung  
thick. 23 yrs, black hair, blue  
eyes, great Florida tan, excep-  
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COWBOY tall slim attractive  
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NEED A MODEL? Come to Leel  
Get the best for less! Attractive,  
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Goodlooking! Avail. Eves & Wknds.  
independent stud who satisfies  
call for the BEST! Del! 824-5343

LOOKING for a well-hung model?  
Goodlooking, top-notch! Call on  
Ron! Clean-cut, vers. masc., 824-  
5343. eyes & wknds. Dependable.

MODELS needed for nude films.  
Girls or girls w/boys. Clean-cut  
models only. 474-8882, 431-5550.  
San Francisco, Calif.

MALE 24 6 ft 175 lbs will mdl  
for females or couples 325-1048

MODEL - - - - - 415-771-3273

ROD, personable new model, lean  
smooth, handsome, well-hung,  
vers. 5'11" 145 MA 6-0167

YOUR MALE MODEL 552-1977

MODEL MALE 25 6'2" 183  
843-6126

ANYTING ANYPLACE Bi-Male  
stud model athletic, muscular bod.  
yng. good looks, really hung and  
versatile.. 474-9498

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6-0649

CHUCK 23 masc. smooth  
vers. 552-3903

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# MORE ADA DADA PEOPLE

**BUTCH, 30, 150 5-11, very good looking, semi-muscular, creative in arts, hard working, & dependable male seeks same 21-35 who is tall & hung, for perm, friend, send phone & pic, is avail, serious only. WRITE TO Mike Trevor; c/o Halfway; 2154 Market St; San Francisco, Calif. 94114.**

**ATTRACTIVE couple to meet young man must have good appearance, and good build no others please phr a must PO BOX 16366 S.F. 94116.**

**PROFESSIONAL MAN 40 WISHES TO MEET WOMAN WHO ENJOYS FRENCH LOVE, Day or Evenings Discrete, Box 9451 San Jose.**

**WANTED MARRIED WOMEN FOR Day Time Fun by Sterile Married man utmost discretion. PO BOX 2374 Castro Valley.**

**ASTRO-DATING**  
We match you according to your astrological sign. Send \$5 with birthdate, name address & phone no. to: FIFTH HOUSE PO BOX 9311, Berkeley, Calif. 94709

**WITCHCRAFT-A DOCUMENTARY** being filmed. Knowledgeable interested persons please call 647-6618

**MAN, 35, straight, believes in sincerity, thoughtfulness, concern, sentiment, affection; not just sex. Seeks woman with same feelings. Lee Moss, 360 So. 2 St., San Jose, CA, 95113**

**BI-SEXUAL slave-dog coming to S.F. & L.A. SOON LOOKING FOR DOMINANT MASTER WRITE David 161-E 28, St. NY, NY 10016**

**COUPLES**  
Air out your problems about swinging and meet other couples with similar interests, background, and attitudes. For individual or group counseling, groups, and for couple referrals-service. Call THE MODERN SEX INSTITUTE, 346-4552 4-10 p.m. Tues. - Fri 1-5 p.m. Sat.

**WANT A SLAVE?**  
Young w/m slave seeks women couples, or groups to help me to serve. Digs bondage, humiliation or? Will DO ANYTHING you desire. PLEASE WRITE BOX Holder Box 67362 Century City Station Los Angeles 90067

**THE SCREENING room** needs models, girls & couples, for erotic film work. Pleasant work in a positive & creative atmosphere. Good pay. 673-3384 any time or 220 Jones St., S.F.

**INSTANT relief & release to any female. Nothing to buy. No visit necessary. 285-5830 S.F.**

**SWINGING GAL Partner** Wanted By San Jose Man - 39, 272-0384.

**GAY? Try our set of 6 3 1/2x5" male nude pix. you WON'T be disappointed! ONLY \$5! Xerox sample \$1. Box 5983-C San Jose Ca.**

**THE MODERN SEX INSTITUTE** is a new, expert sexual counseling service offering group encounters to revitalize your sex life, classes in new sexual techniques to help overcome frigidity, impotence and other major sex hangups, individual counseling with trained male or female counselors to help you enjoy your sex life to meet people with similar interests and attitudes in a relaxed, comfortable atmosphere. At MSI we say: If you dig it, do it, but do it the right way - without hangups, guilt, or frustrations. Call MSI, THE GATEWAY TO SEXUAL HEAVEN, 346-4552 4-10pm, Tues-Fri 1-5 pm, Sat.

**YOUNG MALE STUDENT 21** good-looking slender seeks well-built sincere same. Write Dave Edwards General Delivery Walnut Creek Photo apprec.

**MISS ADVENTURE! Lonely? Me too. Ea nyt also levs I les to liv & luv. Hip? Playful? Dis-playful? Rap? 621-6513 SF Roy**

**RAPUNZEL**  
TALL, PERSONABLE PROF, M seeks attractive F, any nationality, under 35, with L-O-N-G long hair. phone 323-3220 evenings.

**YNG. MAN DESIRES SAME IN SACRAMENTO** - Davis area for companionship. Write P.O. BOX 4792 San Francisco 94101.

**!!!GAY NUDIST CAMP!!!**  
private club - sun and fun loving guys only, for map and info, send \$1.00 to cover costs and postage. to The Blue Angel, 1001 Pine #1208 S.F. CA, 94108 S.F. PHONE INFO, 775-4882

**SUBMISSIVE MALE** would like to meet dominant female(s) who need to express themselves. Any age, photo, phone #, explicit letter. POB 209 Modesto, Cal.

**INTELL.** but inexper. GRAD STUDENT, 25, with wheels and apt., desires healthy discreet attractive GIRL, 20-27 5'6" or above for intimate dates, fun & sex MUST BE EXPERIENCED passionate, gentle. Am considerate kind, and eager to satisfy I'm white, str. and prefer same. NO MARRIAGE, NO MEN CALL DICK at 845-0267 eves.

**CPL, GIRL only, True Love, 568-5349 Ex. 6162 Oakland Ca 94603**

**MALE 24 NEW TO AREA WOULD LIKE TO GET IN WITH SWINGING GROUP, 325-1048**

**CAL student weight-lifter-wrestler** would like to meet well-built butch guys. Send picture to Box 1166 Berkeley.

**BAY AREA SWINGERS** - There are 20,000 swingers in the Bay Area why not contact some today send a self-addressed stamped envelope to Modern Day Swingers Club, Box 322 Fremont Ca 94537

**COUPLES YOUNG AND AWARE** seek bi girls and couples only send photo and phone to Box 92 Newark Ca.

**CONTACTS WANTED FOR BIZARRE SM Bond Experiments ETC. M or F. Mature People.** Will Arrange Meeting Write Box 5137 Fresno, Cal.

**SHARP VIRILE Seeks Same, 27, 37, Orinda, Married OK, Del Norte 100 Box 2791, San Raphael, 94902**

**EURASIAN GENTLEMAN - 40 - Married, attr., wishes to meet married or single women up to 50 for fun, sex, and total satisfaction. PO Box 960, Berkeley, CA**

**YOUNG GIRL OR YOUNG LADY** For Occasional Dates with Mature Man, Very Discreet Paul Gill 322-A Guerrero St. S.F. 94103 Calif.

**GIRL TO MEET GAY SAME FOR FRIENDSHIP AND LET'S RAP. LIFE IS BEAUTIFUL, BOX 1641 San Bruno Cal.**

**SWINGERS:** Contact other sincere swingers in Bay Area and So. Calif. Mail self addressed stamped envelope to C.G. P.O. Box 744 Encino, Calif. 91316

**YOU, MY FRIEND, ARE ALONE, BECAUSE . . .** Warm, gd-lyng guy, 22, gentle but masc, with wide arts background would like to meet same in Bkly area. Write at length POB 9215 Bkly 94709

**GOOD LOOKING guy, interested in photography, nudism & other wild scenes. Would like to hear from and meet other imaginative groovy guys with similar interests. Incl. photo if possible. P.O. Box 26733, San Francisco 94126.**

**SECRET ADDRESS**  
Place & answer Barb ed's our address! Be ANONYMOUS with pen name \$3/month. Discreet-reliable. \*FREE details \*MAILWAY Box 9037B3 San Jose CA 95117

**THINKING OF PLACING AN AD IN THE BAR?** Will handle everything for you by phone: 863-1448 Mon thru Fri.

**PROFESSIONAL MAN 45-Looks 35, seeks Girl 21-35 for Friendship or marriage interests. Sport-Psychology - Travel. Willing to Put Girl thru College. Please No Swingers. C. Bowman c/o Darling Bradley Court, Box 3606 Rt. 1, Ridgecrest, Calif., 93555**

**TALL ATT ENG 38 SKS ATT GAL** to 38 for sincere relationship and swinging times with fun group. Correspondence first to determine compatibility if des discr ass photo phone Box 9291 S.J. 95117

**YOUNG MAN 26, PRESENTABLE,** Eager to improve his English, serious and aware wants to meet a kind patient American woman. Object friendship and matrimony. 776-9167. Weekend and after midnight best, but try anytime.

**CHICKS NEW TO AREA CALL** ABORIGINE FOR A SAMPLE OF THE SCENE BY WHEELS OR SAIL 321-9359

**GOODLOOKING MALE 24 IS SO LONELY HE COULD CRY.** Would like to meet females for sex & friendship Call Jerry 325-1048.

**ORE. COMMUNAL, ED. PROJ.** Eugene, handsome mad philosopher, needs companions, to end 28 yrs. of isolation, think Bi-girls, might, understand, better. "M" 200, N. Jefferson 97402

**SWINGERS** let us help you contact swingers near you. Put a spark in your love life. Mail self addressed stamped envelope to Western Swingers, Box 181, Pleasanton Calif.

**WANTED CHICKS: TWO GUYS** have fantastic mountain cabin on River and need company - we will supply food and you cook call 209-962-7234 Between 7:30-9:00

**ATTRAC. LADIES TO 50** call 378-6449 single male no men.

**MALE 30's** wants to meet attrac. FEMINE WOMEN 25 to 50 call 378-6449 Anytime no men.

**SUBMISSIVE MALE** looking for dominant female 441-7729 SF.

**COUPLE - M, 26, F, 18, Clean Cut** to meet other couples, Box 2015 SF

**NEGRO MALE 38 Masc. average** looks intelligent new to SF seeks friends 30(s)-50(s) sincere replies only 775-6740

**MALE SEEKS FEMALES AND SWINGING COUPLES - 992-2069**

**HOUSEBOY WANTED BY MAN** NIGHTS AND WEEKENDS 524-2161 NIGHTS

**COUPLE NEW TO SWINGING** WISH TO MEET OTHER COUPLES, M33, F30 NOT BL, POB 442 Pinole

**MAD AT THE WORLD? READ** about Horseshit Magazine's biting, kicking, unwilling readers in our display ad. Join the crew!

**MAN, educ, sincere, active, aware, UNDERSTANDS & HAS COMPASSION** for ways of a woman. Wish to meet woman who can see beauty in tenderness & affection, Box 622 San Jose Ca. 95106

**CPL M28 F25 SEEK COMMUNAL MARRIAGE** Al, June 707-542-8881

**ATTRACTIVE BI COUPLE (M27, F23)** with many intellectual, aesthetic, and zen interests wish to meet bi or straight couples, bi girls, and bi men, hopefully for lasting friendship. As an experiment we want to meet only college grads, students, or hippies; but above all we desire real communication. Men should be neither aggressive nor effeminate. PO Box 933, Los Altos, Calif.

**IF SINCERE SENSITIVE SENTIMENTAL LONELY, SO AM I, NOT MUCH TO OFFER BUT TRY TO UNDERSTAND PROBLEMS MALE FORTY SO FEMALES PLS ANS NOT USUAL SEX AD, J HARRIS BX 8224, OAKLAND**

**GUY INTERESTED IN MEETING** straight guys who are horny, slender and wear levis will treat it right. 775-2197

**ATTR. COUPLE M 35/F 26 WISH TO MEET BI-GIRLS/COUPLES** MUST BE OVER 21 UNDER 35 Attr only, Call 6-10 pm 378-7795

**LIBERAL MINDED FEMALE** wanted by good looking 24 yr old man 2331 Blake 841-5870.

**YNG CPLE WILL model film or still, we travel, 707-542-8881.**

**TO BEAUTIFUL GIRL IN BLUE** COAT, WINE DRESS AND RING WITH 2 CHARMS RIDING F BUS, SF BOUND BET. 9-10 am MON. 9/22 I LOVE YOU, 549-3542 aft 11pm

**3 GROOVY GUYS WISH MEET** SAME FOR FUN AND GAYMES 587-5905 betw 6-9 pm

**ATTRACTIVE MALE 35, SEEKS NEW AND YOUNGER MASCULINE FRIENDSHIPS, 25 to 32, SINGLE OR MARRIED, NO CHAIN OR LEATHER TYPES, CALL SAN MATEO 347-0335.**

**MALE 23 SEEKS BI FEM.** S. Rosa Area, Call 542-3379 after 5:00 p.m. Any age! Jim!

**YOUNG UNATCH MAN, attr plus & intel, wants relationship with attr, amorous girl. 843-2427**

**GIRLS - DISSATISFIED,** frustrated - need sincere loving want considerate, experienced, stud call CHARLIE 537-8521

**COUPLE ATTR. MID 30's S meet** attr. swinging couple under 40 have wife at phone 758-3468

**SLAVE WANTS MASTER** Butch guy will serve any good looking stud. Rod Reeves 322A Guerrero, San Francisco 94103

**Now When You Fall Off A King** Size Bed It's Got To Be Wild. Says The Friendly Old Frenchman At: LE SALON The Supermarket of Risque Books Open 7 Days 9 a.m. till midnight 1118 Polk St, S.F. 673-4492

**SACRAMENTO COUPLE, Happily** Married, but curious. Wish to meet Girl, Couple for friendship. fun. Box 8607, Sac, 95822

**DISCREET ORIENTAL male** seek discreet liberal-minded female for date or sex. PO BOX 26185 S.F. 94126 (see message)

**EX-DRUG USER, CHRISTIAN, 19,** Gentle, Male, wishes to meet female of same who loves Jesus Christ. Call or write Frank 5309 Proctor Rd, Castro Valley Calif. 581-0790 or 581-5352

**YOUNG attractive guys** wanted for sensitive artistic photo studies of the male nude. 647-6618

**EROTIC COUPLES - SWINGERS** Wkly RENDEZVOUS/where-when to swing, 621-6512 Joy 6-9pm

**LONELY DISCREET EMPLOYED** Virgo Caucasian guy would like to correspond with other sincere employed butch-type guy to 35 yrs - PO Box 4386 San Fran 94101.

**FEM ATR 21 5' 6 1/2" 35-25-** 36 AUBURN DESIRES TO BE MISTRESS TO GENTLEMAN 45 UP ONLY MUST SHOW SINCERE enjoy shows dinner shopping amPRES AT HOME REPLY FULL DETAILS FIRST LETTER TO CYNTHA 2154 MARKET ST, SF

**SAN JOSE AREA man** desires to contact female who would enjoy occasional daytime meetings for her satisfaction in the French manner. Gentle and discreet. Drop me a note giving date and place for get acquainted lunch P.O. Box 1527 San Jose

**DATE CLUB** for mature swingers. GIRLS FREE FEE FOR MEN and couples. Call OR 3-5569 S.F.

**ORAL EXPERT WHITE MALE** 6 ft 200 # 35 SUBMISSIVE SEEKS VERY AGGRESSIVE MALES ANY RACE UNDER 30, AM VERY RECEPTIVE TO NEW IDEAS. MUCH EXPERIENCE IN SATISFYING UNUSUAL REQUESTS. MASOCHISM EXPERIENCE NEW TO ME. ROUGH HANDLING TALK AND SOME TYPES OF EQUIPMENT OK. STRONG DESIRE TO EXPERIMENT, WITH DOMINANT TYPES, AND I HAVE GREAT ENDURANCE. AVAILABLE ANY-TIME UNTIL VACATION EXPIRES. NO PHONE FREAKS BEGINNING SADISTS MAY USE ME TO PRACTICE AND PERFECT THEIR ROUTINE. CALL RON - 981-0882.

**I NEED A WOMEN WHO ADDRES** FRENCH LOVE call SAM 771-1475

**ADVENTURE INTO PEOPLE!** Casalya: a non-profit organization, established to increase awareness & appreciation between people & of oneself. 4 hour seminars, which include a supper are offered regularly in S.F. (Union St.) 548-1686.

**TALL DISCREET PROF MALE 40** seeks interesting swinging chick. help break monotony of my 3 yr straight environment P.O. BOX 1942 OAKLAND.

**TWO MALE COL. STUDENTS** seek two females, any race, any appearance, for sex & fun. We will travel. NO MEN! Write Mac POB 8865 Stockton Ca. 95204

**DO YOU DIG TATTOOS? I DO!** IF YOUR ANSWER IS YES, PLEASE write me sincere BOSTON MALE 23, seeks correspondence with girl interested in the noble art. Decorated preferred (but not required). Males also welcome to write I guarantee both digression and an answer to all who write P.O. Box 252 Essex Station, BOSTON, MASS, 02112

**TALL, ATTRACTIVE, divorcee,** professional woman, 41, wishes to meet TALL, affluent, single man, 40 to 55, of professional or executive status only who enjoys music, theatre, travel, walks at the ocean, freight and an affectionate, warm companion. Meaningful, sincere relationship desired. Write S.H. Halfway, 2154 Market St., San Francisco CA 94114.

**GROOVY male executive,** married to non-swinger, desires female companion, preferably married, for adventuring. Box 5, 1927 Hayes, S.F. 94117

**INSTANT CASH FOR CHICKS** ADAMS Inc. pays \$50 cash to nude models for 5 hours of work! MUST BE 18 OR OVER & CLEAN NO EXPERIENCE NECESSARY. Legit Work. Steady job for nice-friendly chicks possible. If you need bread and are not ashamed of total nudity apply at 636 Presidio Ave., S.F. between Bush & Pine across from Fire House. Noon to 6 p.m. FRIDAYS AND SATURDAYS ONLY. Call 921-0613 for details. If no ans, call again.

**DREAM BOAT, where are you?** Prof or ex-male in 30's or 40's for attr intel fem PO Box 63 Oakland

**GOOD LOOKING YOUNG MALE** models wanted Send photo, will be returned Box 1313 San Mateo

**YNG MAN, 25, Coll Grad, gd job,** white, would like to meet girl for dates, friendship POB 2015 SF

**GAY SO ARE WE, all 200 of us** Why look for your own date We are available. Lovely intelligent feminine, independent responsible lesbians who would love to be involved. APHRODITE CIRCLE will find you that certain someone. Send \$2 and posted envelope We will send you your hang up PO BOX 5886 San Fran 94101

**MORE 2 DOTS MEANS FREE!**

**cenedromo**

## Art Berkeley

**●●PAINTINGS:** Photography, Sutchery, Brickwall Gallery, 1652 Shattuck, to Oct. 4.

**●●WOODCUTS:** Nicolas Stavroulakis, thru Oct. 29, 11 Russell, Judah L. Magnes Museum

**●●CHILDREN'S Art,** West & Main Branches, Berkeley Pub. Lib.

**●●"Inside the Moon":** total environment of illumination, thru Oct. 12, 1275 Walnut St., Berk.

**●●ARTS & CRAFTS COOP,** Photographs by Josepha Haveman, 1652 Shattuck,

**●●PAINTINGS:** Joyce Wade, thru Fri, 2921 College, Berk.

## San Francisco

**●●PHOTOGRAPH** shows, The Flea Market, more, Thru Oct. 11, M.H. De Young Museum, C.G. Park.

**●●Chinese Jade,** thru Nov. 16, Mayan Monument Rubbings Thru No. 2, Etchings by Rembrandt Van Rijn, thru Nov. 23, Prints by Robert Bechtel, thru Nov. 2, Calif. Palace of the Legion of Honor.

**●●S.F. MUSEUM OF ART:** Paintings, Jean Dubuffet, thru October 12 Prints by Werner Graeff, thru Oct. 19, more.

**●●FABRICS** and figures of southern Mexico, through Sat, 2721 Hyde St.,

## Elsewhere

**●●PAINTINGS:** Historic & Contemporary, sculpture, photography, 21 12th St., Oakland.

**●●PAINTINGS:** "More Metaphysical Claptrap", Philip Hocking, Thru Oct. 10, S283 B'way, Oakland.

**●●Pre-Columbian and Oriental** Objects from the Boden Collection, Thru Nov. 5, Mills College, Oak.

**●●"The Return of Abstract Expressionism",** thru Nov. 2, Richmond Art Center, Civic Center Plaza.

**●●ARTISTS** from the Arleigh Gallery, thru Oct. 13; From the Graphics Gallery coll., thru Oct., tenth and Fallon Sts., Oak.

**●●PHOTOGRAPHS:** Ed Buryn, thru Oct. Brook's, 10052 San Pablo, El Cerrito



NOTE: SCENEDROME FINAL DEADLINE TUESDAY NOON PLEASE INCLUDE DESCRIPTION, TIME PRICE & PHONE NUMBER FOR INFO

Please send Scenedrome material to: The New University P.O. Box 2098 Oakland, Calif. 94604



# Fri.

OCTOBER 3

- DANCE: Greek dances with Ted Sofos, 8:30 pm 225 Valencia SF, Serbian Hall, \$1.50, 647-7434, bring wine or?
- CONCERT: ABSKHY & Commander Cody, New Orleans House, 1505 San Pablo, 525-2221.
- CONCERT: Faun, Alice Stuart, Paul Arnoldi, Lion's Share, 60 Redhill Ave, San Anselmo, 4549856
- FILM: Eisenstein's Strike, SF State, HLL 130, Spans YSA, 789-45 626-9958, \$1.25
- CONCERT: Faith Petric, folk music, Cedar Bonita Coffee House, 1606 Bonita, Berk, 8:30, 502.
- CONCERT: Ace of Cups, Mendelbaum, Matrix, 3138 Fillmore, SF 567-0118
- FILMS: A Day in the Country, and "America, America," Northside Theatre, 841-2648, 1828 Euclid
- CONCERT: Richard Green, Mitch Greenhill, Mayne Smith, fiddlin' & String innovations, Freight & Salvage, 548-1761, \$1.50.
- CONCERT/DANCE: Ike & Tina Turner & their Review, at the Showcase, 3228 Telegraph, 9-2, 654-4221
- SF OPERA: Beethoven's "Fidelio", in German, SF Opera House, 8 pm.
- AUDIUM: Electronic music, concepts in sound and space, 309 4th Ave, SF, 8:30 & 10:45 pm.
- BALLET: Oakland Ballet, "Scar-amouche", "1001 Swings on a Bar-room Door", Swan Lake, 1426 Alice St., Oak., 8:30 pm.
- CONCERT/DANCE: John Sebastian, Blues Image, Crosby, Stills, Nash & Young, Winterland Ball Room.
- CONCERT: Purple Earthquake, Babylon, 2504 San Pablo, 549-2195
- CONCERT: Charlie Mussel White & Congress of Wonders, Kaleidoscope 8:30; Lights by Heavy Water \$2.50, The Family Dog on the Great Highway.
- CONCERT: Electronic music, concepts in sound and space, 309 Fourth Ave., 8:30 & 10:45 pm.
- EVENT: Disorientation Week! "More Tribal Follies" Dance Free! Good bands Berkeley High School.

- COFFEE HOUSE: Pegge Piper, Haste & College, Free Teton Tea. Please bring fruit, 549-3739.

# Sun.

OCTOBER 5

- CONCERT: Entertainer's night, Lion's Share, 60 Red Hill Ave, San Anselmo, 545-9856
- FILMS: "A Day in the Country," "America, America," see Fri.
- CONCERT: Commander Cody, Country Rock, Freight & Salvage, 548-1761
- CONCERT/DANCE: Ike & Tina Turner & their Review, The Showcase, see Fri.
- CONCERT: Peace, Bread, & Land Band, At Babylon, San Pablo & Dwight, 9 pm, Don.
- FILMS: Benedek's "The Wild one", Anger's "Scorpio Rising", 6, 8, 10pm 155 Dwinelle, UC, stu. \$1.25, 150 gen.
- CONCERT: Free Jazz, Soul Smorgie \$2.50 per, Red Lion, 1832 Euclid, Berk., 548-1823.
- DANCE: Lecture-demonstration of African & Afro-American Dance 5:30 pm.
- EVENT: Theives Market, 8am-6pm, Island Drive-In Movie, Alameda, over 600 merchants.
- CONCERT: Peace, Bread & Land Band, Babylon, 2504 San Pablo, 549-2195
- DRESSMAKING: Pattern Drafting, perfect fit, aid to dress design, 8pm, \$1.50 per meeting, 527-1243.
- THEIVES' MARKET: Island Drive in Movie, Alameda. 600 merchants, 8-6 pm.
- CONCERT: Charlie Mussel White & Congress of Wonders, see Fri.
- EVENT: Community Fair; Lower Sproul Plaza, 12:00-7:00
- CONCERT: The Fourth Way & Jeffery Cain, \$1, New Orleans House 1505 San Pablo, 525-2221

# Mon.

OCTOBER 6

- CONCERT: by the Center for Contemporary Music, Mills College Concert Hall.
- Films: Open Screening - Film makers bring films and/or projectors. 40 Gough St., S.F. 8 P.M. 526-7285
- SHUM: The Language of meditation 6:00pm, McKinley School.
- BAZAAR: Clothes, jewelry, arts, quilts, etc., Ghetos Inc., 940 Dwight Way, 1pm, 548-2121.
- DANCING: Dancing & Chanting followed by ten course feasts of Krishna's Vegetarian Foodstuffs. Hare Krishna temple, 518 Frederick St., SF, 4 pm, donation
- EVENT: Emotion - Gap ZAP, unique group experience, communication in total darkness 861-2443, SF, call between 12-6 pm.
- DANCE: & Record Party, Greek Dances with Phillip Lucs, see Fri. for details. 8 pm.
- EVENT: Pot Luck Supper, films, raps on Non-Violent Direct Action at "The Health", 6:30pm, Oak & Baker, SF
- TABLA LESSONS: Ali Akbar Khan College Students 8 pm, 179 7th Ave SF \$3 for 2hr lesson. 221-1902
- EVENT: "What's a Nice Kid Like You Doing in a Place Like This?" 7:30 pm, auley Ballroom
- MONDAY NIGHT CLASS - free The Family Dog on the Great Highway.

- FILMS: "A Day in The Country" "America, America," see Fri.
- FILMS: Corman's "The Wild Angel's", Ballie's "Yellow Horse 6, 8, 10pm, 155 Dwinelle, UC, \$1.25, stu, \$1.50 Gen.

# Sat.

OCTOBER 4

- DANCE/CONCERT: Ike & Tina Turner & their Review, see Fri.
- CONCERT: Richard Greene, Mitch Greenhill, Mayne Smith, also Lamb Curry Dinner, Freight & Salvage see Fri.
- FILMS: "A Day in the Country", "America, America", Northside Theatre, 841-2648
- CONCERT: Ace of Cups, Mendelbaum, Matrix, see Fri.
- FILM: Eisenstein's Strike, see Fri.
- CONCERT: Faun, Alice Stuart, Paul Arnoldi, The Lion's Share, see Fri.
- CONCERT: ABSKHY & Commander Cody, New Orleans House, \$2.50, 525-2221
- HOOT: Peace Piper Coffee House, Haste & College, 8:30, Free Teton Tea, 549-3739
- CONCERT: Cleveland Wrecking Co; Newsreel Films, Lights by Laird; Pacific School of Religion, Ridge & Scenic, Berk., 7:30 pm, \$1 don.
- CONCERT/DANCE: John Sebastian, Blues Image, Crosby, Stills, Nash & Young, see Fri.
- CONCERT: The Purple Earthquake, Babylon 2504 San Pablo, 549-2195
- CONCERT: Charlie Mussel White & Congress of Wonders, see Fri.
- DRAMA: "Hair", Geary Theater, SF, 673-6440
- EVENT: Renaissance Pleasure Fair and Ha' Penny Market. Great variety market and funfest, 1000 yds North San Pedro Rd., Marin Co., San Rafael Civic Center exit.
- EVENT: Theives Market, all kinds goodies, 600 plus merchants, Island Drive Inn movie, Alameda.
- UNIFIED FAMILY: Discussion, see Tues.

# Tues. Fri.

OCTOBER 7 OCTOBER 10

- CONCERT: "Marrah", Babylon 2504 San Pablo, 549-2195
- FILMS: "A Day in the Country", "America, America", Northside Theatre, 841-2648
- CONCERT: Hoot, Freight-& Salvage, 548-1761, 502.
- HOLY MAN JAM: Family Dog on the Great Highway, \$1
- CLASS: Ceramics, Wheel & Hand-Built Technique, James Kenney Park, 6 to 9 P.M., 524-0684, \$3.00 semester.
- DANCE: & Record party, Balkan dances with Stan Issacs, 3 pm, see Fri. for details.
- EMOTION-GAP ZAP: see Sun.
- SITAR LESSONS: Ali Akbar Khan College Students. 8 pm 179 7th Ave SF \$3 for 2 hr lesson. 221-1902
- CLASS: Ceramics, Hand Built & Kickwheel, James Kenney Park, 8th & Del., Berk. 524-0648 to Dec. 5
- FILM MAKING & Photography: 8 Tr Sessions, 6PM, Tele Repertory Cinema, 642-3932.
- THE UNIFIED FAMILY: Free informal Lectures & Discussions, 8:00pm, 2955 Ashby.
- KRISHNAMURTI: A Fresh approach to living, a study in writings, 413 Lily St. #B, SF
- ENDRAMON: Open Senses, relax body tensions, remove blocks, a people science, Reichian Therapist, 843-2357, \$4
- TRANSCENDENTAL Meditation: Maharishi Mahesh Yogi, Pauley Ballroom 8 pm.

- DANCE: & Music Workshop, 10am 622 B'way, \$1 to watch, \$2.50 to do it. Money to the band and Julie. Beautiful Scene.
- ENDRAMON GROUP: Open senses, relax body tensions, remove blocks-a people science, Reichian Therapist, 843-2357, \$4

# Wed.

OCTOBER 8

- ASTROLOGY GUILD: Alexander Hoyer, "An Introduction to Astrology", 7:15 pm, Canterbury Hotel.
- CONCERT: Tom "Pooky" Ralston of the Skiffits Band & friends, Freight & Salvage, 548-1761 \$1
- FILMS: Hidden Fortress, Sanjuro Northside Theatre, 841-2648.
- CONCERT: Big Mama Thornton, with Floating Bridge, New Orleans House, \$2.50 9:30 525-2221
- POETRY: Gary Snyder, Michael McClure, many more, benefit for Ecology Action Educational Institute, Pauley Ballroom, 8:00 pm, \$1. \$2, \$3, \$50, info 548-2220
- SENSORY AWARENESS: Non-Verbal Communication, Meditation, Massage and Movement, 1606 Bonita St., 8 P.M., \$1.50.
- WASH HOUSE: 2-4, evenings, 2630 San Pablo, Free showers, free coffee & clothes 845-9607.
- SENSORY AWARENESS: Group participation, sensory awareness, \$1.50/session, thru Aug., 8pm, 1606 Bonita.
- DANCERS: Fantazia Turkish Belly Dance Group. Weds. 8pm., 2504 San Pablo.
- WELFARE RIGHTS: Group in Haight-Ashbury, 8pm, 409 House, 409 Clayton St., SF, 621-9553.
- DERVISH DANCE: San Anselmo Theological Seminary, 7pm.
- KUNDALINI YOGA: Yogi Bhajan, Perfect Master, at the Intersection, 756 Union St., SF 7 pm.
- HOLY MAN JAM: Family Dog on the Great Highway, \$1.

# Thurs.

OCTOBER 9

- CONCERT: Big Mama Thornton, with Floating Bridge, New Orleans House, 1505 San Pablo, 525-2221
- CONCERT: Larry Hanks & friends folk & stringband, Freight & Salvage, 548-1761.
- ENDRAMON: Open senses, relax body tensions, remove blocks, a people science, Reichian Therapist, 843-2357 6-8 pm weekdays.
- CONCERT: Jim & Date, Babylon 2504 San Pablo, 549-2195.
- PARTY/DANCE/CONCERT: Santana, Cold Blood, Country Weather, Cal State Hayward Gym, Jackson St. off Nimitz in Hayward, \$3.50, Lights by Deadly Nightshade, 387-6919
- CONCERT: Congress of Wonders, Victoria, The Lion's Share, 60 Redhill Ave, San Anselmo 454-9856
- RESISTANCE: Extravaganza, with Dan Stegal, ASUC Pres, Pauley Ballroom, UC, 8:30 pm
- EVENT: Open House, Sexual Freedom Art House, 8 pm, 920 Union, 654-0316 \$1.
- FILM: Marcel Carne's "Children of Paradise", Lincoln School, Aud, 225 11th St., Oak., 8 pm.
- ENDRAMON GROUP: Outasight See Sept. 30
- HOLY MAN JAM: Family Dog on the Great Highway, \$1.
- YOGA: Postures and meditation with dancer 6 pm, Jewish Comm. Ctr., 3200 Calif. St.
- CONCERT: Electronic music concepts in sound and space, 309 Fourth Ave., 8:30 & 10:45 pm.

- CONCERT: Vern & Ray, Bluegrass, Freight & Salvage, \$1.50 548-1761
- EVENT: Sensory Awareness, followed by Rock Dancing, Cedar Bonita Coffee House, 1606 Bonita, 8:30 502.
- FILMS: Hidden Fortress, Sanjuro, Northside Theatre, 841-2648.
- CONCERT: Big Mama Thornton, with Floating Bridge, New Orleans House, 1505 San Pablo, 525-2221
- DANCE: "Ice", Sacred Heart High, 1075 Ellis, SF, 8:00, \$2.
- FILMS: (Rare), by Sergei Eisenstein, Maya Eren, Rene Clair, Franz Legar, Peter Weiss., Nocturnal Dream Shows, Columbus & Powell, 861-4396
- EVENT: Disorientation Festival, Lazarus, Orion, Backwater Rising, Wilderness, Lights-Crow Lights, Berk, HS Courtyard, Allston & Milvia, 351-4859, 7-12 pm.

- BERKELEY DRAFT INFO COMMITTEE: 843-4509.
- PEACE VIGIL: Port Chicago, daily 3:30 to 5pm. Info call 626-8436.
- LIBERTY HOUSE: Non-profit Bay area outlet for Poor People's Craft Co-Operatives, 1886 Shattuck, Berk.
- OPEN HOUSE: Draft counselling, cottage industries, group discussions, etc., 409 Clayton St., SF 621-9553.
- WELFARE RIGHTS GROUP IN HAIGHT-ASHBURY: Four-O-Nine House, 404 Clayton St., SF, 6pm, 621-9553
- DISCUSSION: Open House, draft counselling, Cottage industries, group discussion, etc. Four-O-Nine House, 409 Clayton St., SF, Mon-Sat, 3-10pm, 621-9553.
- MUSIC & CONVERSATION: Drink beer, cider or coffee, and exchange ideas, play chess, ODYSSEY, 2033 San Pablo, Berk. open 8-2 nightly.
- THERAPY: Sexual therapy for individuals or couples, sexual encounter groups, etc. Modern Sex Institute, SF., phone for appointment, 346-4552 M-F.
- FREEDOM: Zen Sessions with Master, 221-0368.
- DANCING: Religious dancing, 910 Railroad Ave., Novato, f-8pm 621-0553.
- HUNG UP? Strung out? Brung down? Rap our heads off at "The Pressure" - voluntary clinic -- no place to come in, stay. Confidential, individual and group conferences, 1750 O'Farrell, SF. M-F 9-5, 346-4711.
- DANCING: Dancing and music nightly, no minors. Monkey's Paw, 65th and San Pablo. Info 654-9881.
- RAPING: Nightly until 3am. Snacks, rapping, general hanging out. The Fireside, 1453 Dwight, Berk.

- DANCE: modern Dance, YWCA, 8 sessions, \$8, plus \$5 YWCA membership, 775-6500 Friday 6:15 pm and 7:15pm.
- BODY AWARENESS: YWCA, SF, Fri. 7:45-8:30pm, 8 sessions for \$10 plus \$5 YWCA membership, 775-6500 SF.
- FRECHTY YOUNG: In S.F. learn/teach, \$5 registration, office open 7-9 pm daily, 449 Turk St., 474-4747
- CERAMICS: Handbuilt and Kickwheel, to Dec. 5, James Kenney Park 8th & Del. 524-0684, \$3
- GOLDEN GATE FREE UNIVERSITY: Learning without grades, Exams, or degrees, Languages, Philosophies, Sciences, Arts, Crafts, Etc., 431-1870, S.F.
- ZACK THOMPSON'S BLACK LIGHT EXPLOSION COMPANY: new semester Oct. 6, register now, 330 Grove St., S.F. 621-4685
- SF YWCA has over 75 classes in dance, drama, art, cooking, etc. info 775-6500
- PERFORMING ARTS WORKSHOP 1530 Buchanan St., SF, has 19 dance classes for children and adults 931-9228
- BIG BLACK'S: House Party, "The Big Black Trio", 4 shows nightly, from 10 pm \$3.50 346-1093
- SEANCES: Ivan St. John-Dir. of Institute of Psychical Science, MWF 8, 826-7023
- I.D.E.A.S. classes, new idea workshops, parties, etc. for those liking inventing, discussing, meeting others who like games of strategy, skill, perception, etc. 387-5999 or 46035th ave, S.F. for newsletter.
- BERKELEY FILMMAKERS: Open Screenings, 8&16mm films, brings yours, 2219 Oregon, Berk. Tuesday 8 pm.
- DANCE: New Workshop & Co-op performing art, Creative dance, Ethnic Forms, Beg. & Intermed., 6636 Tele, 549-3678, 525-5528
- EXPERIENTIAL GROUPS: A new type of encounter Group with emphasis on creating a climate of trust rather than attack. Explorations Institute, 1711A Grove Berk., 548-1004.
- MEDITATION: Theory & Practice, Eknath Easwaran, M.A., President & Founder Blue Mountain Center of Meditation, 106 Dwinelle Hall, Mon. & Wed, 7:30 - 9:30, Sept 29-Dec. 1, \$37.50.
- STUDY: in the writings of J. Krishnamurti, Tues & Ths 8:00 pm, Sat., 3 pm, League For Social Understanding, 1692 Haight St.
- CALIFORNIA INSTITUTE OF ASIAN STUDIES: Fall Quarter starts Sept. 15, Classes in Japanese, Chinese, Hindi, Bengali, Sanskrit, and Persian, 648-1489, 3494 - 21st St., SF.
- GHETTOS INC: Classes in: Art, Afro-Dancing, Afro-Drumming, Astrology, Black History, Swahili, Drama, electronics. Additional instructors needed 548-2121.
- FOLK DANCE: Instruction & Record Party; Mon-Creek, Phillip Lucks, 8pm; Tues., Balkan, 8pm; Fri., Greek, 8:30pm., Serbian Hall, 225 Valencia, SF., 647-7434, \$1.50
- CALIFORNIA INSTITUTE OF ASIAN STUDIES: Many far-out courses, 3494 - 21st St., SF, 648-1489
- PSYCHIC DEVELOPMENT: Witchcraft - Tarot - Numerology - Readings-Astrology-etc., for information phone 861-5552.
- Dervish Dance: San Anselmo Theological Seminary, Wed., 7pm
- ARTS & CRAFTS CO-OP: Register now. Pre-school workshops, children's drawing classes, adult classes in sculpture, weaving, ceramics & Batik, Knitting, Macramé, Necklaces Design, 1652 Shattuck, 843-2527.
- CRAFTS: Beginning jewelry - working with wire and beads to make earrings, etc., using hand tools, \$5 per class, 527-2906, after 10 am.
- ART: Sketch Classes - Life Models, Materials Included-Painting classes 509 Sansome St., S.F. 781-7147 or 362-2604, \$3/Nite.
- PERSONAL exploration Groups, Stiles Hall, 2400 Bancroft, apply now thru Oct. 10, 841-6013
- DRESSMAKING: all levels, Berk., Adult School, 841-1422, \$3/sem.
- PRIMITIVE Jazz Dance Course, 12 sessions - \$36.50, 330 Grove St., 621-4685 also beginning classes
- WOW: Workshops on Whatever is Art M.H. De Young Museum, Fall 1969, SF.
- DANCE: Technique, creative dance, non-western forms, at New Dance Workshop, 6636 Tele, Oak, 549-3678 848-4556
- ECOLOGICAL Workshop, Stiles Hall 848-3338 School -
- THE BAY HIGH SCHOOL: a new approach to education, 1744 Univ. 845-7998
- DANCE/Movement classes, John Hinkle Clubhouse, 841-0020
- MOVEMENT: Exploration Class, Berk., YMCA, Wed., 5:30-6:30, starts Sept. 24.
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- SINGERS: no auditions, Berk. Comm. Chorus, Mon. & Wed, 7-9:30 To sing Handel & Bach.
- COLLEGE-community Orchestra of Merritt Coll., Audition info 655-6100
- COFFEE HOUSE-office, refreshments, pool, TV, etc., list Baptist Church, Dana & Haste, 848-5838
- COMMITTEE for Homosexual Freedom Meets Sundays 7pm, War Resisters League, 833 Haight, SF 922-0864
- DANCE: Drama Art, Cooking Etc. YWCA at 620 Sutter, 1830 Sutter, & 965 Clay, (75 classes) 775-6500
- ROCK CLIMBING: Also Mountain Travel by Vahan Yazarian, Orientation Mon 7pm, Stiles Hall, 841-6010.
- DANCE: Performing Arts Workshop has 19 classes for children & adults beginning week of Sept. 15, 931-9228 SF.
- JAPANESE Karate Do, 1917 Univ. 841-7893
- SHUM: The Language of meditation Mondays 6:00PM Tues. 4:00 PM McKinley School.

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ACLU, SF office	433-2750
Alcoholics Anonymous	653-4300
American Civil Liberties Union (Bkly)	548-1322
Abortion Communication Center	387-6480
Bkly Fire Dept (Emergency)	845-1710
Berkeley Free Medical Clinic	548-2570
Bkly Health Information & Counseling Service	841-8600
Bkly Police Dept	845-8000
Black Man's Free Clinic, SF	563-7878
Central Committee for Conscientious Objectors	397-6917
Citizens Alert (SF)	776-9669
Costa Costa Suicide Prevention Ans. Ser.	939-3232
Draft Counseling	642-1629
Draft Help (SF)	863-0775
Free Church Switchboard	549-0649
Haight Ashbury Free Clinic	431-1714
Heliotrope	SF 931-1693
	Marin 388-3840
Huckleberry's for Runaways	731-3921
Switchboard of Marin	456-5300
Open 24 hrs, a day	
Mission Switchboard	863-3040
Mobile Help Unit Office	421-9850
Mobile Phone	YL 4-7304
Oakland Opposition Ctr.	535-1564
OR (Free) SF Project, Bail	552-2202
Police Parenthood	554-3212
East Bay	554-3212
Police Conduct Complaint Ctr. (ACLU) M-Th, 8-10pm	548-0921
Pregnancy Test (8:30-4pm)	845-6550
Oakland	654-3212
Quaker Draft Counseling Center	843-9725
Resistance	
1430 Jefferson, Oakland	465-1819
Sexual Freedom League, Inc. (M-F, 6-8 pm)	654-0316
Substance Prevention	
Bkly	849-2212
SF	221-1424
Switchboard	387-3575
War Resisters League	626-6976
West Oakland Legal Switchboard	836-3013



- DANCE: Belly Dancing lessons, weekly, from Zarifa Thurs, 7:30-9:00, \$3-653-0128.
- MODERN DANCE & MODERN ACTING: The Ensemble Studios, 18 classes, 608 Taraval, S.F. 560-9559.
- SEANCES: Ivan St. John - Institute of Psychical Science MWF-8 826-7023
- DRAMA: "Big Black", at the rehearsal Cafe, 2877 California St., S.F. 8:30 nightly, \$3.50

- GESTALT THERAPY: SF Gestalt Therapy Institute, Inc., 2768 Calif St., SF. Continuing varied classes.
- ESALEN: Varied Fall Classes, Sept through December, SF, 431-8771, Box 31389, Big Sur, Calif, 93920, 667-2335.
- DRAMA WORKSHOP: Neighborhood arts Program for 14-18 yr old Hunter's Point Residents, Bayview Library, 5075 Third St.
- CLASS: E.S.P.: Training and Experimental Group, 961 Moraga Rd., Lafayette, Calif. 8 to 10 P.M. 823-2062, \$2.00.
- W.O.W. Workshop on Whatever Art: A Multi-Sensory Interdisciplinary Interaction. M.H. De Young Museum, Oct. 20 - Dec. 19, KL-8-3108.
- CLASS: on new games, game theory, new techniques for inventing games, (brainstorming, hypnosis, Etc., 1st & 3rd, Mondays. Free to I.D.E.A.S or F.C.U. members, others \$1.00 per 387-5999
- CLASSES: I.D.E.A.S., new idea Workshop, parties, etc., for those who like playing, inventing, discussing, meeting others, who like games of strategy, skill, perception, etc., 387-5999 or 460 35th. Ave., S.F.

# Needs

- FREE CITY UNIVERSITY: in S.F. needs instructors/group leaders for fall catalog, 449 Turk St. 474-4747, 7-9 pm also need mimeo, typewriter, office supplies, etc.
- NON-PROFIT Bay Area Outlet for Poor People's Craft Co-operatives, Liberty House, 1886 Shattuck Ave, Berkeley, 845-1882.
- HAIGHT ASHBURY Children's Center: need of funds, school supplies, building materials, 431-3385
- HELIOTROPE is looking for instructors for the Fall season to teach courses, seminars, workshops and group experiences, 931-1693.