



# Tasmania East Coast

5 Days



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ADVENTURE TOURS



# Tasmania East Coast

The East Coast of Tasmania is a mecca for walking. Trek some of its highlights on this 6-day accommodated guided walking tour. From the sprawling aquamarine Wineglass Bay to the mighty heights of Maria Island and the Three Capes Track, this tour will leave you with a fever for hiking in Tasmania.

## Details

Arrive:	Launceston
Depart:	Hobart
Duration:	5 Days
Group Size:	12 guests maximum
Average Age:	55-75
Activity Level:	Moderate to Challenging

## Testimonials

What an amazing 10 days I have just completed with awesome guide Stacey and my fellow hikers. The itinerary was well thought out and demonstrated the diversity Tasmania has to offer. The walks were challenging yet achievable. No chance of going hungry with an abundance of food provided including homemade cakes for morning tea. The accommodation was always comfortable and usually located to include some great views. This is my second trip with Inspiration Outdoors and again they have exceeded my expectations. I totally recommend this trip.

Trip Advisor - Tasmania 2019

Got Questions? Chat with us...



1300 544 882



walk@inspirationoutdoors.com.au

# Highlights



Explore Freycinet Peninsula, including the famous white sandy beach of Wineglass Bay.



Visit Maria Island and see the stunning cliffs along the shoreline. Geologic marvels!



The Three Capes track shows you what makes Tasmania a hikers paradise.

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# What to expect



Come home each day to a hot shower and a comfortable bed, so you get a good night's sleep.



Moderate to challenging walks, with some steep ascents and descents, made easier by carrying only a backpack.



Average Temperature (degrees)  
Spring: 6 min - 19 max  
Summer: 10 min - 23 max  
Autumn: 8 min - 20 max

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# Itinerary

5 days of fantastic walks along Tasmania's East Coast. Includes Wineglass Bay, Maria Island and the Three Capes Track. Comfortable accommodation, all meals.

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## Day 1 ARRIVAL DAY WITH WELCOME DINNER

Arrive at any time during the day and make your way to your first nights stay in Launceston.

We will see you in the lobby of the hotel at 6pm for a tour briefing followed by a 7pm welcome dinner at the hotel restaurant.

**Activity:** Travel day

**Meals:** D

**Accommodation:** Hotel Grand Chancellor, Launceston (or similar)

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## Day 2 WINEGLASS BAY, FREYCINET NATIONAL PARK

The view over Coles Bay toward the Hazard Range and the green-clothed peaks of the Freycinet Peninsula draws us in to this iconic national park.

Enjoy a gorgeous 11.5km circuit walk, which starts with a moderate climb on a well-formed path up and over a small saddle, then descends to the white sandy beach of Wineglass Bay. We follow the path across the isthmus to the more exposed Hazards Beach on the western side of the isthmus, then the track continues through coastal woodland and heathland around Mt Mayson (this part can seem to take longer than it should) before arriving back at the carpark.

After our walk, and perhaps a cool but refreshing swim, we head to Swansea, our home for the evening.

**Activity:** Wineglass Bay and the Hazards Loop walk

**Meals:** B, L, D

**Accommodation:** Swansea Motor Inn (or similar)

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## Day 3

### MARIA ISLAND

A quick ferry ride and we alight at the beautiful Maria Island. An island steeped in interesting Tasmanian Aboriginal and post-Settlement history, there is lots to explore for the day. Visit the Fossil Cliffs, an old limestone quarry with fossils of ancient sea creatures embedded within the rock; and the Painted Cliffs, formed from Triassic sandstone that show-cases spectacular colouration from seeping groundwater and fantastic shapes sculpted by often fierce salt-laden winds.

Another landmark is Darlington township, with it's fascinating re-inventions, including starting life as a penal colony before a new owner tried their hand at silk and cement production, finally being reserved as a wildlife sanctuary, which continues today.

Throughout the day, observe the numerous forester kangaroos, Cape Barren geese and the adorable waddling wombats from Flinders Island, whilst walking through various plant communities including dry sclerophyll Eucalypt woodlands, and cleared grasslands. After our ferry trip back to the mainland we'll head south to the historic town of Port Arthur and our accommodation for the next two evenings.

**Activity:** Fossil and Painted Cliffs

**Meals:** B, L, D

**Accommodation:** Port Arthur Motor Inn or Fox & Hounds Inn, Tasman Peninsula (or similar)

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## Day 4

### CAPE RAOUL, TASMAN PENINSULA

Today we will explore the one of the capes on the famous Three Cape Track, after a short drive from Port Arthur.

Our walk today starts off inland where we get to enjoy some beautiful heath country. As we come closer to the coastline the bush opens up and we get some of our first glimpses of the absolutely spectacular dolerite cliffs of the Tasman National Park. If we're lucky we may encounter some of those intense winds the capes are famous for.

Eventually the trail starts heading east along the cliff tops and we descend onto the Cape Raoul plateau. Here we are rewarded with coastal banksia scrub and the odd glimpses of the northern coastline and the impressive 300m high cliffs of Cape Pillar in the distance. Once we've had plenty of time taking in all the beautiful scenery at the end of Cape Raoul we make our way back the same way to the bus. From the end of the walk it is a short drive back to Port Arthur for our final night together.

**Activity:** Cape Raoul walk

**Meals:** B, L, D

**Accommodation:** Port Arthur Motor Inn or Fox & Hounds Inn, Tasman Peninsula (or similar)

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## Day 5

### CAPE HAUY, TASMAN PENINSULA

Our last walk for the tour, part of the Three Capes Track, is challenging and spectacular. With over 4,000 steps to navigate, there are plenty of ups and downs, and therefore absolutely incredible views to marvel at. As we walk along Cape Hauy, the promontory narrows and the views get better and better, and there is a chance to see spectacular rock formations such as The Candlestick and the Totem Pole. Massive dolerite cliffs descend vertically into the ocean on either side, making this an exciting walk to finish on.

In the early afternoon it's a ~1.5hr drive back to Hobart, arriving late afternoon.

**Activity:** Cape Hauy return

**Meals:** B, L

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# Departure Dates

22 Sep 2023	-	26 Sep 2023
27 Sep 2023	-	01 Oct 2023
18 Oct 2023	-	22 Oct 2023
02 Nov 2023	-	06 Nov 2023
08 Nov 2023	-	12 Nov 2023
22 Nov 2023	-	26 Nov 2023
23 Nov 2023	-	27 Nov 2023
06 Dec 2023	-	10 Dec 2023

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# Pricing

2023

\$2,399 Per Person

\$350 Deposit

Optional Extras

\$360 Single Supplement

## Inclusions

- Clean and comfortable accommodation
- All meals included
- Healthy breakfasts and lunches catered by your guides
- Dinners at local eateries and restaurants
- Two qualified tour guides
- Comfortable bus

## Exclusions

- Transfers between airport and first night's accommodation
- Any additional optional activities
- Flights not included

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# Ready to book?

Your next adventure is two steps away...

Jump onto our website [www.inspirationoutdoors.com.au](http://www.inspirationoutdoors.com.au), find your tour in the menu and click on the orange button in the top right hand corner that states, 'CheckAvailability/Book Now' alternatively call us on 08 6219 5164 (international calls dial +618 62195164) or email us at [walk@inspirationoutdoors.com.au](mailto:walk@inspirationoutdoors.com.au).

Pay a \$350pp deposit to secure your booking (full payment is required six weeks prior to departure or at time of booking if booking within six weeks).

## Cancellation Policy

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- 85 days or more, you will be refunded all monies paid, less a \$50 administration fee.
- 42 to 84 days prior to departure, you will lose your deposit
- 28 to 41 days: 25% of full tour cost
- 14 to 27 days: 50% of full tour cost
- less than 14 days: 100% of full tour cost, no refund

We understand times are still uncertain as we ride the rollercoaster of state outbreaks. That's why we've introduced flexible cancellation terms so that if you're in a pickle, your adventure isn't. Please see our cancellation policy during covid restrictions here <https://www.inspirationoutdoors.com.au/covid-19/>

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

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## About our tours

First, our tours are for people who like to walk long(ish) distances. That means we usually leave our accommodation pretty early each morning (between 7.30 and 8.30) and finish walking mid to late afternoon.

You won't break any records on our walks - for fastest or slowest hike. We keep a steady pace, but there are plenty of opportunities to rest, take photos and appreciate the views along the way.

A relaxed, social and supportive atmosphere is central to our tours. Have a chat and enjoy the sights and smells with your walking companions. Then back at the accommodation, slip into your comfy slacks and slippers and put your feet up with a cup of tea or a wine. Enjoy the conversation around the dinner table. And if you want to go to bed as soon as you've finished the last spoonful of dessert, or stay up and chat, you can.

We don't specialise in birds or plants or rare subterranean amphibians - although we're interested in all of these things. There are no evening lectures and you don't need to bring a notepad and pen (unless you want to). We have a sound and ever-expanding knowledge of the unique and special environments that we walk through, and love sharing what we know with those who are interested. We especially like digging around for stories of the plants and people whose history is linked with the areas we walk in and we'll share those stories with you as we walk.

Our tours are for those who enjoy the simple pleasure of walking in nature, combined with the luxuries of a proper relaxing holiday. We pay attention to the details so that you can relax and enjoy the experience. With the assistance of a team of knowledgeable friends, Inspiration Outdoors aims to provide... Recreation Beyond Expectation

## Check out our reviews on TripAdvisor



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