



Uluru and the Red Centre

5 Days

-

WARATAH
ADVENTURE TOURS

Part of the JOOB Travel Company

JOOB
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Inspiration
OUTDOORS

SEA KAYAK
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Uluru and the Red Centre

This Alice Springs, Uluru and King's Canyon tour offers guests a comfortable as well as adventurous experience of some of Australia's most recognisable, and spectacular natural sites. Set at a relaxed pace, yet covering all of the major sites, this tour is perfect for those looking to explore our country's heart, at nature's pace. With highlights including sunrise and sunset at Uluru, the King's Canyon Valley of the Wind's walk, the Sound of Silence Dinner as well as some fantastic water holes, this tour sees it all. With a small group, a professional tour guide and a desert equipped vehicle, you can trust Waratah Adventure tours for this once in a lifetime journey to Australia's Red Centre.

Details

Arrive: Alice Springs

Average Age: 50

Depart: Uluru

Activity Level: Easy to Moderate

Duration: 5 Days

Group Size: 12 guests maximum

What to expect



Comfortable
small touring bus



Hotel pick up and drop off



Average Temperatures

June: 5° min - 20° max

July: 4° min - 19.5° max

August: 6° min - 23° max

Got Questions? Chat with us...



1300 544 882



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Further Details:

Inclusions

- Hotel pickup and dropoff
- Comfortable touring bus
- Friendly Guide
- Small Group with a maximum of 12 guests
- National Park Admissions
- Visit to the iconic Telegraph Station
- Memorable Sounds of Silence dinner experience under the stars at Uluru
- 4 Breakfasts, 3 Dinners
- 4 nights accommodation

Exclusions

- Dinner on Day 1 and all lunches

Pickup

We will pick you up on the morning of the first day after breakfast from the Aurora Alice Springs.

Phone Coverage and WiFi

There is patchy phone coverage while you are on the track. Like most remote rural places, Telstra offers the best chance at reception. When you are back at your accommodation there is phone coverage.

Mecure Alice Springs and Outback Pioneer hotel has free WiFi, Kings Canyon resort has roaming WiFi for purchase.

Climate

Autumn (March - May)

Autumn is one of the best times to visit Alice Springs, with warm days and cool nights. Average temperatures range from 12 - 27°C (53.6 - 80.6°F).

Winter (June - August)

During winter, average temperatures fall between 4.8 - 20°C (40.6 - 68°F), with July being the coolest month. Nighttime temperatures can drop below 0°C (32°F) and thick frost on the ground can resemble a carpet of snow.

Spring (September - November)

In spring the weather begins to warm up with average temperatures between 13.8 - 30.6°C (56.8 - 87°F). It can bring spectacular thunderstorms and cool evenings.

Dining

Included in the tour is breakfast every morning and 3 dinners.

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Medical Restrictions

As we operate in remote areas, guests will need to bring all of their own personal medications on tour. Whilst our guides are qualified in remote area or wilderness first aid and carry satellite phones, we do not carry epi-pens, Ventolin or other emergency medications. If a person requires urgent medical attention whilst on tour, it may take several hours or more for emergency services to attend the scene and take you to a medical facility.

Under certain circumstances your tour consultant may request a medical certificate of fitness before you are cleared to participate on the tour.

If pre-existing medical issues that will affect your ability to complete the tour or have an impact on other guests experiences, are not disclosed prior to the departure, we reserve the right to remove you from the tour.

You can bring a CPAP machine whilst on tour but you will need to purchase a single supplement.

Dietary Requirements

Please let us know if you have any dietary requirements and we will do our best to cater for you.

Options

On the last day there is the option to either fly out of Yulara (Uluru) or drive back into Alice Springs. Please let us know which option you prefer.

What to Pack

- Day-pack - to carry your belongings during the day.
- Comfortable casual clothes for sightseeing
- Comfortable, sturdy walking shoes or boots - heeled shoes are not appropriate
- Sun protection - hat (secure fitting and/or with chin strap), sun cream, sun glasses
- Water bottle 1L capacity - please bring filled every day
- Camera and charger/batteries

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Itinerary

Enjoy Uluru, King's Canyon, Kata Tjuta (The Olgas), The Western MacDonnell Ranges and Alice Springs on this 5 day / 4 night tour.

DAY 1

ARRIVE IN ALICE SPRINGS

Fly into Alice Springs any time today and check into your accommodation at leisure. The centrally located Aurora Alice Springs is a great jumping off point to enjoy a wander around this interesting, laid back and quintessentially Aussie outback town.

Activity: Arrive and check into your hotel

Accommodation: Accommodation: Aurora Alice Springs (or sim.)

DAY 2

ALICE SPRINGS & WESTERN MACDONNELL RANGES

The tour starts with a hotel pick up in the comfortably air conditioned minibus. Over the next three days you'll traverse beautiful backcountry roads with amazing backdrops in this comfortable vehicle. First up enjoy a short sightseeing trip of Alice Springs including a stopover at the ANZAC Hill lookout and a visit to the historic Telegraph Station, where 'The Alice' was founded.

Afterwards, depart Alice Springs for Simpsons Gap in the Western MacDonnell Ranges National Park (Tjoritja), where you might spot cute rock wallabies during a short walk. Afterwards relax at Ellery Creek Big Hole, the secret site for Arrernte people and a popular outback swimming spot. Experience the Ghostgum Walk at Ormiston Gorge. Finish the day with a comfortable ride back to Alice Springs and enjoy the changing colours along this truly magnificent range.

Please note: pickup time for today's tour will be approximately 8:30am.

Activity: Explore Alice Springs & the Western MacDonnell Ranges

Meals: B, D

Accommodation: Accommodation: Aurora Alice Springs (or sim.)

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DAY 3

ALICE SPRINGS - WARRARRKA NATIONAL PARK (KINGS CANYON)

After breakfast, depart Alice Springs early morning and take the comfortable Stuart and Lasseter Highway across a colourful semi-desert to Watarrka National Park. In the afternoon enjoy the 3 hour walk up and across the famous Kings Canyon plateau, from the sandstone domes of the 'Lost City' to the oasis of the 'Garden of Eden'. Feel on top of the world as you walk along the towering red rock cliffs and take in views of the forest of palms below. Finish the day at Kings Canyon Resort where you will have dinner and enjoy the remainder of the evening at leisure. Please note: If the temperature is over 36 degrees, the Kings Canyon walk is closed and an alternative activity will be provided.

Activity: Explore Warrarrka National Park

Meals: B, D

Accommodation: Accommodation: Kings Canyon Resort

DAY 4

WATARRKA - ULURU KATA-TJUTA NATIONAL PARK

Take a 1-2 hr walk to a popular lookout (dependent on the time of the year it will either be Walpa Gorge or the Valley of winds) to view the soaring rock domes - these ochre-coloured shapes are an intriguing and mesmerising sight.

The afternoon / evening will be one to remember as we enjoy the sunset at Uluru (Ayers Rock). This must be one of the most recognisable natural sites on the planet and we will follow up the remarkable desert sunset, with the unforgettable "Sound of Silence" billion star dining experience.

Activity: Kata Tjuta and Uluru

Meals: B, D

Accommodation: Accommodation: The Lost Camel

DAY 5

ULURU

Wringing what we can out of the day, we will be up early to see sunrise on the rock, before a relaxed pace walk to a water hole and some art sights. There will be time to check out the award-winning Cultural Centre as well, if not already visited the day before. For those flying out of Yulara, we will drop you off at the airport back in Yulara for your free shuttle bus to the airport, otherwise for those who want a lift back to Alice, we will take the highway, and be back in Alice Springs by mid to late afternoon (it's a 5hr drive back to Alice!)

Activity: Uluru and tour end

Meals: B

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Accommodations



Aurora Hotel Alice Springs

11 Leichhardt Terrace
Alice Springs

Aurora Alice Springs offers convenient accommodation in the heart of town. Located on Todd Mall, the main shopping, dining and tourist precinct offering a unique walking experience. The Aurora Alice Springs is suitable for corporate travellers and holidaymakers with free wireless internet and car parking.



Kings Canyon Resort

Luritja Road
Watarrka National Park

Kings Canyon Resort has been thoughtfully designed to blend in with the beautiful natural surrounds and to offer different styles and locations to meet the needs of traveler preferences and budgets. There truly is something for everyone at Kings Canyon - and more importantly - no matter where you stay all the wonders of Kings Canyon are on your door step to for you explore.



Kings Creek Station

Kings Creek Station
Petermann



The Lost Camel Hotel

Yulara Drive
Yulara

The Lost Camel Hotel is a contemporary and fun, boutique-style hotel conveniently located in the heart of Ayers Rock Resort, only 20 minutes from Uluru. Furnished in a stylish mix of Aboriginal and urban themes, The Lost Camel adds a unique and surprisingly edgy accommodation option to the collection of hotels at the Resort.

The hotel's compact rooms are decorated in bright colours and crisp, clean whites. Each room features a deliciously comfortable king bed (can be separated into two single beds) and private bathroom facilities with separate shower and toilet cubicles and an open-plan vanity.

Soak up the sun by the hotel's central swimming pool, browse the shops or enjoy a casual meal at one of the cafés located in the Resort Town Square. Take part in the many free Indigenous guest activities on offer. Your stay also includes complimentary return Ayers Rock Airport transfers and free use of the Resort shuttle bus service.

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Accommodations

This quirky hotel is the perfect place to rest between outback adventures for visitors to Uluru.

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Getting ready for your tour...

There are some moderate walks on this tour. Each walk is only around 2-3 hours but the terrain can be quite rocky and uneven. The best way to prepare physically for the trip is to do a few short walks each week. Giving your body a fitness boost will increase your enjoyment on the tour.

Doing a few walks around your suburb in the lead-up to the tour will benefit you greatly. If you can walk a few short distances, say 3-5km once or twice a week, this will give you the fitness to enjoy the walks on the tour and take in the surrounding beauty.

Looking after your feet

Footwear is very personal and we prefer people wear what feels comfortable. Walking shoes shouldn't be too tight, but your foot shouldn't slip around in them either. If you're buying new shoes, go shopping after a long walk so your feet are a bit swollen. The best places to buy walking boots/ shoes will have some sort of ramp that you can stomp up and down on and make sure there is no pressure on your toes and heels.

Boots can provide ankle support and help keep the sand out. Some hiking boots can be quite heavy. These are great for cold weather alpine hiking but they do tend to tire your legs quicker and heat your feet. There are plenty of lightweight boots available which are great for most Australian conditions.

You might prefer to wear sneakers on your walk. They do let in a lot of dirt though and tend to wear out quite quickly on the rough surfaces of a bush track. Sturdy sandals have proven to be a good substitute for shoes when feet have blistered, and for beach sections. You are welcome to bring two pairs and alternate.

The main thing is to make sure you know your footwear well - try them out in a variety of terrains and do a few long walks (15 - 20km) in them before the walk. We cannot emphasise enough that you have well worn in shoes or boots, good socks, and first aid for the prevention and treatment of blisters.

Preventing blisters: To prevent blister formation, we highly recommend using 'fixomull' or a similar tape on heels and toes where rubbing is likely to occur - ask for it at your pharmacy. Some walkers also wear two pairs of socks to prevent blisters forming - a thin inner pair and a thicker outer pair. Others swear by Hikerswool applied between toes and over pressure points. The principle of blister prevention is to transfer any friction, caused by the movement of your foot inside your shoe, onto the fixomull tape or the extra sock, rather than onto your skin. If you know that your feet have a tendency to blister in certain spots, tape them before you walk. We are happy to help you with this. If you feel any rubbing or a 'hot spot' whilst walking, the best thing to do is stop and do something about it. In all instances, prevention is better than cure. Blisters are very difficult to dress so that you are able to walk comfortably.

Treating blisters: Blister treatments vary and you may have your favourites. The second skin variety seems good, though you will also need good tape to keep it in place. Second skin treatments often have a sterile gel pack that pads and protects the blister from further friction. They can also be used as a (more expensive) preventative measure. Blister Block or Compeed are examples of this type of dressing.

A thick moleskin type plaster is also good to carry for blister treatment. Holes can be cut into moleskin to fit around a blister and a plaster put on top of that. This way there is little pressure put on the blister itself.

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Walking poles are very popular these days - especially the lightweight aluminium shock absorbing type. They help to take some pressure off your knees going downhill and can help you get uphill too! However, if you have good knees and strong legs you may not need them. A lot has been published about the pros and cons of walking poles - we're sure you can get the full story from the net. If you do choose them it's worthwhile practicing how to use them correctly so you get their full advantage. Try to use your arms as much as possible - by placing the poles opposite arm to leg and applying pressure as you step forward. Find someone knowledgeable in the shop where you purchase them to give you some tips. We can always help you when on tour.

Emergency Contact on Tour

In the case of an emergency and family and friends are trying to get in contact with you and unable to reach you on your personal phone, please ask them to call the office on 1300 544 882. After hours or on the weekend there is an option on the voicemail which will direct them through to the duty managers personal mobile.

On tour in an emergency situation our guides will be carrying satellite phones.

Final Payment Due Date

Final payment is required six weeks prior to departure or at time of booking if booking within six weeks.

Cancellation Policy

All our tours require a minimum of 2 people and have a maximum of 12 people.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- 85 days or more, you will be refunded all monies paid, less a \$50 administration fee
- 42 to 84 days prior to departure, you will lose your deposit
- 28 to 41 days: 25% of full tour cost
- 14 to 27 days: 50% of full tour cost
- less than 14 days: 100% of full tour cost, no refund

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

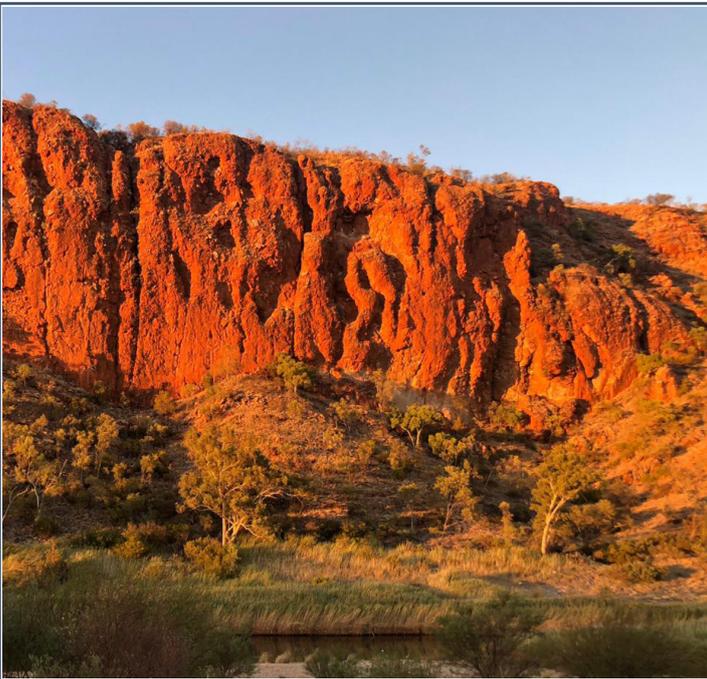
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About our tours

Waratah Adventures have been leading small group tours of Australia's most iconic locations since 1986.

Our mission is to make adventure comfortable. We know every corner of Australia, and we go to great lengths to design our itineraries to give you the very best experience.

We are not afraid to get off the beaten track and get dirty, but that doesn't mean you have to. Our tour guides are trained in remote area management and are professionals within the industry... they also know how to have fun!

Join Waratah Adventure tours on your next exploration of Australia. With tours in every state, we've got the perfect tour for you.

Check out our reviews on TripAdvisor



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