

Kangaroo Island Wilderness Trail

Welcome to your next adventure with Inspiration Outdoors.
Here are a few details to help you get prepared...

Getting to and from your Trip

An air-conditioned coaster bus will take us from Adelaide to the Kangaroo Island and back; and to and from the Kangaroo Island Wilderness trail each day. The ferry from the mainland to Kangaroo Island is included in the tour price.

Pre/Post Trip Accommodation Recommendations

With an early departure, we recommend a night in Adelaide for those coming from interstate or overseas. We recommend to our guests the following hotels. All the below hotels are within easy walking distance from the pick up location.

- Mercure Grosvenor Hotel Adelaide (North Terrace)
- Ibis Styles Adelaide Grosvenor (North Terrace)
- Adelaide Paringa Motel (Hindley St)

Washing Facilities

There are laundry facilities at your accommodation on the western side of the island.

Phone Coverage and Charging

There is free WIFI and phone reception at the Seafront and Mercure. However, at our accommodation on the western side there is only Telstra phone reception as it is quite remote. We carry satellite phones for emergencies only.

Climate

Kangaroo Island has a Mediterranean climate. Spring (September-November) and autumn (March-May) are true shoulder seasons where days can be more like winter or summer or something in between! It's a beautiful place to visit year-round, but it is important to pack accordingly.

Food

All meals are included on the tour.

Breakfast comprises cereals, fruit, yoghurt, toast, juice, tea and freshly brewed coffee.

Each day your guide will carry tea, coffee and a home-made cake for your morning tea. Fruit is also available. On some days lunch is self-made from fresh breads, salads and meats. On other days, where there is vehicle access to the track, the bus will bring us a tasty and nutritious picnic lunch.

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Enjoy pre-dinner nibbles with fellow guests each evening while your guides prepare a delicious two course meal for dinner.

Drinks

There will be plenty of opportunity to purchase alcohol during the week.

Medical Restrictions

As we operate in remote areas, guests will need to bring all of their own personal medications on tour. Whilst our guides are qualified in remote area or wilderness first aid and carry satellite phones, we do not carry epi-pens, Ventolin or other emergency medications. If a person requires urgent medical attention whilst on tour, it may take several hours or more for emergency services to attend the scene and take you to a medical facility.

Under certain circumstances your tour consultant may request a medical certificate of fitness before you are cleared to participate on the tour.

If pre-existing medical issues that will affect your ability to complete the tour or have an impact on other guests experiences, are not disclosed prior to the departure, we reserve the right to remove you from the tour.

You can bring a CPAP machine whilst on tour but you will need to purchase a single supplement.

Dietary Requirements

From vegetarians to pescatarians to meat loving carnivores with an aversion to cucumbers we cater for all dietary requirements and will make sure you are well fed and looked after on tour. Please let us know if you have any dietary requirements. We will do our best to cater for these whilst you are tour..

Access to Shops

We would prefer that you have everything you need with you but there is a supermarket near where the ferry drops us on the island. There will be time to access the shops if need be.

What to Pack

- Day-pack - with a thick waist strap to help take some weight off your shoulders. In wet weather, a waterproof cover or a bin bag to wrap your belongings in can be handy.
- Shorts/long pants and shirts for walking - as many sets as you wish! Quick-dry material is best, especially for trousers. Don't wear jeans walking.
- Socks - whichever thickness you're comfortable walking in and as many pairs as you like
- Boots/shoes for walking (make sure you wear them in well - see note on footwear below)
- Windcheater or lightweight jumper for walking
- Waterproof jacket*
- Sun protection - hat (secure fitting and/or with chin strap), sun cream, sun glasses
- Casual clothes for evenings
- Torch/headlamp (can be handy when twin sharing for getting up at night)
- Fleece jacket, gloves, beanie and/or thermals (can get quite cold in the evenings and early mornings, depending on the time of year)
- Any preferred first aid supplies - such as your favourite blister treatment! (Your guide will carry a full first-aid kit)

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- Water bottle/s or camelback - 2 to 3 litre capacity
- A lunch container (with freezer brick if desired)

*You have to expect some bad weather at any time of the year down here so bring wet weather gear even if the forecast is fine.

Optional items

- Waterproof pants. Some people love them and some hate them - personally, we don't wear them but there have been times when we have wished for a pair!
- Fly net (especially for walks in warmer weather)
- Camera and charger/batteries
- Gaiters for snake bite protection are recommended unless you are wearing long pants and long socks. They're also good for keeping sand out of your shoes.
- Sock protectors (to keep sand out of your boots)Head fly net (unlikely that you will need one but you never know when it's fly season)
- Camera and charger/batteries
- Gaiters for snake bite protection are recommended unless you are wearing long pants and long socks. They're also good for keeping sand and rocks out of your shoes.
- Sock protectors (great to use instead of gaiters if you want to keep sand and rocks out of your boots)
- Sandals/casual shoes for relaxing at the accommodation at the end of the day
- A lunch container (or Beeswax food wrapper), to avoid squashing your sandwich or if you choose to only bring a salad (with freezer brick and fork if desired) - glad wrap will be provided otherwise
- Snacks and alcohol - there is only the possibility to purchase alcohol or snacks in Penneshaw on Day 1. Some people like to have some snacks for the trail including muesli bars, nuts, lollies or other special things.
- Walking poles (can come in very handy when walking on sand and on steep up and downhill sections)

Emergency Contact on Tour

In the case of an emergency and family and friends are trying to get in contact with you and unable to reach you on your personal phone, please ask them to call the office on 1300 544 882. After hours or on the weekend there is an option on the voicemail which will direct them through to the duty mangers personal mobile.

On tour in an emergency situation our guides will be carrying satellite phones.

Final Payment Due Date

Final payment is required six weeks prior to departure or at time of booking if booking within six weeks. We will send out a reminder email.

Cancellation Policy

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- More than 12 weeks: \$50 administration fee
- 6 to 12 weeks: loss of deposit
- 4 to 6 weeks: 25% of full tour cost
- 2 to 4 weeks: 50% of full tour cost
- less than 2 weeks: 100% of full tour cost, no refund

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We understand times are still uncertain as we ride the rollercoaster of state outbreaks. That's why we've introduced flexible cancellation terms so that if you're in a pickle, your adventure isn't. Please see our cancellation policy during covid restrictions here <https://www.inspirationoutdoors.com.au/covid-19/>

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

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