

Great Ocean Walk 4 day guided walking tour



Welcome to your next adventure with Inspiration Outdoors. Here are a few details to help you get prepared...

Getting to and from your Trip

An air-conditioned bus will take us from Melbourne to the Great Ocean Walk and back; and to and from the track each day. As the transport from Melbourne is provided at no additional charge, discounts cannot be offered to those who choose to make their own way there.

Pre/Post Trip Accommodation Recommendations

With an early departure, we recommend a night in Melbourne for those coming from interstate or overseas. We recommend to our guests the following hotels. All the below hotels are within easy walking distance from the pick up location.

- Vibe Savoy Hotel Melbourne on Little Collins St
- The Great Southern Hotel Melbourne on Spencer St
- Best Western Melbourne City on Spencer St

* Please note that there may not be any shops or cafes open (especially for weekend departures) and we recommend organising breakfast the night before.

Washing Facilities

There are no laundry facilities at your accommodation. There is a laundry basin though for hand washing if required.

Phone Coverage and Charging

There is most often only Telstra phone reception at Cape Otway Lighthouse. We carry satellite phones for emergencies only. If a family member or friend is unable to get in contact with you while on tour please get them to call the office on 08 6219 5164. (During out of office hours, our landline is diverted through to a mobile so just advise them to leave a message if no one answers and we will get back to them as soon as possible).

Climate

It is well known that Melbourne can have 4-seasons in one day. The Great Ocean Walk region however is more temperate, having warmer winters and cooler summers. We have planned our departures at the optimal time for walking but we do ask that you come prepared for all weather.

Food

Breakfasts are a continental affair with muesli, yogurt, freshly brewed coffee, tea, toast and other cereals all on hand. Each walker makes their own lunch from the smorgasbord of different food items put out by your

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1300 544 882



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guides and prepared freshly each day. There is also fresh fruit available plus a host of trail mix snacks to tuck into and replenish each day.

Dips and crackers are always put out prior to the evening meal. We also encourage you to purchase your own alcohol prior to the trip, or on day one in Apollo Bay. Dinners are prepared with fresh ingredients.

Please let us know of any dietary requirements before you book - we can happily adapt our menu to most needs. Assistance is always appreciated with clearing away and washing up.

Drinks

Day 1 and Day 5 are the only opportunities to purchase alcohol during the week if you need to..

Medical Restrictions

As we operate in remote areas, guests will need to bring all of their own personal medications on tour. Whilst our guides are qualified in remote area or wilderness first aid and carry satellite phones, we do not carry epi-pens, Ventolin or other emergency medications. If a person requires urgent medical attention whilst on tour, it may take several hours or more for emergency services to attend the scene and take you to a medical facility.

Under certain circumstances your tour consultant may request a medical certificate of fitness before you are cleared to participate on the tour.

If pre-existing medical issues that will affect your ability to complete the tour or have an impact on other guests experiences, are not disclosed prior to the departure, we reserve the right to remove you from the tour.

You can bring a CPAP machine whilst on tour but you will need to purchase a single supplement.

Dietary Requirements

Please let us know if you have any dietary requirements. We will do our best to cater for these whilst you are on tour..

Access to Shops

Some people like to have some snacks for the trail including muesli bars, nuts, lollies etc. Day 1 is the best chance to purchase these items.

Other Optional Activities

Melbourne is a vibrant city with fabulous shopping and sightseeing. Add a few nights to your tour in this wonderful city and you've got yourself the perfect holiday!

Emergency Contact on Tour

In the case of an emergency and family and friends are trying to get in contact with you and unable to reach you on your personal phone, please ask them to call the office on 1300 544 882. After hours or on the weekend there is an option on the voicemail which will direct them through to the duty managers personal mobile.

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On tour in an emergency situation our guides will be carrying satellite phones.

Final Payment Due Date

Final payment is required six weeks prior to departure or at time of booking if booking within six weeks.

Cancellation Policy

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- More than 12 weeks: \$50 administration fee
- 6 to 12 weeks: loss of deposit
- 4 to 6 weeks: 25% of full tour cost
- 2 to 4 weeks: 50% of full tour cost
- less than 2 weeks: 100% of full tour cost, no refund

We understand times are still uncertain as we ride the rollercoaster of state outbreaks. That's why we've introduced flexible cancellation terms so that if you're in a pickle, your adventure isn't. Please see our cancellation policy during covid restrictions here <https://www.inspirationoutdoors.com.au/covid-19/>

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

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