

Bibbulmun Track - Albany to Denmark



Welcome to your next adventure with Inspiration Outdoors. Here are a few details to help you get prepared...

Getting to and from your Trip

We use a well serviced and maintained air-conditioned minibus to drive from Perth to Denmark and back, and to and from the Bibbulmun Track each day. As the transport from Perth is provided at no additional charge, discounts cannot be offered if walkers choose to find their own way to Denmark.

Pre/Post Trip Accommodation Recommendations

With an early departure, we recommend staying the night in Perth for those coming from interstate or overseas. (The city of Perth is roughly 1/2hr away from the airport) There is no train line to Perth airport so your options are either a Taxi or an airport shuttle. All the below hotels are within easy walking distance from the pick up location.

- The Ibis on Murray Street
- The Comfort Inn on Murray Street
- Mantra on Murray
- Four Points by Sheraton on Wellington Street

Washing Facilities

There are washing facilities at your accommodation.

Phone Coverage and Charging

There is patchy phone coverage while you are on the track. Like most remote rural places, Telstra offers the best chance at reception. There is no internet access available at the accommodation.

Climate

Longer dry periods and fewer cold fronts cross the coast. The height of the wildflower season.

Food

All Inspiration Outdoors tours provide an excellent standard of catering. Breakfast comprises cereals, fruit, yogurt and toast, with juice, a variety of teas and fresh brewed coffee. You will pack your lunch each day from a selection of salads, meats, cheese, spreads and bread, which your guides lay out for you and prepare fresh each day. In the evenings your guides will prepare some nibbles which you can enjoy while dinner is being prepared. Dinner is a delicious and nutritious two course home-prepared meal.

Got Questions? Chat with us...



1300 544 882



walk@inspirationoutdoors.com.au

Each day your guide will carry tea, coffee and a home-made cake for morning tea. Fruit is also available for you to take with you.

Feel free to bring additional snacks (e.g. muesli bars) if you feel you need them. And you are welcome bring alcohol or purchase it when we get down to Denmark. There will be plenty of time for you to purchase additional supplies during the week.

All meals are included, with the exception of lunch on the last day, when you can purchase a take away lunch, choosing from a wide variety of options in Denmark. Please let us know of any dietary requirements before you book - we are happy to adapt our menu to a variety of dietary needs. Assistance is always appreciated with clearing away and washing up.

Drinks

There will be opportunities to purchase alcohol over the week.

Medical Restrictions

As we operate in remote areas, guests will need to bring all of their own personal medications on tour. Whilst our guides are qualified in remote area or wilderness first aid and carry satellite phones, we do not carry epi-pens, Ventolin or other emergency medications. If a person requires urgent medical attention whilst on tour, it may take several hours or more for emergency services to attend the scene and take you to a medical facility.

Under certain circumstances your tour consultant may request a medical certificate of fitness before you are cleared to participate on the tour.

If pre-existing medical issues that will affect your ability to complete the tour or have an impact on other guests experiences, are not disclosed prior to the departure, we reserve the right to remove you from the tour.

You can bring a CPAP machine whilst on tour but you will need to purchase a single supplement.

Dietary Requirements

From vegetarians to pescatarians to meat loving carnivores with an aversion to cucumbers we cater for all dietary requirements and will make sure you are well fed and looked after on tour.

Access to Shops

The towns of Denmark and Albany have plenty of shops that we will have time to explore. We would prefer that you brought any snacks or essentials with you but if you do forget anything there will be there will be chances to re-stock.

What to Pack

- Day-pack - with a thick waist strap to help take some weight off your shoulders. In wet weather, a waterproof cover or a bin bag to wrap your belongings in can be handy
- Shorts/long pants and shirts for walking - as many sets as you wish! Quick-dry material is best, especially for trousers. Don't wear jeans walking.
- Socks - whichever thickness you're comfortable walking in and as many pairs as you like

Got Questions? Chat with us...



1300 544 882



walk@inspirationoutdoors.com.au

- Boots/shoes for walking (make sure you wear them in well - see note on footwear below)
- Windcheater or lightweight jumper for walking
- Waterproof jacket*
- Sun protection - hat (secure fitting and/or with chin strap), sun cream, sun glasses
- Casual clothes for evenings
- Torch/headlamp (can be handy when twin sharing for getting up at night)
- Any preferred first aid supplies - such as your favourite blister treatment! (Your guide will carry a full first-aid kit)
- Water bottle/s or camelback - 2 to 3 litre capacity
- A lunch container (with freezer brick if desired)

*You have to expect some bad weather at any time of the year down here so bring wet weather gear even if the forecast is fine.

Optional items

- Waterproof pants. Some people love them and some hate them - personally, we don't wear them but there have been times when we have wished for a pair!
- Fly net (especially for walks in warmer weather)
- Camera and charger/batteries
- Gaiters for snake bite protection are recommended unless you are wearing long pants and long socks. They're also good for keeping sand out of your shoes.
- Sock protectors (to keep sand out of your boots)
- Robust sandals for wading/beach sections
- Bathers and towel
- Small towel to carry during the day
- Snacks and alcohol - there will be time to purchase more during the week if you need to. Some people like to have some muesli bars, nuts, lollies etc
- Walking poles

Emergency Contact on Tour

In the case of an emergency and family and friends are trying to get in contact with you and unable to reach you on your personal phone, please ask them to call the office on 1300 544 882. After hours or on the weekend there is an option on the voicemail which will direct them through to the duty managers personal mobile.

On tour in an emergency situation our guides will be carrying satellite phones.

Final Payment Due Date

Final payment is required six weeks prior to departure or at time of booking if booking within six weeks.

Cancellation Policy

All our tours are guaranteed departures.

We hope that you do not need to cancel your booking. However, if you do, our cancellation fee, based on the notice given prior to the departure date, is:

- More than 12 weeks: \$50 administration fee
- 6 to 12 weeks: loss of deposit
- 4 to 6 weeks: 25% of full tour cost
- 2 to 4 weeks: 50% of full tour cost
- less than 2 weeks: 100% of full tour cost, no refund

Got Questions? Chat with us...



1300 544 882



walk@inspirationoutdoors.com.au

We understand times are still uncertain as we ride the rollercoaster of state outbreaks. That's why we've introduced flexible cancellation terms so that if you're in a pickle, your adventure isn't. Please see our cancellation policy during covid restrictions here <https://www.inspirationoutdoors.com.au/covid-19/>

If you have any concerns about cancelling, please take out travel insurance covering this contingency. This policy will be adhered to despite the most compelling and compassionate circumstances.

Got Questions? Chat with us...



1300 544 882



walk@inspirationoutdoors.com.au