### Why Do We Recommend Additional Therapy After Autologous Transplant for Multiple Myeloma ?

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#### Disclosures

- Discussion of multiple off label use of FDA approved drugs
- Research funding
  - Seattle Genetics, Merck, Sharpe and Dohme Inc, Genzyme/Sanofi, Millennium-Takada, Bristol Meyers Squibb, Celgene, Juno
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  - Jazz and NCCN
- Royalty
  - Up-To-Date







#### Attal et al study (ref NEJM 336, 1311, 2017)



#### ASCT is a Platform...

...to build on in which you can add additional therapy post ASCT to amplify the disease response in setting of reduced disease burden and changed immune system in order to prolong the duration of the response.

... to try to buy more time as in future new therapy options will exist.

## Maintenance therapy

- Effective
- Well tolerated with easily manageable toxicity
- Simple administration

- Ability to administer long term
- Lower doses than standardly given



# **IMIDS: Lenalidomide**



#### IMiDS



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## Meta-Analysis of Overall PFS and S after Len maintenance, after ASG (IMEMA RV-209)

- Total of 1029 patients randomized
  - Len n=605 10 mg/day days 1-21/28 (GIMEMA) or days 1-28/28 (IFM and CALGB)
    - Meta-analysis was published McCarthy et al JCO 35:3279-89, 2017



Α



No. of

Median PFS



			Placebo/				
					(No. of natients)	(No. of patien	n ts) HR (95% CI)
	≤ <b>5</b> 9 -	<b>⊢</b>	ł		372	375	0.45 (0.37 to 0.55)
Age (years)†	≥ 60 -	<b>—</b>			233	228	0.51 (0.40 to 0.66)
Sex	Male -	<b>⊢</b>			322	349	0.40 (0.32 to 0.48)
	Female -	<b>⊢</b>	-		283	254	0.58 (0.46 to 0.73)
ISS ato	aet   1/11 -	<b>⊢</b> ∎1			411	439	0.46 (0.38 to 0.55)
155 514	ge+       -	<b>⊢</b>	-		113	90	0.57 (0.40 to 0.81)
onse after ASCT o maintenance)	CR -	H			65	80	0.56 (0.34 to 0.93)
	CR/VGPR -	<b>⊢</b> ∎−-1			314	334	0.48 (0.39 to 0.60)
	PR/SD§ -	<b>⊢</b> 1			227	215	0.47 (0.37 to 0.60)
Prior induction therapy	Len -	⊢			147	145	0.44 (0.31 to 0.62)
	Non-Len -	<b>⊢_</b>			458	458	0.49 (0.41 to 0.58)
	0.3	25 0.5	1	2	4		
		4	Len Maintenance (No. of patients) HR (95% Cl) 372 375 0.45 (0.37 to 0.55) 4 233 228 0.51 (0.40 to 0.66) 322 349 0.40 (0.32 to 0.48) 283 254 0.58 (0.46 to 0.73) 411 439 0.46 (0.38 to 0.55) 113 90 0.57 (0.40 to 0.81) 65 80 0.56 (0.34 to 0.93) 314 334 0.48 (0.39 to 0.60) 227 215 0.47 (0.37 to 0.60) 147 145 0.44 (0.31 to 0.62) 458 458 0.49 (0.41 to 0.58) 1 2 4 HR Favors Placebo/ Observation				
		Favors Len Maintenance		Favors Plac Observat	:ebo/ ion		

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#### Lenalidomide Maintenance After ASCT A Meta-Analysis

Studies Included in the Meta-Analysis								
CALGB 100104	Accrual 8/2005 to 11/2009 United States	<ul> <li>All studies enrolled patients who had a</li> </ul>	l in ASCT					
IFM 2005-02 Accrual 6/2006 to 8/2008 France		<ul> <li>All studies examine role of lenalidomid</li> </ul>	ed the e or					
GIMEMA (RV-MM-PI-209)	Accrual 11/2007 to 7/2009 Italy	placebo as posttra maintenance thera	nsplant py					
	Lenalidomide	Placebo HR; P	value					
7-y OS, %	62	50						
Median OS, mo	NE	86 0.74;	.001					

 Lenalidomide maintenance resulted in a benefit for all subgroups analyzed except patients with high-risk cytogenetics (HR=1.18)

Attal M, et al. J Clin Oncol. 2016;34(suppl). Abstract 8001.

#### Results (cont)

- All studies favored significantly Lenalidomide maintenance therapy for PFS .
- PFS2 (time after second progression) was also prolonged with lenalidomide maintenance vs placebo 73.3 months vs 56. 7months i.e. 28% reduction in risk of a PFS2 event.
- 20% into CR after one year of maintenance therapy.
- Toxicity seen as 29% d/c Lenalidomide therapy. Toxicity commonly seen include: cytopenia, fatigue, diarrhea, constipation, muscle ache, infections and rare blood clots.
- Len use post High dose melphalan ASCT led though to an increased cumulative incidence of hematological (HR 2.33, p=.015) and solid tumor (HR 1.71, p=.032) cancers. Second cancers (SPM) were seen in Len 5.3% vs 0.8% with placebo pre relapse (most early after ASCT) and after relapse MM 6.1% vs 2.2%.

#### Results (cont)

- Overall there was 23% reduction in death if got Len maintenance. Most favorable OS was in those already received induction Len. No improvement in OS if high risk cytogenetics (not all patients had cytogenetics at Dx).
- Maintenance lenalidomide PFS and survival benefits outweigh the risk of getting a second cancer. Resulting in overall 2.5 year increase in median OS after ASCT.
- Lenalidomide maintenance after ASCT thus has Category 1 NCCN recommendation and Lenalidomide is FDA approved for this use.
- Based on CALGB study done in NA standardly give Lenalidomide drug as long as tolerated until disease progression ie. (1 yr < 2 yr< than >3 yr)

### Benefit of Lenalidomide Maintenance in

- MRD status in these studies.
- Jackson et al Myeloma XI study showed in small group of patients that MRD-patients lacksquarehad a PFS benefit with maintenance therapy. Arguing that Lenalidomide maintenance with chemo-sensitive disease and high quality responses already will increase or maintains the depth of response. Thus, getting deep response and maintaining response is important.
- Utilization of MRD in the future is only as good as testing results and validation of MRD testing including imaging needs to be done in clinical trials before can use MRD status to determine who should get maintenance therapy and how long should treat.

# PI: Bortezomib or Ixazomib



#### Tumor Cell Death



CONSORT diagram of 827 adult patients with multiple myeloma (MM) in the Dutch-Belgian Hemato-Oncology Group 65/German Multicenter Myeloma Group HD4 (HOVON-65/GMMG-HD4) study by treatment arm. allo-SCT, allogeneic stem-cell transplantation; CAD, cyclophospha...

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Kaplan-Meier survival curves of progression-free survival (PFS) and overall survival (OS) according to treatment arm within subgroups according to del13, t(4;14) or according to del(17p).

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#### Hovan study Summary

- If adjust in multivariate analysis, OS at 3 yrs improved for all in PAD arm, p=.049. Peripheral neuropathy 2-4 in PAD arm 40% in induction and 5% during maintenance therapy (IV velcade ).
- Patients with poor risk cytogenetics benefited especially del 17p13 and t 4,14.
- Both induction and maintenance had bortezomib so not know if need both to have benefit and since improved induction response not sure how much that led to end results.



	Events/patients					HR (95% CI)			
	Ixazomib (n=395) Placebo (n=261)								
All subjects (n=656)	198/395	156/261				•			0.72 (0.58-0.89)
Pre-induction ISS stage (local)									
l (n=242)*	68/146	56/96			<u></u>	•			0.70 (0.49-1.01)
ll or III (n=414)	130/249	100/165			·	•	_		0.73 (0.56-0.95)
Response after transplant									
Complete or very good partial (n=509)	142/305	118/204			_	•	-		0.71 (0.56-0.91)
Partial (n=147)*	56/90	38/57							0.74 (0.48-1.12)
Induction regimen									
Immunomodulatory drug and proteasome inhibitor (n=196)	61/118	41/78							0.97 (0.65-1.44)
Proteasome inhibitor without immunomodulatory drug (n=389)	120/234	97/155				•			0.67 (0.51-0.87)
Proteasome inhibitor exposed (n=585)	181/352	138/233			- 10 -	-	_		0.75 (0.60-0.94)
Immunomodulatory drug without proteasome inhibitor (n=71)	17/43	18/28			•	-	_		0.50 (0.25-0.97)
Age					-				
<60 years (n=356)	118/229	74/127							0.84 (0.62-1.12)
≥60 years and <75 years (n=300)	80/166	82/134			_	• <u> </u>	_		0.66 (0.48-0.91)
Race						-			
White (n=528)	148/315	126/213			_	-			0.65 (0.51-0.83)
Asian (n=95)	36/59	25/36							0.86 (0.50-1.47)
Region									( ,
EMEA (n=518)	150/306	129/212					-		0.72 (0.56-0.91)
APAC (n=121)	44/76	26/45				_			0.86 (0.52-1.44)
Pre-induction ISS stage									
l (n=245)*	69/151	55/94				•			0.68 (0.47-0.98)
II (n=221)	76/129	55/92							0.88 (0.61-1.26)
III (n=190)	53/115	46/75				•	_		0.66 (0.44-1.00)
Response at study entry						•			
Complete (n=225)	56/132	47/93							0.88 (0.59-1.31)
Very good partial (n=294)	93/179	73/115				•	<u> </u>		0.69 (0.50-0.94)
Partial (n=137)*	49/84	36/53				õ.			0.69 (0.44-1.09)
Cytogenetic risk						-			
High risk (n=115)	38/61	38/54				<u> </u>			0.62 (0.38-1.02)
Corresponding standard risk (n=404)	118/252	90/152			_				0.65 (0.49-0.86)
Unclassifiable (n=137)	42/82	28/55							1.13 (0.68-1.85)
Renal function based on baseline creatinine clearance							T		5
<60 mL/min (n=58)	14/38	10/20				•			0.71 (0.24-2.09)
≥60 mL/min (n=595)	184/355	146/240					-		0.74 (0.59-0.92)
1.00 /80000001880000.48800 75755544						-	-		
		0	) (	0·25 ◀	0.50	0.75	1.0	3.0	
			Far	vours ix	azomib		Favou	rs placebo	

#### Tourmaline - MM3 (ASH 2018)

- Post ASCT Ixazomib or placebo, 28 days/cycle, 3 mg /dose increased after cycle 4 to 4 mg /dose days 1, 8 and 15 for 26 cycles . N=656
- Median f/u 31 months
- 28% reduction in relapse or death in Ixazomib arm.
- Median PFS 26.5 months vs. 21.3 months, p= .0023

# **Consolidation Therapy** (usually followed by maintenance Therapy)

- Standard therapy dosing
- Accept more toxicity
- Limited time use

- Effective
- Need not be simple to administer



#### STaMINA Trial BMT CTN 0702



#### STaMINA Trial (cont)

#### **STaMINA: PFS and OS for Overall Population**



#### STaMINA Trial (cont)

#### STaMINA: PFS and OS for Pts With High Risk



#### Emory Highest Risk MM (ref: Nooka et al . Leykamia 2014)

- RVD, ASCT, RVD (lite) for 3 years, then single agent lenalidomide
- 96%> VGPR
- PFS =32 months (historically expect OS about 2 years)

#### Conclusions for now

- Standard risk MM without high risk cytogenetics: lenalidomide maintenance post ASCT if previous sensitive and treat as long as tolerated or to disease progression. MRD with imaging status in the future may change the duration of maintenance therapy but still may not get rid of need for maintenance therapy post ASCT but need validate this from large phase III trials before do.
- High risk or resistant Lenalidomide MM: Bortezomib maintenance for 2 years post ASCT. Question if MRD status in future will change duration of therapy.
- Very high risk, like double hit ie. Del 17 and t14,16 : clinical trial best options. If off trial treating, can consider consolidation therapy followed by maintenance therapy.
- New studies ongoing to address different agents post ASCT like daratumumab, Carfilzomib, drug combinations and drug sequencing, MM fusion vaccines, CARS etc.
- When discuss post ASCT therapy with your oncologist, you need to balance risk and benefits of therapy including type of MM, cost, duration of therapy and side effects to make decision right for you.