#### FIGURE 6.

# CARDIOVASCULAR RISK FACTORS IN PATIENTS WITH MULTIPLE MYELOMA

### **CORONARY ARTERY DISEASE RISK FACTORS**

- Smoking
- Family history (first-degree relative: male younger than age 55 years or female younger than age 65 years)
- Hypertension
- Obesity
- Dyslipidemia
- Sedentary lifestyle
- Diabetes mellitus

#### CORONARY ARTERY DISEASE RISK EQUIVALENTS

- Non-coronary atherosclerotic disease
- Chronic kidney disease

## **MULTIPLE MYELOMA-SPECIFIC CARDIAC RISK FACTORS**

- Prior anthracycline exposure
- Prior stem cell treatment
- Heavily pretreated (having received many prior lines of chemotherapy)
- Concurrent cardiac amyloid light-chain amyloidosis
- Concurrent dexamethasone treatment

**Note.** From "Cardiac Considerations for Modern Multiple Myeloma Therapies," by A.J. Ritts, D.J. Lenihan, & R.F. Cornell, 2016. Retrieved from http://bit.ly/2vCrBAa. Copyright 2017 by American College of Cardiology. Reprinted with permission.

Source: Noonan et al. Clin J Oncol Nurs. 2017 Oct 1;21(5):37-46.