

FIGURE 5.

VENOUS THROMBOEMBOLISM PREVENTION

- Exercise regimen to increase mobility and prevent stasis
- Compression stockings and devices
- Weight control
- Dehydration prevention
- Cardiac management
- Aspirin/anticoagulation prophylaxis for long car rides or airplane flights, pregnancy, and surgery
- Aspirin/anticoagulation while taking immunomodulatory drugs
- Avoidance of medications that increase the risk of venous thromboembolism (oral contraceptives, erythropoietin)

Note. Based on information from Bates et al., 2012; Elias et al., 2016; Moheimani & Jackson, 2011; Rome et al., 2008.

Source: Noonan et al. *Clin J Oncol Nurs*. 2017 Oct 1;21(5):37-46.