



Easter

**five in a row** holiday

# Five in a Row Fold-and-Learn® Easter 2007



Each Five in a Row Holiday Fold and learn is created as a compliment to the activities mentioned in Five in a Row Holiday. If you do not have FIAR Holiday, please visit the digital store and download your copy today.

Easter 2007 Fold and Learn Subjects:  
The Symbols of Easter

*Pysanky*—a Ukrainian Easter art form filled with symbolism

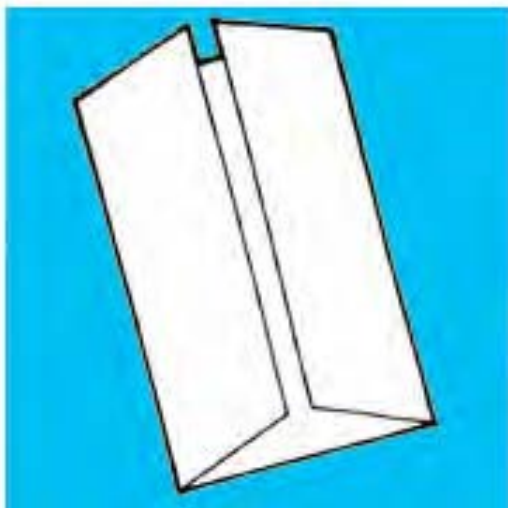
Geography & Maps —Ukraine

*Paska*—a Ukrainian version of Hot Cross Buns

Using Natural ingredients to dye your Easter Eggs

The JellyBean Prayer—a fun way to remember the meaning of Easter

Making Easter Cards—a fun Chick Card to make



## TO ASSEMBLE YOUR FOLD-AND-LEARN PRODUCT:

There is no right or wrong way to assemble your fold and learn product...let creativity be your guide. We like to start with two shutter-folded file folders and glue the outer flaps together. This is but one way to put it all together. Use whatever method you like and that works for you. Let your children have fun trying new ways to put it all together.

Make lift the flap books or other smaller books to place inside your folders. Make a pocket using staples or brads or a dab of glue or use an envelope to hold items inside. Have fun and enjoy!



In *Five in a Row Holiday* Jane shares her tradition of creating a live grass Easter basket. How about creating your own natural dyes, too? This is the way the earliest Easter eggs were colored...it produces some of the most beautiful color tones.

To dye your eggs, place them in a single layer in a saucepan. Using a ratio of one tablespoon white vinegar for each quart of water, add liquid until the level is an inch or two above the eggs. Add dye ingredients and bring to a rolling boil. Reduce heat and simmer for 20 to 30 minutes. Rinse with lukewarm water. For darker tones, let the eggs sit in the dyes overnight in the refrigerator.

For an artistic effect, wrap your egg in kitchen twine or rubber bands before placing in the dye bath to get a batik-like effect. Place a sprig of an herb against the egg and secure with a nylon stocking. Again, you'll get a batik-like effect.

Here are some ideas for making your dyes to add to your fold and learn project:

**RED**—Pomegranate juice and lots of red onion skins (ask the produce man to save some for you). Boil with the eggs for 1/2 to 1 hour. Hibiscus flowers (you can find it in a dried tea form). Red wines (you don't have to add vinegar) also work great.

**PINK**—Beets (shred or grate first), cranberries or cranberry juice, raspberries, grape juice, juice from pickled beets, crushed red currants.

**VIOLET-BLUE**—Soak hardboiled eggs overnight in hot water to which you have added red cabbage, crushed violet, pansy or geranium blossoms.

**LAVENDER AND BLUE**—Use purple pansies, violets, or grape juice. For a darker lavender use frozen, fresh or canned (with the juice) blueberries, blackberries.

**YELLOW AND GOLD**—Orange or lemon peels (boiled), carrot tops (boiled), celery seed (boiled), ground cumin (boiled), ground turmeric (boiled). To use turmeric, add 1 to two teaspoons of the spice and 1 teaspoon white vinegar to a cup of hot water. Also try ground yellow mustard, saffron, curry powder; goldenrod, tansy, dandelion and daffodil blossoms.

**GREEN**—Add 1/4 teaspoon baking soda to a bowl of "violet blue" colored water before soaking the eggs. You can also soak eggs in boiled spinach water or liquid chlorophyll (available at natural food stores) or I dare you to try mixing a handful of fresh grass clippings and a little vinegar and water in a blender.

**BROWN**—To a cup of hot water, add 3 tablespoons instant coffee and 1/2 teaspoon vinegar. Boiled back walnuts shells also produce a nice brown color.



**Pysanky**—(pysanky-plural, py-sanka-singular) is derived from a Ukrainian word meaning "to write."

Pysanky are eggs (either whole raw eggs, or hollow) which have been decorated with a wax-resist method where one draws (or "writes," as Ukrainians would say) those portions of the design which you want to remain the color underneath the wax.

**Pysanky** is an ancient and beautiful form of folk art from the Ukraine. It consists of the decoration of eggs using beeswax and dyes. This art is most popular in a Ukrainian household near Easter time when eggs are created as gifts for family and friends. The symbols and designs on Pysanky eggs have special significance and meaning.

Creating pysanky designs requires several steps. Artists begin by drawing with melted beeswax directly onto the egg and then dipping it in dye. By removing and adding layers of wax and dye, patterns are created.



a pysanky egg drying rack



The hot wax is applied to the egg using a tool called a kistka. (pronounced *keest'-ka*) The kistka is like a pen for the hot wax used in the drawing the designs on the egg. Today, kistkas can be purchased or built by the user.

The final process is to seal the egg with a coating of sealer or varnish. Some pysanky artists use a drying rack for their eggs between dying that is made using a small board with nail groupings in threes that hold the eggs while they dry. This is a creative way to keep the eggs suspended while they dry.



a handmade kistka using a piece of copper shaped into a cone and wired onto a dowel rod.



This is a modern style kistka with a brass cup held by a wire.

*NOTE: Because making traditional pysanky involves hot wax and an open flame, it's an activity young children need to do under the supervision of an adult. (A great alternative is to purchase wooden eggs at the craft store and try using paints or markers to create the traditional designs.)*

#### Online Pysanky Egg Decorating Game

<http://www.scissorcraft.com/js/games/makeegg/dragndrop.htm>



### Some of the Pysanky Symbols

Diamond: signifies knowledge

Ladder: signifies prayer

Cross: Any form of the cross signifies the Resurrection of Christ

Wheat: signifies wishes for good health and a bountiful harvest

Dots: represent stars or the tears of Mary, mother of Jesus.

Net: signifies Christ as a fisherman

Eight-pointed Star: symbolizes Jesus Christ

Fish: signifies Christianity

Curl: signifies defense or protection

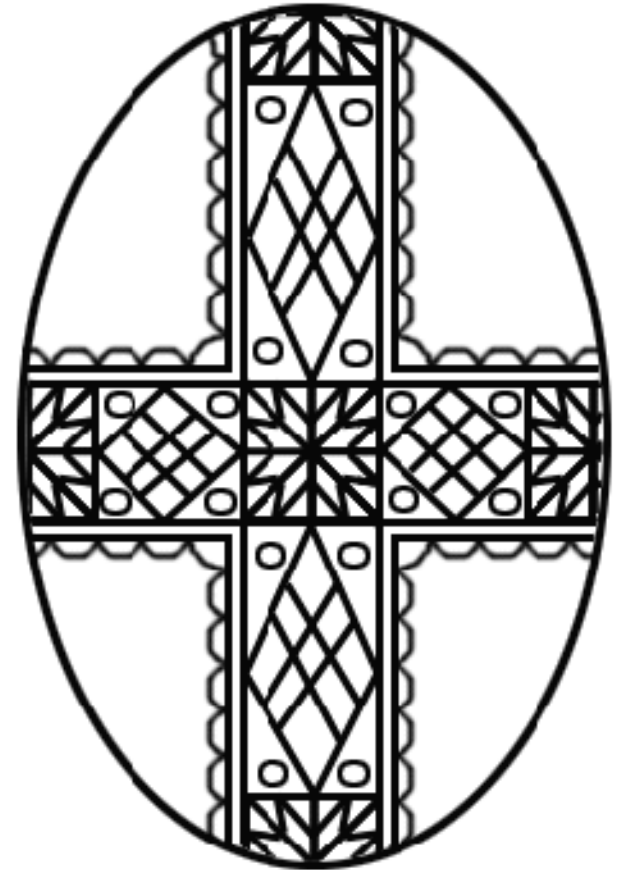
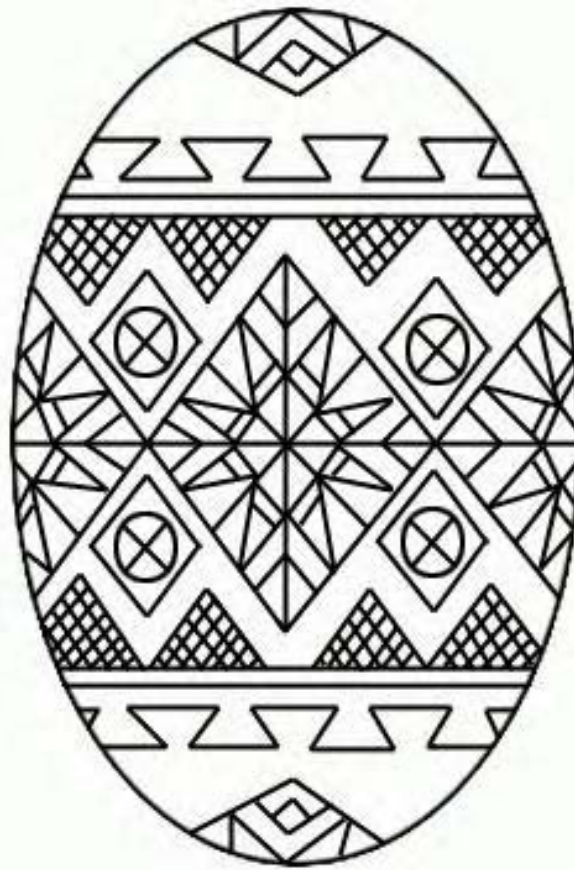
Rose: signifies love, caring

Triangle: signifies the Trinity.

Poppy: symbolizes joy and beauty

Ribbon: signifies everlasting life, and water

Designs circling the entire egg: Designs with no beginning or end signify eternity



### Pysanky Color Meanings

**WHITE:** Purity, innocence, birth

**YELLOW:** Light, purity, youth, happiness, hospitality

**ORANGE:** Strength, endurance, the eternal sun

**RED:** Happiness in life, hope, passion, the sun

**BLACK:** Eternity, the darkest time before the dawn

**BLUE:** The sky and life-giving air and good health

**GREEN:** Spring, hope and new growth



Ukraine Flag



Ukrainian Parliament Building



This is a photo of *Paska*, a Ukrainian ritual bread served at Easter. Paska is an enriched bread, using butter, eggs and sugar in the making of the dough and an egg/ water mixture is used as a glaze. It is generally round, and decorated with braided dough in the shape of a cross.

Natural Resources: Ukraine is rich in natural resources, including fertile farmlands, timber, and minerals.

Geography: The total area of Ukraine is 603,700 square kilometers (slightly smaller than the US state of Texas); Ukraine is the second-largest country in Europe. There are 2,782 kilometers of coastline. This large country is bordered by Russia, Belarus, Poland, Slovakia, Hungary, Romania, and Moldova.

Independence: Independence from the Soviet Union was achieved for Ukraine in August, 24 1991 (when the USSR came apart). Ukrainian Independence Day is celebrated on August 24 each year.



Saint Sophia Cathedral in Kiev, Ukraine



As Christianity spread throughout the world, more familiar traditions, symbols and celebrations of spring were associated with Easter and the resurrection, or Christ coming back to life after death.

One of the oldest spring symbols in the world is the egg. The oval shape of the egg was the same shape for a raindrop and a seed. These two were important life-giving elements. The egg itself promises new life as in spring, birds, and many other animals are hatched from eggs.

The Easter lily is a new but popular easter flower. The easter lily was brought into the United States in 1882 from Bermuda. They serve as a reminder of the purity of Christ.

The cross was also a well-known symbol before the time of Christ. It was used a special mark on clothes and buildings. However, when Jesus was crucified, the cross became a symbol of suffering. Then with the resurrection of Christ, the Christians saw it as a symbol of Jesus's victory over death. In A.D. 325, Constantine at the Council of Nicaea issued a decree that the Cross is the official symbol of Christianity.

The lamb was often sacrificed as offerings to God by the Hebrews long before the first Passover. When Jesus died, he gave himself as an offering to God for the sins of the world. Early Christians then saw the lamb as a symbol of Jesus and used it for Easter celebration. Many people serve lamb as part of the Easter feast.

# Easter Symbols





**Red** is for the blood He gave  
**Green** is for the grass He made  
**Yellow** is for the sun so bright  
**Orange** is for the edge of night  
**Black** is for the sin we made  
**White** is for the grace He gave  
**Purple** is for the hour of sorrow  
**Pink** is for a new tomorrow  
A bag of jelly beans  
colorful and sweet;  
it's a prayer, it's a promise,  
it's an Easter treat!

Easter hot cross buns aren't just a yummy treat served on Easter, but the cross-pastry icing on the bun reminds us of the cross on which Jesus was crucified.

Use your *Five in a Row Holiday* Recipe for making Hot Cross Buns. If you'd like, take a photo of your results, or you can cut out the picture below and place it in your fold and learn with the rhyme.

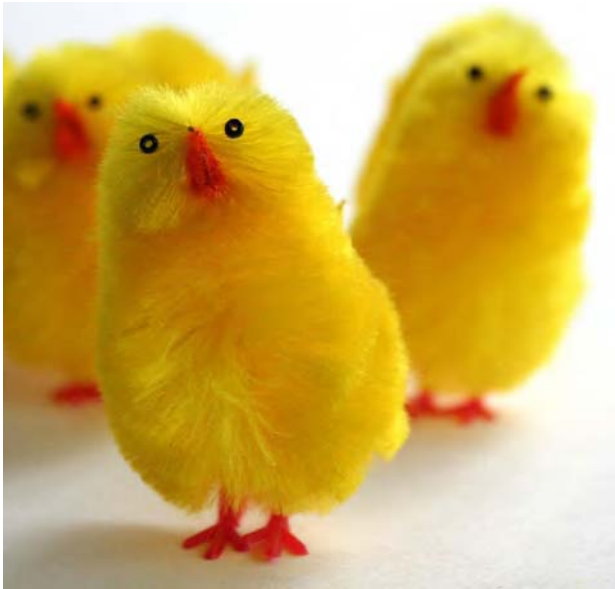
Just like the Ukranian tradition of making Paska bread, making and enjoying hot cross buns at Easter-time is a symbolic tradition passed down through the generations.



Hot cross buns!  
Hot cross buns!  
One a penny, two a penny,  
Hot cross buns!  
If you have no daughters,  
Pray, give them to your sons!  
One a penny, two a penny,  
Hot cross buns!



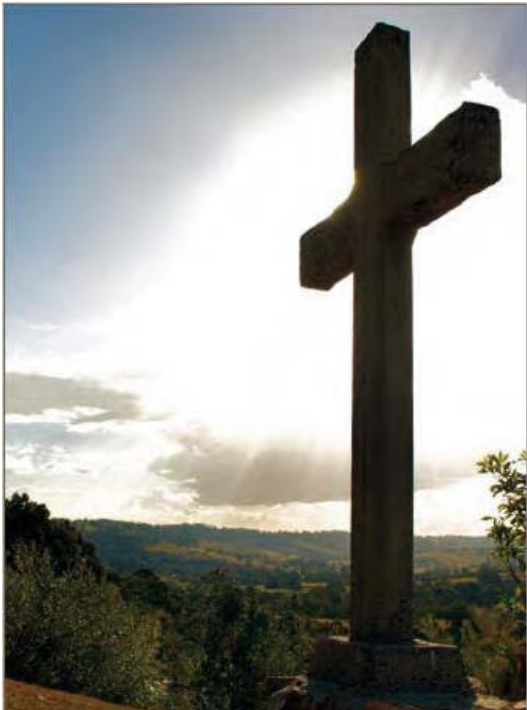




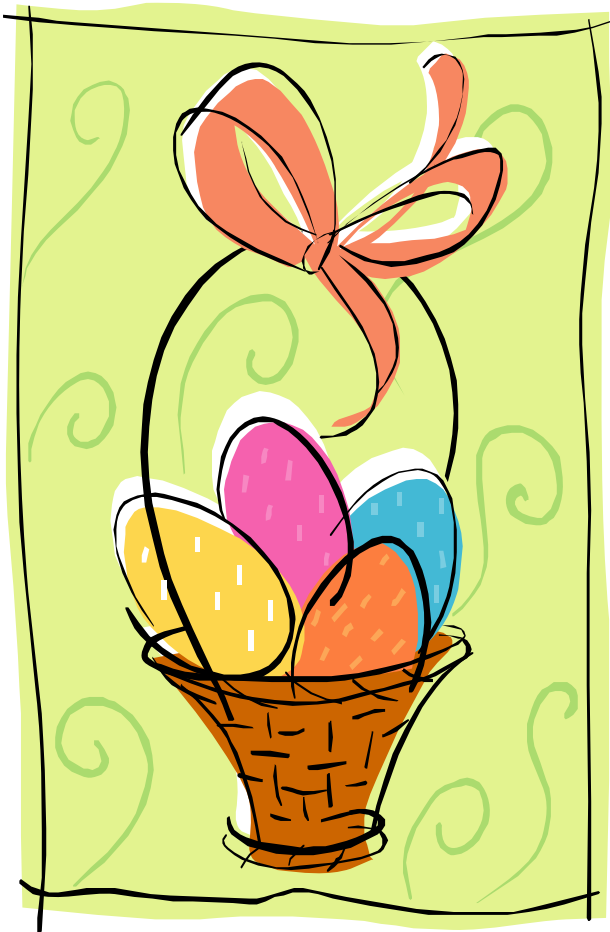
Easter Funny...

*Why shouldn't you tell an Easter Egg a joke?*

Because it might crack up!



Use the clips on this page to create some easter cards for friends and family. Take some to a nursing home or hospital near you if you like. Enjoy!



## Easter Chick Card Craft

Easter Cards are fun to make and share. Make this adorable chick card to share with friends and family.

### Supplies

Fuzzy Yellow Yarn

Dark colored brads

White or other color cardstock for the card]

Yellow Card Stock

Orange Card Stock

Glue

Scissors

[\*optional additional spring colors of cardstock for backgrounds]

1. Fold the cardstock for the card in half. Set aside.
2. From the yellow cardstock, cut one larger oval for the chick body, a small circle for the head and two more ovals for the wings. Set aside.
3. From the orange cardstock, cut one triangle for the beak and two triangles for the feet. Set aside.
4. Now you can glue a background piece on your card if you desire, in one of the other colors.
5. Take the large yellow oval cut for the body and wrap yarn around the oval to create the chick down. Tuck the end in around the back side and glue the oval to your card background.
6. Take the small circle you made for the head and place two brads for the eyes. Glue one of the orange triangles underneath for the beak.



7. On the back side of the chick's head, glue a small piece of yarn so that some of the fluff sticks up from behind.
8. Glue the chick's head down to the card.
9. Next, glue the wings and feet down. [You can slip the edges of the wings underneath the body a bit here.]
10. Let your glue dry and you are done!

Happy Easter!

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