

OUR 2022 IMPACT

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At Food for the Hungry (FH), we design, develop, and deliver catalytic solutions that transform systems so that communities challenged by poverty, injustice, and marginalization have the agency and resources necessary to be resilient and flourish. Since 1971, we have walked alongside the most vulnerable people in the hard places.

As the effects of COVID-19, climate, and conflict continue to devastate communities around the world, we are proud that in 2023, FH reached nearly 10 million people across more than 3,500 communities in 18 countries experiencing extreme poverty.

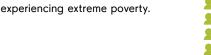
We are reimagining how to end global poverty, adopting a human centered and systems-based approach to co-create solutions with our shareholders. This will build agency and provide access to resources to the people we serve and build resilience preparing them to overcome future shocks and stresses, in whatever form they take.

Progress toward meeting the Sustainable Development Goals (SDGs) was halted – and in many cases reversed – during the COVID-19 pandemic, and an additional 75 to 95 million people are now expected to experience extreme poverty this year alone. That makes this an opportune time to reimagine how we can do more, with more, for more.

FH reached nearly 10 million people across more than 3,500 communities in 18 countries experiencing extreme poverty.

= 10,000 people reached









# **HEALTH AND NUTRITION** | page 6

We promote appropriate health and nutrition behaviors among vulnerable families and communities.

**277,690** women of reproductive age have improved health and nutrition behaviors.



### WATER, SANITATION, AND HYGIENE (WASH) | page 8

We provide access to improved water, sanitation, and hygiene (WASH) services necessary to prevent disease and ensure healthy, safe futures.

356,791 people benefited from our WASH programs.



## **EDUCATION** | page 10

We train parents, caregivers, and teachers to increase children's school readiness and improve their literacy and numeracy skills.

51,211 parents, caregivers and teachers improved these skills.



# **FOOD SECURITY AND LIVELIHOODS** | page 12

We provide skills and tools for people to create assets and develop the ability to purchase diversified food in order to provide for their families.

\$10,136,856 in assets with Savings and Farmers Groups



## TRANSFORMED LEADERS | page 14

We strengthen the capacity of community and church leaders through mentorship, so they can better govern their communities and respect the agency and voices of the people we serve.

**78,926** Leaders trained and mentored to lead their communities in building sustainable futures.



## **DISASTER RISK REDUCTION (DRR)** | page 18

We partner with local communities to reduce socio-economic vulnerabilities to disasters and mitigate the shocks and stresses that trigger them.

9,932 community leaders implemented Disaster Risk Reduction plans.



# **GENDER EQUALITY AND CHILD PROTECTION** | page 20

We work with families and communities to build fair, inclusive, and just societies where everyone has equal opportunities and rights to be able to reach their full potential.

34,223 community change agents reduced discrimination and violence

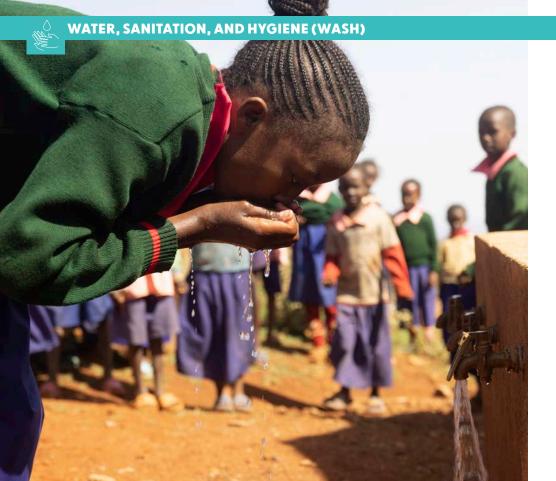


We reached 277,690 women of reproductive age through 4,262 Cascade Groups and trained 27,769 mother leaders on maternal and child health behaviors.

FH partners with governments, philanthropies, communities, churches, and local leaders to build the health resilience of vulnerable people by enabling them to access the improved health and social services necessary to survive and thrive. We work with communities to support physical health in children and families through training and educational workshops on topics such as early and exclusive breastfeeding. We provide access to health and nutrition screening and treatment to assist families in implementing preventative measures to keep children healthy, safe, and well-nourished.

Targeting action during the powerful, 1,000-day window between pregnancy and a child's second birthday, FH supports the long-term physical, emotional, and cognitive development of vulnerable women and children. FH employs an evidence-based, innovative Cascade Group social and behavior change platform. Through this platform, community-based volunteers are educated, equipped, and mobilized to become health educators. This method leverages existing social networks to empower mothers to act as community leaders, educating and engaging their neighbors and friends on vital topics.

COUNTRY	# OF ACTIVE CASCADE GROUPS (CG)	# OF CAREGIVERS REACHED BY CG
AFRICA		
BURUNDI	47	42,700
DEMOCRATIC REPUBLIC OF THE CONGO	104	9,190
ETHIOPIA	211	22,200
MOZAMBIQUE	260	14,520
RWANDA	72	6,230
UGANDA	364	3,830
ASIA		
BANGLADESH	1,367	92,130
CAMBODIA	756	15,210
INDONESIA	31	890
PHILIPPINES	122	20,570
LATIN AMERICA AND THE	CARIBBEAN	
BOLIVIA	331	16,210
DOMINICAN REPUBLIC	99	3,110
GUATEMALA	152	21,280
HAITI	32	4,710
NICARAGUA	2	50
PERU	312	4,860
TOTAL	4,262	277,690



363,017 people benefited from our WASH program, and we constructed or rehabilitated 7,384 WASH infrastructures, such as latrines, handwashing stations, or water points.

FH partners with vulnerable communities and families to increase their access to improved water, sanitation, and hygiene (WASH) services necessary to prevent disease and ensure healthy, safe, and resilient, flourishing futures. Recognizing that poor WASH conditions have a particularly detrimental effect on child growth and development, many of our programs focus on behavior change techniques that enable proper sanitation practices and promote good food and environmental hygiene. We also work to increase access to basic sanitation facilities and improved water sources, as well as safe water storage and treatment.

COUNTRY	# OF INDIVIDUALS BENEFITED FROM WASH PROGRAM	WATER, SANITATION AND HYGIENE (WASH) INFRASTRUCTURES REHABILITATED OR CONSTRUCTED
AFRICA		
BURUNDI	19,192	1,422
ETHIOPIA	131,757	106
KENYA	19,376	41
MOZAMBIQUE	36,737	4,840
RWANDA	4,441	24
SOUTH SUDAN	6,226	6
UGANDA	99,119	86
ASIA		
BANGLADESH	3,367	407
CAMBODIA	16,637	98
INDONESIA	2,855	6
PHILIPPINES	3,450	2
LATIN AMERICA AND THE CARIBBEAN		
BOLIVIA	7,810	224
DOMINICAN REPUBLIC	960	24
HAITI	3,159	19
NICARAGUA	7,931	79
TOTAL	363,017	7,384

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We trained 51,211 parents and caregivers to increase school readiness as well as literacy and numeracy skills amongst the children. We also developed the skills of 5,529 teachers in classroom practices to improve instructional methods for literacy and numeracy.

FH implements a wide range of education interventions that impact children during their first nine years of life. These targeted interventions not only bring holistic development to children in the first five years of life, but also cognitive gains for improved literacy and numeracy as they transition from early childhood development to primary school. FH programs support a holistic, integrated approach, promoting evidence-based interventions that improve child learning by engaging and strengthening three influential groups:

- **1. Parents.** Positive parenting and caregiver support is critical to a child's development. Working through community volunteers in bi-monthly meetings, caregivers practice child stimulation and early learning while decreasing and mitigating toxic stress, which hinders child well-being and development.
- **2. Teachers.** Teacher quality is the most important school based factor in student achievement. In collaboration with the Ministries of Education, FH's interventions increase teacher capacities in numeracy, literacy, and classroom practices.
- **3. Community members.** FH engages the community to increase positive out-of-school learning opportunities. This includes working with churches and community leaders to increase opportunities for learning, as well as community learning spaces and materials to increase academic outcomes.

COUNTRY	# OF TEACHERS TRAINED	# OF CAREGIVERS TRAINED IN EDUCATION
AFRICA		
BURUNDI	355	188
ETHIOPIA	431	844
KENYA	11	504
MOZAMBIQUE	74	134
rwanda	294	2,119
UGANDA	1,266	5,965
ASIA		
BANGLADESH	69	13,235
CAMBODIA	1,505	3,793
INDONESIA	40	574
PHILIPPINES	0	11,008
LATIN AMERICA AND THE	CARIBBEAN	
BOLIVIA	1,404	2,637
DOMINICAN REPUBLIC	-	755
GUATEMALA	-	8,888
HAITI	80	58
NICARAGUA	-	472
PERU	-	37
TOTAL	5,529	51,211



Food insecurity is often a result of economic hardship. To improve the livelihood resilience of vulnerable people, last year we mobilized people to create assets worth over \$10 million through the formation of 6,137 Savings and Farmers Groups.

FH works to strengthen food and livelihoods resilience among vulnerable households. We do this through evidence-based models and approaches, including food and market system strengthening; climate-smart agriculture; household income diversification; facilitating access to improved agricultural inputs and assets, such as livestock; linking farmers to finance and markets; and strengthening the capacity of farmers and other community members to modify their food systems in a way that builds resilience to face climate change and other shocks and stresses.

FH's agroecology research to change agricultural production systems, practices, and policies has validated water and soil conservation, erosion control, fertility restoration, and agroforestry practices.

COUNTRY	# OF SAVINGS GROUP	TOTAL ASSETS IN DOLLARS
AFRICA		
BURUNDI	1,059	\$758,179.00
DEMOCRATIC REPUBLIC OF THE CONGO	187	-
ETHIOPIA	232	\$109,649.00
KENYA	295	\$326,492.00
MOZAMBIQUE	35	\$ -
RWANDA	1,065	\$1,595,887.00
UGANDA	1,388	\$384,737.00
ASIA		
BANGLADESH	460	\$452,638.00
CAMBODIA	270	\$1,468,957.00
INDONESIA	47	\$101,427.55
PHILIPPINES	285	\$1,179,293.54
LATIN AMERICA AND THE CARIB	BEAN	
BOLIVIA	258	\$138,184.26
DOMINICAN REPUBLIC	110	\$716,475.00
GUATEMALA	147	\$1,275,503.03
HAITI	95	\$995,905.75
NICARAGUA	164	\$564,767.00
PERU	40	\$68,761.75
TOTAL	6,137	\$10,136,856.88



Transformed leadership is a critical pillar of FH's goal to eliminate extreme poverty. We formed 5,511 Leaders Groups and built the capacity of 78,926 leaders in their pursuit of transformational development.

Leadership at the community and local-church level involves influence, power, and input into public decision-making, enabling these individuals to become catalysts in their communities. Leadership skills included in FH's training facilitate policy development, program implementation, and organizational maintenance. Transformed leadership works with a community's hopes and best interests in mind to provide the necessary motivation for people to overcome critical limiting factors in their transformational journey.

AFRICA	LEADER GROUPS FORMED  145  187	COMMUNITY LEADER GROUPS 2,900
		2,900
DUDUNDU		2,900
BURUNDI	187	
DEMOCRATIC REPUBLIC OF THE CONGO		3,740
ETHIOPIA	292	8,669
KENYA	83	1,660
MOZAMBIQUE	366	1,776
RWANDA	103	438
SOUTH SUDAN	4	80
UGANDA	977	19,540
ASIA		
BANGLADESH	1,567	19,286
CAMBODIA	411	2,439
INDONESIA	120	1,750
PHILIPPINES	289	5,423
LATIN AMERICA AND THE	CARIBBEAN	
BOLIVIA	645	5,290
DOMINICAN REPUBLIC	35	320
GUATEMALA	27	540
HAITI	32	640
NICARAGUA	98	1,965
PERU	130	2,470
TOTAL	5,511	78,926





In communities where FH works, Disaster Risk Reduction (DRR) strategies are employed to reduce socio-economic vulnerabilities to disaster as well as deal with other shocks and stresses. We trained 9,932 community leaders in Disaster Risk Reduction and Management and 670 communities are implementing DRR plans.

Communities, families, and individuals must have adaptive, absorptive, and transformative capacities to deal with shocks and stresses, including disasters. FH works to strengthen communities as a key part of disaster risk reduction, which is a systematic approach to identifying, assessing, and reducing the risks of disaster and losses in lives, livelihoods, economies, and basic infrastructure. We bring local governments, partners, and communities together to ensure a safer, sustainable future. We support leaders to develop their DRR plans to identify and map local capacities to cope with these hazards. This ultimately equips them to conduct effective disaster response while reducing risks that similar disasters will reoccur. It also ensures the emergency response does no harm by replacing or reinstating critical vulnerabilities.

COUNTRY	# OF COMMUNITY LEADERS TRAINED IN DRR	# OF COMMUNITIES THAT IMPLEMENTED DRR PLANS
AFRICA		
BURUNDI	165	74
ETHIOPIA	1,766	112
KENYA	274	21
MOZAMBIQUE	270	10
RWANDA	110	40
UGANDA	1,529	38
ASIA		
BANGLADESH	60	2
CAMBODIA	1,237	94
INDONESIA	203	3
PHILIPPINES	1,089	88
LATIN AMERICA AND THE	CARIBBEAN	
BOLIVIA	-	4
DOMINICAN REPUBLIC	271	54
GUATEMALA	2,056	0
HAITI	-	39
NICARAGUA	373	37
PERU	529	54
TOTAL	9,932	670



Women and girls deserve to live in safety, dignity, and freedom without violence. We formed 2,002 Child Protection and Gender Groups and supported the skills development of 34,223 volunteers to transform the hearts and minds of community members on gender issues.

Poverty and inequality are interlinked, and gender inequality, specifically, is one of the key drivers of poverty worldwide. Gender defines the power relationship between men and women, and that relationship determines who has more economic, social, and political power. Gender inequality can harm both men and women, however it disproportionately affects women. At FH, we integrate a gender perspective across all programs in technical design, implementation, and monitoring as we strive to ensure equal access and fair systems across sectors and levels of society. We focus on protection, equal access, and fair systems in education, health, and economic empowerment to improve families' and communities' wellbeing. Through the formation of gender groups, we engage communities, sensitize them on gender issues, and build their capacity to work with larger communities so women and children are not denied access to essential services, including healthcare and education. This also protects children from all forms of abuse.

COUNTRY	# OF CHILD PROTECTION AND GENDER GROUPS	TOTAL MEMBERS IN CHILD PROTECTION AND GENDER GROUPS
AFRICA		
BURUNDI	12	145
ETHIOPIA	108	8,603
KENYA	33	660
MOZAMBIQUE	8	32
RWANDA	22	109
UGANDA	68	163
ASIA		
BANGLADESH	1,248	17,316
CAMBODIA	126	2,267
INDONESIA	76	1,667
PHILIPPINES	44	594
LATIN AMERICA AND THE C	ARIBBEAN	
BOLIVIA	122	672
DOMINICAN REPUBLIC	46	493
GUATEMALA	4	80
HAITI	59	664
NICARAGUA	11	220
PERU	15	538
TOTAL	2,002	34,223

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#### **AFRICA**









## **BURUNDI**

In Burundi, FH strives to bring holistic transformation to communities and households through integrated community development programs implementing health and nutrition, food security and livelihoods, water and sanitation (WASH), and disaster risk reduction (DRR) interventions.

114,020 people reached through nine projects

1,810 saving groups saved \$167,288, resulting in total capital of \$758,179.

1,458 leaders were trained and now drive sustainable development in their communities.

11,155 teachers were trained to improve literacy and numeracy skills among children.



#### **ETHIOPIA**

Ethiopia is FH's largest operation, working to address the needs of millions of people in vulnerable communities through regular programs and humanitarian responses. FH works in six regions, addressing needs in the areas of food security and livelihoods, health and nutrition, education, emergency WASH and shelter, mental health and pychosocial support, multi-purpose cash, and disaster risk reduction.

2,005,020 people reached through 68 projects funded by grants and private resources.

2,220 cascade groups have impacted 22,200 mothers, improving the health and nutrition of their families.

10,872 individuals have participated in saving groups.

1,574,502 individuals affected by food shortages have been assisted with food rations.

45,365 households and 306,116 individuals have benefitted through diversified livelihood interventions.

256,088 people have been served by WASH interventions.

45,553 households received access to clean and safe water through 58 newly constructed water points.



#### **KENYA**

In Kenya, FH works in Marsabit county and Buuri-East sub-county in Meru to build resilient communities in areas impacted by climate change. FH programs promote the health and well-being of households, strengthen food security and livelihoods, improve learning outcomes for children, and enable representative and accountable governance systems.

74,909 people reached through six projects

As part of COVID-19 response, 1,734 people received distributions of food, animals, seeds, and other livelihood support.

17,282 people have been served by WASH interventions including establishment of safe water stations.

2,830 individuals have improved their net income through village savings and loan associations (VSLA).

44,190 farmers have improved their crop production through training.

25 water points were constructed and 51,303 individuals benefited from clean/safe water supplies.

144 teachers were trained and 36,361 children are benefiting from an improved education as a result.

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## **MOZAMBIQUE**

In Mozambique, FH works in partnership with communities to build resilient, sustainable futures through the implementation of food security, livelihood, health and nutrition, WASH, and disaster risk reduction interventions.

337,634 people reached through 23 projects.

14,540 children are receiving education in a better school environment.

32,128 mothers have participated in health and nutrition programs.

27,565 individuals have enhanced their income through participation in saving groups.

36,737 individuals have gained access to clean and safe water.

46,200 individuals have received emergency food supplies.



### **RWANDA**

In Rwanda, FH contributes to a thriving environment in seven districts through integrated programs implemented in partnership with the communities and local authorities. Programming focuses on building resilience by improving food security; livelihoods; access to quality basic education; children, maternal and adolescent health assistance; WASH interventions; family harmony; and social cohesion.

191,183 people reached through eight projects

33,362 people were served by WASH interventions, including the establishment of water stations and access to safe drinking water.

6,230 mothers benefited from health and nutrition interventions through 72 cascade groups.

26,958 individuals have participated in saving groups and have increased their assets to \$1,595,887, providing increased access to loans.

56,890 farmers increased their crop productivity through training in improved agricultural techniques.

438 community leaders have been trained, resulting in improved governance in their communities.

21,560 children have access to improved education as a result of FH training completed by 301 teachers.



### **SOUTH SUDAN**

In South Sudan, FH partners with others in the social protection sector, focusing on education, health, and protection.

69,853 people reached through five projects.

6,226 households now have access to clean, potable water.

2,489 teachers were trained and 286,667 children benefited through the education project, resulting in improved academic performance.

60,280 girls have improved school attendance resulting from educational cash transfers and the distribution of dignity kits for their menstrual-hygiene management.



#### **UGANDA**

In Uganda, FH serves vulnerable communities through integrated community development program approaches implementing food security, livelihood, health and nutrition, WASH, and DRR interventions.

246,161 people were impacted through nine projects.

20,200 people increased their income as a result of their participation in VSLAs.

107,403 farmers received training in improved farming practices.

13,320 youth were trained in business development and have increased their income.

67.326 children benefited from health and nutrition interventions.

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#### **ASIA**









## **BANGLADESH**

In Bangladesh, FH works with local leaders to build their capacity through an integrated approach to disaster risk reduction, livelihoods, education, health, nutrition, and WASH to bring about sustainable development in the community. It also works with the Rohingya refugees to provide health care with the support of UNHCR.

248,350 people were impacted through 31 projects.

60,530 individuals benefited from healthcare services and support provided to Rohingya refugees through a grant project funded by UNHCR.

Six cooperatives, and 438 saving groups with 8,980 members have been established to build economic stability in their communities.

546,076 individuals benefited from COVID-19 awareness raising and other relief interventions.



### **CAMBODIA**

For the past three decades, FH has served the most vulnerable Cambodians by providing relief to displaced individuals and shifting to sustainable development. The integrated approach focuses on education, health, food security, and livelihoods designed around their strength working with children, families, and communities.

110,140 people were impacted through eight programs.

6,865 individuals were impacted through a grant project funded by Transform Aid International (TAI), Australia, to help children and youth to achieve their full potential.

6,767 individuals received livelihood support during the COVID-19 pandemic.

1,444 individuals received education interventions resulting in improved academic success.

#### **INDONESIA**

In Indonesia, FH employs an integrated sustainable development approach focusing on disaster risk reduction, education, health, nutrition, and livelihoods. It has also been a leader in exploring digital learning for children during crises, especially during COVID-19.

37,588 people reached through three programs

9,071 individuals benefited from hygiene kits, hygiene awareness promotions, and water stations during the COVID-19 pandemic.

538 children demonstrated academic achievements using digital learning applications in collaboration with Enuma Inc. and the Head Foundation.



# N PHILIPPINES

The Philippines is situated in the Pacific ring of fire, making it prone to typhoons and other disasters. FH works closely with communities to build resilience and prepare for disasters. It also implements an integrated sustainable development program focusing on education, health, nutrition, and livelihoods in partnership with local governments and government institutions.

96,784 people were impacted through six programs.

1 grant project, funded by Tearfund New Zealand, focused on Disaster Risk Reduction and livelihoods, especially agriculture, and promoted financial saving by the participants.

28,658 individuals were reached with COVID-19 awareness and prevention campaigns and individual contact using remote communication mechanisms during the pandemic.

More than 7,400 families were supported by disaster relief operations.

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#### LATIN AMERICA AND THE CARIBBEAN









## **BOLIVIA**

In Bolivia, FH is changing lives by bringing hope and clean water to families through an integrated approach to development led by the Bolivia con Agua public-private partnership.

69,592 people were impacted through seven programs

7,000 people in 30 communities now have improved access to safe drinking water

605 farmers have received distributions of horticultural seeds, improving their food diversity and contributing to improved nutrition for 3,025 people.

220 water and irrigation systems were designed and built benefiting more than 1,100 households.



#### **DOMINICAN REPUBLIC**

In the Dominican Republic, FH works to promote better nutrition for families and communities, increase food production in the face of climate change, and help farmers increase their incomes through local markets.

34,306 people were impacted through three programs

1,305 vulnerable people (261 households) now have improved access to nutritious food.

50 artisanal irrigation mini-systems were built to manage the impact of climate variability on crops, improving food production in 25 communities.

78 farmers increased their net income through the commercialization of bananas, obtaining an average income of \$1,818 dollars per harvest.



### **GUATEMALA**

FH works in Guatemala to build just and resilient communities that flourish in a safe environment with opportunities.

149,056 people reached through six projects

1,400 caregivers acquired skills and knowledge about the importance of early childhood development and have the tools to promote the cognitive and emotional development of their children.

3,372 families have improved their diet by raising small animals.

1,860 people have enhanced their income through the production and sale of surplus eggs.

2,103 families with children under 5 years of age have received complementary foods (Incaparina, protein drink) to help improve their nutritional status.



In Haiti, Food for the Hungry continues to plant the seeds of hope for the most vulnerable people by helping communities strengthen livelihoods and resilience in food-insecure households, contributing to improved health, hygiene and nutrition, promoting the flourishing of the community

49,201 people were impacted through 4 programs.

1479 farmers have improved food security through cultivating vegetables and fruit, and raising rabbits, goats and cows. Program participants use the sale of surpluses to generate income to buy agricultural inputs and educate their children.

6,261 rural households through 67 saving groups have improved access to financial services.

2,730 pregnant women and 4,464 nursing mothers received multivitamins; 432 women participated in training on nutritional practices, breastfeeding, and essential maternal and neonatal care.

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FH works in Nicaragua with the purpose of contributing to the sustainable transformational development of families in the communities served.

34,413 people were impacted through three programs.

437 leaders were trained to strengthen their management of community development and, in turn, managed 83 micro-projects for the well-being of families.

262 children and 118 young people were trained in five life skills.

724 farmers increased their agricultural production of beans, corn, rice, and sorghum as a result of applying improved agricultural practices.



In Peru, FH supports community transformation through equal opportunities and healthy and resilient environments in order to reach their God-given potential.

44,251 people were impacted through two programs.

1,087 children improved their reading skills.

900 children now have equal access to virtual education.

400 women received training in self-esteem and leadership.

















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