



**FOOD FOR
THE HUNGRY**

IS IT POSSIBLE TO END
POVERTY?

10 CREATIVE WAYS TO HELP INSPIRE YOU



Introduction

Poverty is a paradox. On one hand, it's as simple as a list of needs and data. On the other hand, it's as complicated as the human soul.

IN MATTHEW 26:11, JESUS SAID, "FOR YOU ALWAYS HAVE THE POOR WITH YOU, BUT YOU WILL NOT ALWAYS HAVE ME."

In light of all the commands our Lord gave concerning helping those in need, we know He didn't say this to discourage us from alleviating the suffering of the poor. But in this statement, Jesus gravely affirms the complexity of poverty.

This sobering reality calls for all of us to get involved. The solution to poverty is bigger than any one person or organization.

Families around the world are living on less than \$2.00 a day. According to UNICEF, more than 11,000 children die each day around the globe due to the effects of poverty.

That's not OK!

It will take the creative, joint efforts of men, women and children to rid the world of this painful blight on our society.

WE WANT THIS E-BOOK TO SPARK YOUR CREATIVITY, TO INSPIRE YOU TO DO WHAT YOU CAN TO END POVERTY, THROUGH THE STORIES OF OTHER PEOPLE JUST LIKE YOU WHO ARE MAKING A DIFFERENCE IN CREATIVE WAYS.

Whether you think of a way to fund new projects, raise awareness or educate your friends about poverty, there's always something you can do to be a part of the solution.

The problem of poverty is complex. But the answer is simple. **YOU.**

Andrew Greer

MUSICIAN



Singing to inspire and encourage

Music is a powerful tool to move hearts and remind us of what's most important in life. This couldn't be truer for Christian musical artist [Andrew Greer](#).

Andrew has a love for the music and history of the hymns. Without them, he may never have started his career as a musician or even discovered God. Along with singer-songwriter [Cindy Morgan](#), Andrew started the "Hymns for Hunger" tour raising awareness of international hunger and raising funds for relief organizations like Food for the Hungry.

"For three years, I have been honored to work alongside my friends at Food for the Hungry as they diligently work to break the cycle of poverty in families and communities in Latin America. As I have worked alongside my Nicaraguan friends, my mind and heart have been opened even wider to the kingdom of God at work here on earth."

– Andrew Greer

Karen Randau

AUTHOR



“There are millions of people around the globe who are struggling in extreme poverty and while the task of ending their suffering seems overwhelming, individuals working together can make a huge difference.”

– Karen Randau

Donating a portion of book sales

If you were looking for ways to end poverty, you probably wouldn't look in the fiction section of your favorite bookstore. But that's right where you'd find Karen Randau's *Deadly Deceit*, a delightfully suspenseful read that's more than a good story.

The author, [Karen Randau](#), has committed to donate a portion of every book sale to Food for the Hungry, uniting with us in the effort to eliminate extreme poverty.

While successful in her marketing career for the high tech and mental health industries, God led her on to work with us at FH as a content marketer. Now, her marketing skills and writing are helping us tell the stories of those in the greatest need.

As a part of our staff, Karen was already making a difference to end poverty, but she wanted to go further. Along with her dream of becoming a novelist, she wanted to pursue her dream of a world without poverty.

Stephanie Flies

BLOGGER



Recruiting sponsors using social platform

Being a stay at home mom can be one of the most rewarding and lonely times for many women. Stephanie Flies, Founder and Director of Advancement at [City Moms Blog Network](#) is here to give moms a sense of community, guidance, and support.

[After a trip to Guatemala with FH](#), Stephanie and her blogging sisters decided they wanted to leverage their national platform to end poverty through child sponsorships. City Moms Blog Network has set a [goal to recruit sponsors for 300 Guatemalan children](#) from their national audience.

“What we would soon find as we stepped into these communities and interacted with the beautiful people of Guatemala was that even though they are living in extreme poverty and in conditions that were beyond our imagination, we would find moms surrounding us that we could identify with... This bond of motherhood that we felt to these women was so present, so real, so powerful, and how can we not walk away wanting to help, wanting to do more, wishing better for these moms – moms just like us.”

- Stephanie Flies

Seth Wilson

PINT-SIZED FUND RAISER



“It was extremely gratifying to see them work together to share their generosity and nurture their compassion using a global perspective.”

– Sarah Wilson

Working together to share generosity

For most six-year-old boys, a **cow**, a **chicken**, and a pair of **plastic shoes** to protect a child’s feet in **Burundi** from getting worms would never be seen on their Christmas list. But Seth Wilson from western Michigan isn’t your typical six-year-old.

With the help of his parents, Seth and his brothers asked local grocery stores and an ice cream shop to donate items for an ice cream social. They set up their social, and raised all the money necessary except \$2.00 to cover the items in the FH **gift catalog** they had chosen.

Seth and his brothers donated the remaining \$2.00 from their allowance to cover all the items they had chosen from the catalogue. Seth’s mom, Sarah, couldn’t be prouder. And neither could we.

Sarah Bonham

ENCOURAGER



Blogging to bring encouragement

You couldn't tell it by looking at her, but there's more to Sarah Bonham than meets the eye. She's a thoughtful young woman raised by a good Christian middle-class family, yet she's tackling the darkest problems of our world through her gift of encouragement.

Sarah brings her encouragement to the world primarily through her blog, [Blackberry Morning](#), where she inspires readers to live an artful life through delicious food recipes, craft ideas, gardening and motivational thoughts. She's even gotten into acting – making people laugh and think on the popular comedy YouTube show, [Blimey Cow](#).

Several years ago at a Leeland concert, Sarah learned about child sponsorship with FH. When she saw Saharah, an eleven-year-old from Indonesia, she knew she needed to become a child sponsor.

Whether it's blogging about artful living or acting on YouTube, Sarah uses every gift she has to encourage people to use their creativity to make a difference.

Sarah Bonham CONTINUED



“Help in the way that you have something to offer. If you are able and you’re really good at building things and know of a place where people need a house, go do that. If you are really good at fixing food, use that gift to fill in somewhere. If you are just blessed financially – or not but have some – you can sponsor a child or give your finances another way to fill in the gap. Use whatever talent you have.”

– SARAH BONHAM

Julie Vanderburg

CUSTOM CAKE MAKER



Baking love into every cake

Cakes, marathons and hunger don't have anything to do with each other – until you meet Julie Vanderburg Randolph. Julie's bakery business [Piped Dreams](#) makes custom cakes as delicious as they are beautiful. One day, she heard about FH and decided to do more than sponsor a child. She decided to be an advocate.

With every cake, besides sending a donation to FH, she prints pages from [FH's advocate tool kit](#) and gives it to the customer along with a pre-paid envelope. This way, she's getting the word out about the plight of families trapped in extreme poverty as well as raising money. She also raises funds by running marathons and taking pledges for donations from her friends and family.

"What we think of as poverty in the U.S. isn't real poverty. That concert really opened my eyes to the extreme poverty that exists outside of my country. You hear about poverty and hungry kids and families, but once you actually see it – especially through child sponsorship and all the information I've gotten through Food for the Hungry – I've realized how drastic the situation is."

– Julie Vanderburg Randolph

Charith Denson

PHOTOGRAPHER + ARTIST



“When helping people in developing nations move out of poverty, sometimes it’s hard for them to identify their stories and share them with Western audiences.”

– Charith Denson

Using storytelling to help others

What can a “starving artist” do to help others out of extreme poverty? A lot, it turns out.

In 2013, fellow photographers [Charith and Michael Denson](#) met over coffee and art, and fell in love, got married, and began collaborating on numerous commercial and outreach projects. In their local city, the Densons teach art to troubled youth, helping them to express their ideas through art instead of violence.

Charith began traveling with FH in 2008 to capture the stories of those trapped in extreme poverty. Recently, she and Michael brought their artistic outreach approach to Peru, where they taught FH volunteers and staff how to express their stories through art.

They’ve also chosen to use some of the proceeds from their art sales to sponsor Patricia, a child in Nicaragua Charith met while on a trip with FH.

Paul Roberts

PASTOR



Motivating from the pulpit

Quest Fellowship isn't a megachurch with millions of dollars in their annual budget. But they were determined to do something together as a faith community to eliminate extreme poverty in the world.

What started out as a general sense of dissatisfaction has turned into a beautiful story of one community helping another. "Personally, I feel that Christianity for so long has been about going to church in America, not about living out our faith, to have a passion for those who are hurting," shares Pastor Paul Roberts of Quest Fellowship Church.

In response, the leadership team at Quest Fellowship Church **decided to partner with FH and sponsor a community** in the grip of poverty.

They launched the partnership with a sermon series from the book of Isaiah called *Beyond Me*. Since then, the members of Quest Fellowship have sponsored more than 200 children from the city of Mentawai, Indonesia.

Paul Roberts CONTINUED



“Food for the Hungry’s methodology of partnering a local church in the U.S. with a community around the world is what sparked my interest as a pastor. We had been trying for years to create a missional focus for our church and have a long-term relationship around the world. To be able to go into a community, start a partnership and know that 10 years down the road you’ve changed that community in every way – that was exciting for us.”

– PASTOR PAUL ROBERTS

Bethany Barr Phillips

ARTIST + CANCER SURVIVOR



Singing messages of hope

As a Christian artist and cancer survivor, [Bethany Barr Phillips](#), uses her music to address suffering and hopelessness, pointing her listeners to Christ through the Scriptures.

As a way to be a part of the solution to poverty and hunger she's locked arms with Food for the Hungry and encourages her audience to consider sponsoring a child.

“I have loved serving alongside this organization. If you’ve ever thought of sponsoring a child, these guys are amazing!”

– BETHANY BARR PHILLIPS

Nancy

NON-PROFIT FOUNDER



"I love knowing that the needs of my sponsored child and her family are being provided and that Rose Ann is learning Bible verses."

– Nancy

PHOTO: NANCY'S SPONSORED CHILD, ROSE ANN, PHILIPPINES

Giving monthly financial assets

Poverty fighters come in all shapes, sizes and... ages.

Nancy is 78 years old, and has been a FH donor for some time. But even at her age, Nancy has found a way to increase her impact and eliminate poverty.

One day while visiting her mother in the nursing home, Nancy met a 38-year-old woman with multiple sclerosis in a wheelchair. After calling the Multiple Sclerosis Society, she discovered that there's almost nowhere for the victims of this debilitating disease to live, so they end up living in assisted living facilities.

Nancy decided to do something about it. She started a nonprofit organization, bought a piece of property, and renovated it with the help of other organizations for those with disabilities. After ten years, she sold the property to a partnership of organizations who would continue to care for those who needed low cost housing and disabled persons.

Nancy CONTINUED

With the proceeds of the sale, Nancy set up a Charitable Remainder Trust (CRT). With a CRT, a donor places a major gift of cash or property into a trust, and the trust pays a fixed amount of income each month to the donor or the donor's specified beneficiary.

Nancy chooses to give her monthly portion to organizations that God puts on her heart. She also uses the money to sponsor a child through FH.

When Nancy passes on, the remainder of the CRT will go to the charities Nancy has specified, and Food for the Hungry is one of the recipients.

“You don’t have to give large amounts of money. Even a small amount is very much appreciated and goes a lot farther than our U.S. dollar. And it isn’t all about money. Especially if you’re a senior with extra time on your hands, think about volunteering.”

– NANCY

Ordinary People Doing Extraordinary Things

In the face of crushing poverty, it's easy to get overwhelmed. It's paralyzing to think of the complexities of hunger and economic oppression.

But as we see in the lives of these 10 ordinary people – these poverty fighters – it's possible for ordinary people to do extraordinary things.

At Food for the Hungry, we pray this e-book has inspired you to put your talents and resources to use in the fight against extreme poverty. Because what this hurting world needs the most is...

YOU.

**To start your journey to end poverty, visit:
fh.org/get-involved**

**To sponsor a child, visit:
fh.org/give**



About Food for the Hungry

We seek to end ALL forms of human poverty by going into the hard places and closely walking with the world's most vulnerable people. We actively partner with churches, leaders and families to build transformational relationships, usher justice and renew communities so God's purpose is revealed in each person we serve.

Inspired and led by our Christian beliefs, we faithfully serve vulnerable people across the globe without regard to race, creed or nationality and without adverse distinction of any kind. We serve without stipulation or expectation and on the basis of need alone. We strive to respect the culture and customs of the people we serve in order to preserve their humanity and dignity.

FH.ORG



**FOOD FOR
THE HUNGRY**

1224 E. Washington Street, Phoenix, AZ 85034
866-307-3259