

MULTISPORT

COSTA RICA

Arenal & Manuel Antonio Park



→ *Classic*
JOURNEYS



“Classic Journeys
provides
unbeatable access
to experiences
around the globe.”

— *Travel + Leisure*

The Perfect Blend of Adventure & Nature

You expect paradise to be beautiful. But who knew it was so much fun? Costa Rica blends adventure and nature like nowhere else. A quarter of the country is protected paradise for everything from anteaters to orchids. The best part is how easy and exciting it is. You don't just look at the cloud forest canopy. You stroll through it on suspended bridges or glide through on a zipline. You can high-five a monkey from a kayak or slalom down a colorful tropical jungle river by raft. And you'll explore with expert naturalists who make sure you spot the best fauna and flora. You'll meet the native ticos, too, and learn about local life. The trip features stays at the foot of Arenal Volcano and in Manuel Antonio Park, and all activities are included at no extra cost. Because Costa Rica is temperate and close to the U.S., you can join us in almost any season—and it's a great spur-of-the-moment getaway.

DAY 1

SAN JOSÉ / ARENAL

- Exploring a tropical canyon misted by five waterfalls
- Strolling in clouds of butterflies and hummingbirds
- Soaking in natural springs heated by Arenal Volcano

You meet in San José and find out immediately that amazing feats of nature are the rule in Costa Rica.

Just a short drive out of the city, you dive into the forest at La Paz. Five waterfalls leapfrog down a scenic tropical canyon, and your guide leads us up the path with viewing platforms so close to the action that you can reach out and touch the cascading water.

You also get an incredible feel for Costa Rica's teeming ecosystem in a butterfly observatory, a breeding ground for more than 25 species. A cloud of up to 4,000 butterflies surrounds you – an amazing sight, matched only by the constant zip and buzz of the hummingbird garden where you can hold out a hand to feed the 26 species of the jewel-like birds. A fantastic photo op!

Then you're off to your country hotel at the foot of Arenal Volcano. It's a near perfect cone – and it's been dormant for many years now. So you can enjoy the scenic setting and one of the happiest side effects of volcanic activity: the hot springs that bubble to the surface all over this region. You'll make time for a steamy soak in the late afternoon. There's no better way to relax and recharge before your welcome dinner.

OVERNIGHT: ARENAL
MEALS: L, D

DAY 2

ARENAL VOLCANO

- Walking on the slopes of a scenic volcano
- Enjoying a naturalist guided walk through tree tops on hanging bridges or zip lining

Your hotel sits across Lake Arenal from the volcano, so you can just imagine the views you'll have over breakfast. Low hills covered with forest and pastures form the boundaries of the lake, which is Costa Rica's largest.

As big as the volcano looks from your table, it still doesn't begin to prepare you for the awesome scale when you step onto its lower slopes. That's where you're headed – for a close-up look at the lava flows that gushed out of the caldera during the last eruption in 1968. It's a fantastic walk that allows you to stand on the lava flows where they froze at the end of the eruption. You can see the difference between the forest that was untouched and the area that was devastated by the volcano and is being recolonized by nature.

You've probably read that most life in an old-growth tropical forest happens in the canopy far above trails on the ground. So up you are headed this afternoon, high into the lush and lively environment at the top. You'll have two options for how to experience it all. Strap on a helmet and zing through the treetops on a thrilling (and safe) zip line that slices through the canopy. Or join a naturalist guide for a walk on the hanging bridges that zag among the giant trees. With 2,500 plant species, 300 types of orchids, 200 kinds of

ferns, monkeys and more, there's plenty to see. There is no extra cost for either option. You decide which style suits you best and we do all the rest. Either way, you'll get an unforgettable firsthand look at a world so dense and full of life that it's hard to imagine. THIS is why you came to Costa Rica!

OVERNIGHT: ARENAL
MEALS: B, D

DAY 3

SCHOOL VISIT / RIVER SAFARI

- Visiting with the kids at a local village school
- Spotting crocodiles from a boat on a jungle river
- Settling in to our seaside lodgings in Manuel Antonio Park

Ticos, the native Costa Ricans, are great people and throughout the trip, you never miss a chance to meet and interact with them. But this morning you have a special treat—you stop at a small village school. Because our groups are small, the school welcomes our visit. You meet the kids and teachers, and get a very hospitable look at local life.

Then you make the huge leap from smiling children to the gaping jaws of crocodiles. You'll board a boat on the Tárcoles River and drift through its estuary in search of the crocodiles that have barely changed in 200,000,000 years. Your guides will point them out to us—not to mention the scarlet macaws, kingfishers, vireos, hawks and many other birds that make this one of the world's best bird-watching locales.

And just when it seems like nature couldn't be any more spectacular, you arrive at Manuel Antonio Park, your home for the next three nights. Overlooking the Pacific, this park is the country's crown jewel, from its cloud forests to its coral reefs. Your luxurious hotel sits on a promontory a few hundred feet above a crescent beach. You can decide if the more spectacular view is of the coastline...or of the private villas and rain forest that surround the property. Either way, your day ends with a remarkable sunset.

OVERNIGHT: MANUEL ANTONIO PARK
MEALS: B, L

DAY 4

SAVEGRE RIVER

- Whitewater rafting on a jungle river...
- ...or paddling through the mangroves at the edge of the Pacific
- Shopping in the village of Quepos or enjoying leisurely beach time along the Pacific

Today is the first of two days of terrific wildlife in Manuel Antonio Park – and you begin before breakfast without even leaving your room! The hotel sits on the slope of a mountain so that you feel like you're in a tree fort. At home right outside your windows, the capuchin and howler monkeys are effective alarm clocks. (Sorry, no snooze button.) From the open-air dining room, you see iguanas, monkeys, and squirrels while you eat breakfast.

After you fuel up, the day is yours to experience Costa Rica from the water in either of two fun ways. (There is no extra cost, whichever one you choose). For an adrenaline rush, join us for whitewater rafting on a river that gushes through the jungle. We provide expert guides, as well as all the

DAILY ITINERARY
COSTA RICA | ARENAL & MANUEL ANTONIO PARK | MULTISPORT

rafting and safety equipment. The rapids range from Class II through IV. It's a wild, wet ride with beautiful vistas and incredible wildlife viewing, and you pull in to shore for a delicious snack along the way.

Prefer quieter water? Team up with your naturalist guide to paddle through the mangrove trees in a scenic tidal estuary. You can slip into a 1- or 2-person kayak or let us propel you aboard a flat-bottom fishing boat. Either way, the monkeys that live in the trees come up to your craft and there is a chance of spotting anteaters, egrets and basiliscus lizards—the velociraptors of Jurassic Park. Later, you can visit the village of Quepos and do some shopping. Or soak up more of the mild Costa Rica climate down on the beach or at the pool. It's your call.

Tonight, you'll head into town with everyone for dinner at a local restaurant.

OVERNIGHT: MANUEL ANTONIO PARK
MEALS: B, L

DAY 5

MANUEL ANTONIO PARK

- **Joining expertly-guided walks along jungle trails**
- **Swimming, sunbathing or boogie boarding on your free time**

Today you'll be engrossed in the flora and fauna that makes Costa Rica's National Parks so unique. A country that has always valued eco-tourism, you will see first hand the conservation efforts that allow Manuel Antonio Park to thrive since it opened in the early 1970s.

The lush park is a very manageable size (only 1,685 acres), which makes it easy for us to explore. Your naturalist guides are so much fun to be with. They know the footpaths and how to spot animals and the stories behind the plants we see. Thanks to them, we're likely to come across shy squirrel monkeys, sloths, toucans, coatis and white-faced monkeys – lots of things you'd never see on your own. The scenery is amazing, too. Our walks include Cathedral Point, where you can see out to Mogote Island, the site of pre-Columbian native burials. On our walk, we even see how

terrain changes from lush forest to the mangrove swamps, marshland and lagoons at the edge of the Pacific Ocean.

Speaking of the ocean, Manuel Antonio is famous for its three horseshoe shaped beaches. The sand is a perfect base of operations for an afternoon of swimming, boogie boarding or just relaxing on the beach. If you're a pool person, you're welcome to head back to the hotel. Their pool is surrounded by forest, and you hear the wild sounds all around you.

This evening, the whole group is back together for our farewell dinner. Relax and reminisce on a wonderful week at one of your guide's favorite restaurants on the Pacific coast.

OVERNIGHT: MANUEL ANTONIO PARK
MEALS: B, D

DAY 6

SAN JOSÉ VALLEY

- **Tasting the acclaimed brew at an organic coffee plantation**
- **Returning home or continuing on Tortuguero extension**

Costa Rica grows some of the world's best coffee in the volcanic soil of the central valley. Today, you get an unforgettable look at the surprisingly complex process of growing, harvesting and preparing the beans. You'll visit with friends on their coffee plantation, where they show you every step from the raw coffee "cherries" right through drying, roasting and, of course, tasting their brew. It's a great chance to see and learn about this distinctive agricultural tradition.

Afterward, you return to San José in time for mid-afternoon flights back to the U.S. If you are continuing with us on the Tortuguero extension, you'll spend the night in San José and head for the Caribbean side of Costa Rica in the morning.

MEALS: B



Tour Hotels



Tabacon Grand Spa Thermal Resort

This multi-award winning 5-star luxury resort is located at the base of Arenal Volcano. The property boasts its own thermal springs, heated by the volcano. Rooms are beautifully appointed with handicrafts and furnishings made by Costa Rican artisans.

OVERNIGHT: ARENAL | NIGHTS: 2



Parador Resort & Spa

Located on the most desirable promontory in Manuel Antonio Park, the resort has private beach access, plus incredible views of the Pacific and the rainforest. Relax on the beach, go for a dip in the swimming pools, or enjoy the hotel's fine spa.

OVERNIGHT: QUEPOS | NIGHTS: 3

DAILY ITINERARY
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Tour Dates & Prices

Tour Dates	Price per Person	Price per Person
	Double Occupancy	Single Occupancy
February 23-28, 2020	\$3,695	\$4,390
March 15-20, 2020	\$3,695	\$4,390
May 17-22, 2020	\$3,695	\$4,390
June 14-19, 2020	\$3,595	\$4,290
October 25-30, 2020	\$3,695	\$4,590
Dec 27, 2020-Jan 1, 2021	\$3,995	\$4,790
January 10-15, 2021	\$3,695	\$4,390
February 21-26, 2021	\$3,795	\$4,490
March 14-19, 2021	\$3,795	\$4,490
May 16-21, 2021	\$3,795	\$4,490
June 13-18, 2021	\$3,695	\$4,390
October 24-29, 2021	\$3,795	\$4,690
Dec 27, 2021-Jan 1, 2022	\$4,095	\$4,890

Want a different date? Or your own date? Visit CLASSICJOURNEYS.COM/PRIVATE to learn more about private journeys.

Trip Essentials

TRIP LENGTH: 6 Days, 5 Nights

START: 9:00 AM Lobby of San José Marriott, San José, Costa Rica

END: 1:00 PM San José Airport, San José, Costa Rica

TERRAIN: Easy to moderate forest, beach and jungle trails. 2 to 3 hours of walking per day.

What's Included

- Memorable accommodations for 5 nights
- Breakfasts, 3 lunches & 3 dinners
- Full-time experienced guide(s) who are with you throughout the trip and handle behind-the-scenes logistics
- Admissions to scheduled events as noted in the detailed daily itinerary
- Gratuities for hotels, meals, and baggage
- All land transportation during the trip

Above & Beyond Benefits

- **Privileged Access Events**
- **Invisible Check-In**

READY TO BOOK?
CLICK TO MAKE A RESERVATION

Or give us a call

1-833-387-1210

Mon-Fri 8:00AM – 5:00PM PST

moreinfo@classicjourneys.com

Travel for Free

Your trip is free when you organize a Classic Journeys trip with 10 or more travelers (including you)! Or you can share your savings with other group members.

TRAVEL WORRY-FREE!

It's easy with insurance from Travel Guard. Your policy can cover trip cancellation, travel delays, lost luggage, medical emergencies, and more. If you are traveling with kids, add them to your policy at no extra cost. [Click here](#) or call 800-826-4919 for details.

AMBASSADOR CLUB

As a Classic Journeys guest, you are invited to join the Ambassador Club after your first Classic Journeys tour. As a member, you'll have access to a [whole suite of Ambassador benefits](#) you can use immediately and as often as you like.

ENJOY THE UNEXPECTED

When you travel with Classic Journeys, you can expect handcrafted surprises built into every trip, but some things just can't be anticipated. Unusual weather, a once-a-year festival or an unscheduled site closing will inspire us and your local guide to improvise and modify this itinerary. Likewise, the hotels named here are used on the majority of our trips, but occasionally one of them can't accommodate us. If that happens, you can count on us to let you know before departure and make sure you're in a hotel of equal or better quality. It's our goal to make your trip exceptional!

**Any discount offered cannot be combined with other offers, and only applies to published (regularly scheduled public) departure dates in our catalogs or on our website.

THE Classic Journeys Difference



HANDCRAFTING TRIPS OF A LIFETIME.

At the end of the day, we fundamentally believe that every guest on every departure of every trip should have a trip of a lifetime. We're fortunate to play the role of well-connected friend, linking our guests with amazing guides, artisans, winemakers, hoteliers, restaurateurs, naturalists, and too many others to list here.

That's what motivates me and our team — in our La Jolla HQ and around the world — every day. Join Us!

President & Founder



You can expect the highest standards:



Luxurious Lodgings:

Ours include coveted properties that appear in "World's Best" and "Gold List" rankings.



Included Activities:

You'll never be surprised with add-on fees on your activities that include snorkeling to cooking lessons.



Local Guides:

Your guides are locals who are always at your side like well-connected friends.



Small Group Travel:

With an average of just 10-12 guests, it's a small footprint that guarantees you access that's off-limits to larger groups.



Amazing Cuisine:

From Michelin-starred restaurants to lunch in a farmhouse kitchen, you'll have a seat for the region's signature dishes.



Unmatched Value:

"Excellent value" and "unbeatable access" are two of the reasons that Travel + Leisure has consistently voted us a World's Best Tour Operator.

You'll enjoy these handcrafted travel experiences in Costa Rica...

- Waking up to the sounds of Capuchin monkeys during your 3-day lodge stay in Manuel Antonio Park
- Admiring the magnificent views of Arenal Volcano as seen from your private casita at your resort
- Standing in a cloud of butterflies, then walking in the rainforest canopy and rafting on a free-flowing river
- Having instant access to encyclopedic local guides like Kenneth - just try to find an orchid or bird that this friendly naturalist can't identify for you
- Visiting with children at a local school

"Jorge was the best guide we have encountered in over 25 years of fairly extensive travel. He was excellent in his knowledge of all aspects of Costa Rica. We can't say enough good things about him!"

—Leonard and Carolina G., Houston, TX

Let's Go!

TO RESERVE: 833.493.5038 | [CLASSICJOURNEYS.COM/RESERVATIONS](https://www.classicjourneys.com/reservations)

You might also enjoy...



Argentina

Patagonia & Mendoza Wine Region

Culture + Walking

PICTURE YOURSELF...

- Discovering glacial caves and ice towers
- Tasting wine in the shadow of the Andes
- Savoring lamb barbecue, an Argentinean specialty

For more information, visit <https://www.classicjourneys.com/argentina/>.



Belize & Guatemala

Coral Reefs & Mayan Pyramids

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PICTURE YOURSELF...

- Snorkeling with sea turtles and schools of angel fish
- Exploring the awesome Mayan ruins at Tikal
- Spotting emerald toucans, nurse sharks and spider monkeys in the company of expert naturalists

For more information, visit <https://www.classicjourneys.com/belize/>.



Galápagos & Machu Picchu

The Ultimate Bucket List Trip

Culture + Walking

PICTURE YOURSELF...

- Going nose-to-nose with the iconic wildlife of the Galápagos
- Exploring miraculous Machu Picchu on a leisurely visit
- Satisfying two bucket list wishes on one vacation

For more information, visit <https://www.classicjourneys.com/galapagos-islands-machu-picchu-tours/>.

You might also enjoy...



Galápagos

Island-Based Wildlife Adventure

Multisport

PICTURE YOURSELF...

- Coming face to face with giant tortoises and Galápagos penguins
- Checking off your bucket list as you spot each of the Galapagos Big Five
- Meeting the locals on a sustainable coffee plantation

For more information, visit <https://www.classicjourneys.com/galapagos/>.



Panama

Canal, Rainforest & Highlands

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PICTURE YOURSELF...

- Swimming in a natural pool beneath a waterfall
- Being "buzzed" by fiery-throated and violet-tailed sylph hummingbirds
- Plucking coffee beans at a mountainside plantation

For more information, visit <https://www.classicjourneys.com/panama/>.



Peru

Machu Picchu, Sacred Valley & Cusco

Culture + Walking

PICTURE YOURSELF...

- Witnessing ancient examples of architectural genius
- Sampling native delicacies at a mountain hacienda
- Mingling with craftsmen, shopkeepers and shepherds

For more information, visit <https://www.classicjourneys.com/peru/>.

HANGING AROUND COSTA RICA...

TAKE THE LIGHT AND EASY
APPROACH TO A CAREFREE
COSTA RICA VACATION.

You've barely stepped away from the luggage carousel in San Jose, when you find yourself standing in a swirl of 4,000 or so butterflies.

"This," you say to the Silver Emperor that lands on your nose, "is why I came to Costa Rica." The hyper-abundant biodiversity of Central America's premier paradise never disappoints.

Wait. Let me qualify the word "never." Because this land with more than 500,000 species of one kind or another, where the howler monkeys and toucans roam, can easily overwhelm. In a country that's roughly the size of West Virginia, there are more hotels than you can ever vet on Trip Advisor, and "naturalist" guides offering their services are thicker on the ground than Starbucks stores back home. Google "Costa Rica vacation," and you get 62,800,000 hits. At some point, rich diversity turns into hyper-distraction. You can lose yourself in the logistics and spend your whole trip second-guessing yourself.

Instead, go with your instincts and let Classic Journeys handle everything. We've flitted the length and breadth of Costa Rica for two decades, comparing cloud forests, splash-testing whitewater outfitters, tracking capybaras, and curating itineraries that deliver exactly what you came for and more.

Instead of white-knuckling it in a rental car on a windy mountain road, you'll be off walking on a platform suspended in the rainforest canopy or weaving through lava fields on the slopes of Arenal Volcano. While the do-it-yourselfers compete for the last ticket on a wildlife cruise, you're already in your kayak gliding through a mangrove estuary, spotting anteaters and egrets. While a crowd huddles around a sign in Tortuguero National Park to read about endangered sea turtles, you're off with your own local guide-naturalist who explains it all for you. (And takes you to the secret place where the turtles lay their eggs.)

In fact, our expert team of local guides makes up one of the rarest species in Costa Rica. They are native Ticos, so they can give you a homier, insider sense of their country.





You'll be
blown away by
their encyclopedic
knowledge about

everything from sloths to
scarlet macaw mating habits to
stand up paddle boarding techniques.

The best part is that your full-time guide happily
shoulders all of the when, where and how of your vacation. Almost like
magic, they produce all of the gear you need for snorkeling on a Pacific
reef or a zooming along a zip line — and you never pay an extra penny
for any of it. And at the end of the day, when you are relaxing in a
geothermal spa or sitting on your balcony overlooking the ocean, you
never feel resort-envy because the hotel you booked online doesn't
live up to its photos. We're also old friends with the best luxury
boutique properties in the country. When you're with
Classic Journeys, there is always room at perfectly sited in-spots
with an abundance of comfort and amenities.

Our approach works so well because every inch of the way, you're in
the moment — ready to make a cowabunga leap from your private
catamaran, to absorb the sunset (and a margarita) from the deck
of your lodge perched in the most spectacular jungle setting, or
to freeze mid-step as a Violet Sabrewing hummingbird hovers a
tongue-flick away. If you really want to spread your wings in
Costa Rica, visit with Classic Journeys and float free through an
amazing week crowded only with nature, fun and luxury.